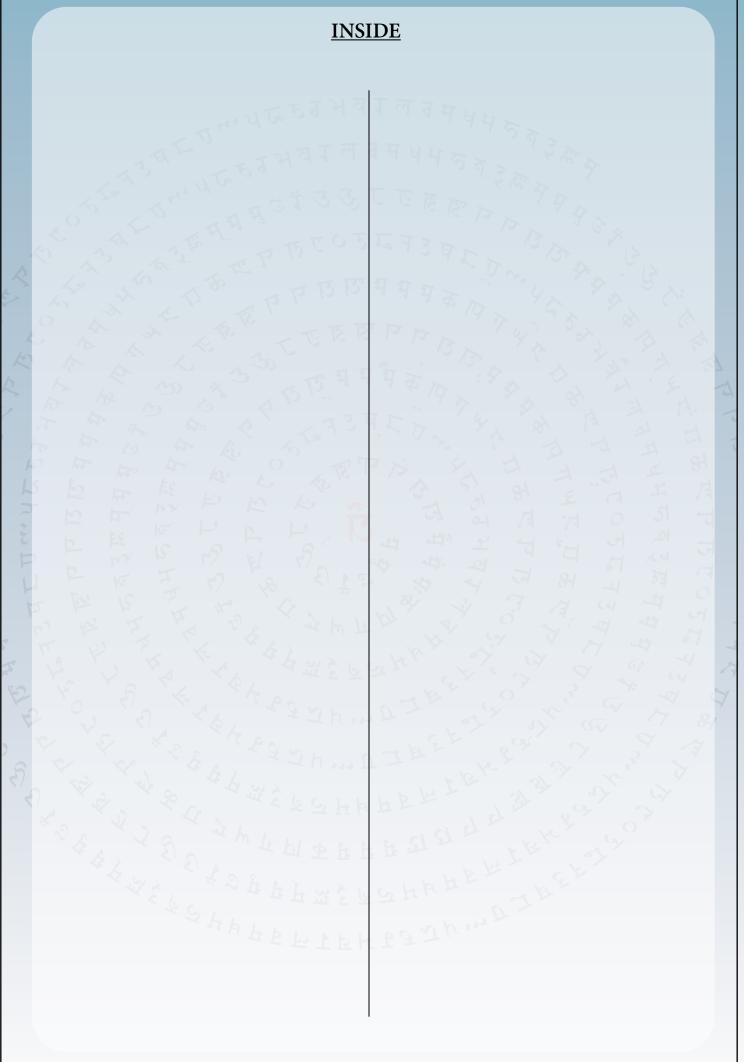
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# मंपा मकी य



Kuldip Dhar



पिरिङ्ग्॰व मा प्रतं (वर्षे), वितामा व प्र म्पूडा भा। प्रमुमंभुपाना पुरव, मभुकाभी वृग्ते वृग्ते॥ म. उ

यः रेयिभ द्रावरी क् भाउका परिकाधि कंट दोधिभ वॅकावेट। भूगाप क्ष्य भूगाप क्ष्य, ह टॅक ग्रेन भूगाप क्ष्य, वॅकावेट क्ष क्ष भूगाप क्ष्य।

िरिएएल भाउका पिट्का केर मिम मारा रिक्स पृथ् गॅडिनि कि ए मिनी रिक्र 3.30 रॅमवीम भंस माया। उंहिंस में की उ मका रावि मुंडि क्र में मु पेडिनि वेरी वक्त सुम् मदन कंस भाउका पेम किर मा गॅडिनिय भाउका मोम मिरिद मेन मदन कंस। मेमु कि मारिनी भाउका केन मोगन मुकरिया करान। डिभ कि लापन पिटिस कम्म उयार रेसन। वड का वृक्त सिप्टन उ लंकष्टन कंम् कि मेमु मृथ्क मुत्रग्रस्र उ कि ममा करान सि इंकें मोमिरवार उ लेल रेसि कम्म मिस मुद्धा पेडिनि वेरि बहुव मेन वि भाउका मयाल उ गव दोगुन। मेम मयालम बेरग्र करन वोलु कि कें स्मारानुकि मारिनुय कुनव पृथ्ध मेमु कि मिन पिटिस मारिनी कंम कर स्मारा।

मि केट पेडिंभि वेरी केंक उद्मला वा मुमा कि करान डोकि लेगिय विभ एन। मगर डोक्ट केंक वे वि डि यक्रान किंतु भाउका भंए वृद्धन, डैक्ट के किय मिम मिम पि उर्गु ली पिष। यि द्ध भाउा मारदा ऊंदि में मुरकाद्ग मुट्ट भूभिकन गढ़ान उ भाउा ऊंद्धन ग्रानन भंए द्ध भानि उरद्ध भामएंग प्नाभ उ किम नभन करान।

33 एनवरी रूठ मुवि राभ लला मुंहिए भुरी मी नरें र्भिर्मी ए इंस्व ममव प्रान प्रिमण करना मम रूठम मीमू मीमू भी केंद्र्भ रानुकृ लाप पंराग्य करव विशिवव पृष्ट पराराना भानि पृवि होक वि पनुत्व मैळव वुळिम, बेलि एन कृग्रा पृवि गवि मम मुमावि भंए विवान रुगळाना वि गळि भान्न पानु राभएविन मैमिरवारा

मी नवर्षीवन रभंडेगी षियम मुव येभि वेरी "कमभीरी मैवविष्टभ" पि उर्र के भ कर नम पूर्यम्म मी मिन्। भानि उरद्ध के डिभन रुप रुप भ्रगराप।

भा चिभ भंद्र क्षेत्र मृठा के र मॅल लगम। यम मॅलम भृठ क्ष भागिती लगग्न / मिवगदी भुगगाप। यि पेयित भौतिम ययालम भात भागिती रुग्न दु फरग्न।

कुलम्पीय एर

# संपादकीय / Editorial

Kuldip Dhar

परित्राणाय साधूनां(व्ँ), विनाशाय च दुष्कृताम्। धर्मसंस्थापनार्थाय, सम्भवामी युगे युगे॥ ४. ८

अज़ त्रेयमि फरवरी छु मातृका पत्रिकायि हुंद दोयिम वॅहरवोद। मुबारख छुय मुबारख छुय, ज़ा दॅह चोन मुबारख छुय , वॅहरवोद हथ हथ मुबारख छुय।

डिजिटल मातृका पत्रिका कर असि शारदा दॅहस प्यठ गॅडिनिचि लिट अमी दॅह २०२१ ईसवीस मंज शाया। तुहंजि ओही तु सहातायि सुति ह्यक्य अस्य पितिमि वेरी वुहव ज़्यादु सफन हुंज मातृका पेश किरिथा गॅडिनिच मातृका आस सिरिफ शॆन सफन हुंज। अस्य छि सारिनी मातृका केन बीचन शुकरिया करान। तिम छि लेखनु खातरु हमेशु तयार रोज़ान। वतु हावृक्य जिठ्यन तु लॅकट्यन हुंच छि अस्य स्यठाह शुकुरगुजार तु छि आशा करान ज़ि त्युहुंद आशिरवाद तु लोल रोज़ि हमेशु असि सुत्य। पितिमि वीरे बड्यव सोन यि मातृका अयाल तु गव त्रोग्न। अथ अयालस बेरचर करन वोल्य छि हॅदसतानुकि सारिवुय कृनव प्यठु। अस्य छि अमि खातरु सारिनी हुंच करुजदार।

असि क्यें पितिमि वेरी केंह बदलाव। आशा छि करान तोहि लिगिय यिम जान। अगर तोह्य केंह बेयि ति यछान छिवु मातृका मंज़ वुछुन, तोह्य हेकिय असि अमि खांतरु लीखिथ। यि छु माता शारदा हुंदि आशुरवाद सुत्य मुमकिन गछान तु माता हुंद्यन चरनन मंज़ छु सानि तरफु साशटांग प्रनाम तु छिस नमन करान।

२२ जनवरी दॅह आयि राम लला सुंज़ि मूर्ती श्री नरेंद्र मोदी जी हुंद्यव अथव प्रान प्रतिशठा करन्। अथ दॅहस अस्य अस्य सारी हेंदुसतानुक्य लूख पांच्रव हतव वेरियव प्यठ परारान। सानि पुयि ह्योक यि पनुन्यव अछव वुछिथ, येलि ज़न कुचा पुयि गयि अथ आशायि मंज़ यिवान तु गछान। यि गछि मानुन पानु रामजीयुन अशिरवाद।

श्री नवजीवन रसतोगी जियस आव येमि वेरी ''कशमीरी शैवविज़म'' खांतरु काम करनस <mark>प्य</mark>ठ पद्म श्री दिनु। सानि तरफु छु तिमन हथ हथ मुबारख।

मार्चस मंज़ छु सोन स्यठा बोड दॅह हेरथ। अथ दॅहस प्यठ छु सारिनी हेरच्च / शिवरात्री मु<mark>बारख।</mark> यि पेयिन स<mark>ानिस अयालस सान सारिनी ह्य</mark>च्च त फरुच।



Today on 3rd February we are celebrating second birthday of Mātrkā.

Happy Birthay to you .... Happy Two to you ... Matrka.

Padam Shri Sh Navjivan Rastogi

Mātrkā in its digital avatar was first launched on Sharada day, the 3rd February 2022. With your best wishes and contributions, we were able to publish more than 20 page Matrka every month during the year, that has gone by. We started First Mātrkā with six pages only. We are thankful to all members of Matrka family for the same, who are always eager to write for it. We thank our seniors, who show us the path and others who do this out of love for Sharada Mata and Sharada Script . We wholeheartedly thank all of them for their good wishes and love. We wish for their continued support.

Our readership has increased threefold in the last year. We are indebted to the readers from every part of the country who joined our family last year. We made some changes to the type of articles that we have been publishing earlier. Hope you have liked these. Any suggestions are welcome and can be emailed to us. This is all possible due to Mata Sharada and her blessings for Mātrkā family. We bow our head to her and thank her with Sashtang Pranam.

Pran Pratishtha Puja of Ram Lalla's idol at Ayodhya, was performed by Sh Narendra Modi on 22nd January. We all Indians have been waiting for the day for the past five centuries. Our generation is blessed to have been witness to the event, which several generations before us struggled and craved for. This is due to Ashirwad of Shri Ram for this generation.

We congratulate Sh Navjivan Rastogi, who was awarded Padam Shri this year for his work on Kashmiri Shaivism. We all at Mātrkā are proud of Rastogiji for this honour.

In March we shall be celebrating Herath / Maha Shivaratri. Our greetings in advance to all. Wish this Shivratri is auspicious, brings peace & joy to our readers and everyone else.





# श्री ईशावास्य उपनिषद् ( मंत्र - १२) / मी गंमा वामु उपनि धमा ( भं३ - ०३)

A.K.Razdan

अन्धं तमः प्रविशन्ति येऽसम्भूतिमुपासते। य चं उभः प्रिम चि चि प्रिम पुरिभ्पाम उँ। ततो भूय इव ते तमो य उ सम्भूत्याग्रताः॥१२॥ उँउ हुय ७व उँउमे य उ मभुट्टागां र उः॥०३॥

जो लोग देवताओं (जिन का स्वतंत्र अस्तित्व नहीं हे) की पूजा में लगे हैं, वे अज्ञान के गहनतम क्षेत्र में प्रवेश करते हैं और इन से भी बढकर वे हैं, जो निराकार ब्रह्म के पूजक हैं।" Thy fall into blinding darkness who worship the Unmanifested (Impersonal God or Prakriti), but those who devote themselves to the worship of the Manifested (Personal god) enter into greater darkness. In this Mantra the Sanskrit word असम्भृति means formless / unmanifest, ऐसा व्यक्ति जिस का कोई सवतंत्र असतित्व नहीं है जैसे ब्रह्म। सम्भूति (with form/ manifest) तो हम पुरुषोत्तम भगवान को मानते हैं जिस को सगुण साकार रूप में मानते हैं। अनेक दार्शनिक (philosophers) तथा बडे बडे ऋषि व योगि अपनी अल्पबुद्धि से परम (Absolute) / निर्गुण को सापेक्ष (Relative) से विभेदित (differentiate) करने का प्रयत्न करते हैं। इस से उन्हें निरपेक्ष (Absolute) का केई निश्चित या सकारात्मक चिह्न मिलता नहीं है। मात्र सापेक्षता (relative) से परम के नकारात्मक विचार तक पहुँचने में सहायता मिल सकती है। मगर इस नकारात्मक बोध के द्वारा ( नेति नेति / not this - not this) भी परम की परिभाशा पूरण नहीं हो सकती। आदि शङ्कराचार्य भी "स्वरूपानुसन्धानाष्ट्रकम् स्तोत्र" में कहते हैं...

"निषेधे कृते नेति नेतीती वाक्यैः समाधिस्थितानां यदाभाति पूर्णम्। अवस्था त्रयातीतं अद्वैतं एकं" The Supreme shines in all Its fullness in the heart of those in Samadhi, when they negate the gross and the subtle manifestations, through the well-known words 'not this', It reveals Itself as One-without-a-second which is beyond the three states of experience."

संक्षेप में हम उपनिषद् के इस मंत्र का अर्थ यह निकाल सकते हें।जो व्यक्ति निर्गुण निराकार व सगुण साकार के विवाद को छोड कर सभी जीवों मे अपनी आत्मा को देखता है और सभी प्राणियों की आत्मा मे अपने आप को देखता है एवं किसी को भी अपने से अलग नहीं मानता केवल वही ज्ञानी हे कि

यस्त सर्वाणि भृतान्यात्मन्येवान्पश्यति। सर्वभूतेषु चात्मानं ततो न निजुगुप्सते॥

यभु भवा ि इंडा मृ द्वा ने पमृ दि। भव हु उँ भ मा द्वा नं उँ न नि ए गु भू उँ॥



आदि शंकराचार्य कृत विवेकचूड़ामणि / मुम्पि मंकरा ग्राट्य क्रुउ विवेकग्र रूपि भिष्प

Prasidha .R

"Vivekachudamani," attributed to Adi Shankaracharya, stands as a monumental work in Advaita Vedanta philosophy. This profound text, often translated as "The Crest Jewel of Discrimination," guides spiritual seekers on the path to self-realization. The central theme revolves around discrimination (Viveka) between the eternal and the transient, urging individuals to recognize their true nature and attain liberation.

Here are two significant verses from "Vivekachudamani" along with explanations:

ब्रह्मैवाहमिदं जगदिदं पुरा ब्रह्मा हविषा गमनीयः। ब्रह्मैवेदं विश्वमिदं वरिष्ठः प्रजापतिर्यदासीत्॥

वृक्तिवाकिमिर्स एगिर्स पुरा वृक्ता कविधा गभनीयः। वक्तिवंदं विम्वभिदं विषयः प्रपिटेट माभीडा ॥

In this verse, Shankaracharya emphasizes the inherent oneness of the individual self (Atman) with the ultimate reality (Brahman). The reference to Prajapati symbolizes the cosmic creator, highlighting that the entire world, including oneself, is an expression of the divine.

जीवस्य या स्वयं रूपा समाद्य मुक्तिर्न तु जीवन्मुक्तिः। न मुक्तिर्जीवस्य न मुक्तिरन्तरा कदाचिदपि॥

र्णिवमृ या भ्रवं गुपा मभाम् भृक्ति उ र्णिवम् किः। न भुक्तिन्तियम न भुक्तिर नुगः कराग्रिरि॥

This verse underscores the concept of Jivanmukti, emphasizing that true liberation is the immediate realization of one's inherent divinity during one's lifetime. It rejects the notion of liberation being a future event, asserting that it is an intrinsic aspect of the self and not something separate or achievable by another.

# Vi

# भट्टोत्पलकृतं प्रश्नज्ञानम् /

# रुहेरुल तुउं प्मूह्र नभा

Vinutha Saligram -CST

Page - 1

विन्मित्रिधार विनमेनानयाण्य मुहमनुप्रहः विनमिज्य वण्यम्भि विद्यानम् स्यूम् नम्मदेवह्रदंभ्द्राउरंभ्यह्रदेदिहवद बार्वित्वं व क्सहंद्र्यप्ता भित्रं एउक्भव लेइ निरवस्थाप यः कषयति सुरुभस् ६३% अमिविष्यद्वेन्त । अत्यिष्टेव्यम्पर्द्य दगल्भनगर्भ पश्चाद्वितिकनं कराहिन। न्याद्वीत्र । प्रामान्यक्षाः वर् अधारणीमग्राज्ञभहत्र् भक्तेरुष्णित्रभितंत्र्रावि नयासिंडः भूमभा इ उद्यमिभिष्ठेचलः भूमद् ठिनिभिन्नाज्ञेनः यज्ञेष्टम्हभ्यक्ष्यभूभ्यान्त्र या प महत्रमधीतं कृतीश्रम्भवतं महित्वनं भामत्रक्षण्यान विद्यान र्थाप्तरहः प्रसारम् मा मानवार भे मुरुध्येतिति स्युम् । येथेरप्रम् प्रमुद् स्मित्रहरूके प्रमुख्य प्रमुख्य स्थानित वुरुभी उ यसिद्धानास्य विश्वयान्य सम्प्रमान्य :

ॐ नमो विघ्नहर्त्रे ॐ नमो नारायणाय शुभमस्तु प्रजाभ्यः रविशशिकुजबुधगुरुसितरविजगणेशान् प्रणम्य गणेशादौ वक्ष्ये[ऽ]हं प्रस्फुटतरं प्रश्नज्ञानं हिताय दै वविद्वान् १ देशभेदं ग्रहगणितं जातकमव लोक्य निरवशेषमपि यः कथयति शुभमशुभं तस्य न मिथ्या भवेद्वाणी २ रम्यस्थले भूभागे संपूज्य ग्र हगणं सनक्षत्रम् पश्चात्प्रश्नं विधानं कुर्याद्येना प्नुयात् सिद्धिम् ३ प्रष्टा मणिकनकयुतैः फल कुसुमै राशिचक्रमभ्यर्च्य प्र(पृ) च्छेद्यथाभिलिषतं भक्त्या वि नयान्वित: प्रश्नम् ४ उदयनिमित्तैर्वर्णै: प्रश्नोद्भूतै र्बिहि[:]स्थितैश्शकुनैः वक्तव्यं शुभमशुभं प्रष्टुस्तात्कालजातं यत् ५ दृङ्गनसो प्रीतिकरी प्रश्ने भूद्द(द)र्शनं यदि श्रवु[व]णं माङ्गल्यद्रव्याणां भवति शुभं निर्दिशेत् प्रश्ने ६ ह(ह)यगज वृषहंसाद्यैः प्र(पृ)च्छाकाले रुतं भवति दर्शनमथवा ते षां शुभप्रदं निर्दिश्येत् प्रश्ने ७ यो यो भावः प्रभुना(णा) युक्तं(क्तः) दृष्टे[ऽ]थवा भवेत् प्रश्ने गुरुबुधशुक्रैरेवं वक्तव्यं तस्य वापि शुभम् ८ यस्मिन् यस्मिन् भावे द्विद्वादशसप्तमस्थिताः

Page - 2

स्ति विद्यालय विद्यालय में किया विद्यालय विद्याल क्षेपमंग्रदमंबहवतंनन्त्राप्यः प्रमी उब्सक्रेह्मपः अन्तिविवर्षकाः ० लगित भवे:व्हें अदिश्व हे प्रस्ति हैं। प्रश्ति । प्पाः इर्थित्रहत्य वर् प्रमत्वभेष 13:3म्बण्ड्रस्यबिध्यांबाप्र बाद्रकल हिपलाउँ: बिरिभाउभविभरलैस्ड्रा ० ५ यः सर्वेषण्डः मरीव्योगं विविधे में इलन्य अप्यंत्रे अप्ययं एवं हे हे व तुर्व १ दे हे हे मिल्यकः स्वार्विकामान्य १० १ विननः अन्तिस्भिप्येनद्रसः ग्रह्माद्र हेल वह महापासमा है गटन पिनियर र्रीहिः बज्रहेड्रेनगाः पर्यः भूष्ममुन्भूम् ग भिग्नमेलयगाउन्त्रपूर्णवयम् नामनंश वे निपम्भिन्मंबर्ग्य एट्टिया हरेनानि वर् कर्णि क्रम् दिन्द्रिक्षित्रित्ति विश्वास्त विष्युन्द्रप्रकारम्भवर्षम् ०० ॥

सौम्याः तस्मिंस्तस्मिन्वृद्धिः दशमचतुर्थे स्थितास्तद्वत् ९ द्विपदं चतुष्पदं वा भवनं लग्ने ग्रहः पापः पश्यति तन्नाशकरो ज्ञेयः सौम्यो विवृद्धिकरः १० लग्नाधि पतिः केन्द्रे तन्मित्रं वा व्ययाष्टकेन्द्रेभ्य: अन्यत्र गताः पापाः तत्रापि शुभं वदेत्प्रश्ने ११ पंचमनवमोप गतैः गुरुबुधशुक्रैः यथेप्सितं(ता)वाप्ति[:] षट्त्रिकला भोपगतैः क्षितिसुतरविसूर्यजैस्तद्वत् १२ पा पै: लग्नोपगतैः शरीरपीडां विनिर्दिशेत् कलहम् सुखसंस्थैः सुखनाशं गृहभेदे बन्धुविग्रहं च भवे त् १३ अस्ते गमनविरोधं कर्मस्थैः कर्मणामपि विनाशः शुभदृष्टिसंप्रयोगात् प्रष्टुः कृच्छ्राद्वदेत् सि द्धिम् १४ चन्द्रे पापसमेते भृगुजे वापि विग्रहे स्रीभिः वक्तव्यं द्यूनगतैः पापैः सुखसंस्थैस्तैस्तद्वत् १५ स्थिरराशौ लग्नगते स्थानप्राप्तिं वदेन्नगमनं च रो गोपशमो नाशं वस्त्राणां स्यात्पराभवो नास्ति १६ चरराशौ विपरीतं मिश्रं वाच्यं द्विमूर्त्युदये स्थिरव त्प्रथमे[ऽ]र्धे स्यादपरे चरराशिवत्सर्वम् १७ 🏽

श्रुतम्मन्यग्रातम्यवाभीस्येग्रभास्य इत्यक हिन्द्रभिष्ठित्रसः अन्त्रभग्राभिभा वर्षे कसी इस्रान्य ७० मिरमणपद्भारम् ७० मित्र प्रमान्य प्रमान्य मान्य स्वामान्य वार् उन्निरेणेन्ध्वमेदान्यम्बः इ. न्याधिस्माम ग्रीस्त्रामस्लाप्रस्थाता भागमन्त्राणभाग भीविनिधिसद्धः १० भिरममिभुसद्देशका गुर्विष्मक्मीधुभा जयात्रिभुस्तन्तिष्यस्य उत्पादकार ३९ किंगरी विभाग स्थाप विभाग गार्वाराम् : लवनमिवित्यवित्रवारम् उभयाधाः १३ पापः भागाः गाउः मात्रभागाः विव अवस्था वस्प्रीयमअत्वस्त्रक्रिके वस्तु क्रहर्णि विकास स्टारमान् । देवद्या गाउः चित्रा धः महाभगलयकम्याधालमधाभयाधाः ५: ९५ नवशाह्यक्रमनविक्रयासायिउभ् जीया के पियः मुहर्भ प्रमहत्त्वित्वयम्बद्धः हो भेष्ट्रियमणिगाउँ प्रचलाउँ देवस्य स्थानिः हवति।

श्भलग्ने लग्नगते लग्ने वा सौम्ययोगमायाते ब्रूयाद भिमतसिद्धिं प्रष्टुः स्थानाम्ब(न्त)रप्राप्तिम् १८ केन्द्रत्रि कोणसंस्थाः सौम्याः पापास्त्रिषष्ठलाभेषु लाभं सिद्धं ब्रूयात्कार्याणां प्रेषितस्य चागृ(ग)मनम् १९ दुश्चिक्य धनसमेतौ गुरुश्क्रावागमनं प्रवासवताम् बन्ध्ग तावेतौ गृहप्रवेशं क्षणात्कुरुतः २० लग्नाद्द्विद्वादश गैश्चन्द्राद्वा चन्द्रजगुरुभृगुजै: मरणं लब्धागमनं \* ना \*गमनं वाप्या स्तीति विनिर्दिशेत्प्रष्टुः २१ स्थिरराशिस्थे चन्द्रे चरल ग्ने तन्नवांशके शीघ्रम् आयाति रिपुस्सबलो विपर्यय तो[ऽ]न्यथा वाच्यम् २२ द्विशरीरे हिमरश्मौ उदयगते स्थि रगृहे क्षणाच्छत्रु: लब्धबलो[ऽ]पि विनश्यति गुरुबुधसि तसंयुते षष्ठे २३ पापै: सुतशत्रुगतै: शत्रुमार्गान्निव र्तते वाच्यम् संप्राप्ते[5]पि चतुर्थे तेष्वेव निवर्तते भग्नः २४ कर्कटवृश्चिकघटधनमीना हिबुकोपगताः शुभैर्दृ ष्टाः शत्रोः पराजयकरा वृषाजचापैः प्रयाति रि पु : २५ नवमाद्ये चक्रदले विज्ञेयायायितस्तृतीया दौ पौरा : शुभसंयुक्ते भाग्ये विजयो[5]न्यथा भङ्ग: २६ सौम्यैर्नरराशिगतैर्लग्ने लाभे व्यये[5]थवा सन्धिः भवति।

Page - 4

रायान्य प्रवास्त्र विष्यानि प्रतिस्थाः ११ जाउभावि विग्रे ॥ चवल्यविष्टिः (उध्यवस्मुका द्रमाधीनेके स्वयं स् व्यक्तिकेर का करित है। स्वतिकार के स्वतिकार पण्डित्रक्षेत्रप्रभणे प्रभुद्रक्षित्रक्षेत्रप्रभूष थिसापितः सः ९७ अप्रिम्य वितिः विभिन्न रायगाः भी अंभगीववीचित्रः तत्र भीनक्षार था युरेव लिक्डिभिडवामभा ३ मुझिक्ड वभभमविधनारगःसमीविलेयस्य वर्ग विमान्याविक्याः क्षाराम्यः ३० कर विकासिकार्यम्बर्गास्य स्थानिकार्यस्थानि भाष्ट्र याजहानापापर विवाहणा । अ अधिव वादः यद्यभाग्रह्मगाउन्मान्भीगाई भीवत कः लीवरविनायमञ्ज्विधभद्दशंकाकरेज्यः सभ्यामियाः कर्राभम्भयात्रे नारिक प्रमुभ भिनित्रभाष्ट्रगाजनवार्थुणम् रहवति अर विध भारत्यभारी विनिर्धणमक्रे भारति । उक्तिमा प्रथमक्ष्मकः भियंत्रहः २५ इतिग्रहसः

नृपाणां प्रवदेदतो[ऽ]न्यथा विग्रहो ज्ञेयः २७ इति सन्धि विग्रहौ॥ अथ लग्नविधिः उपचयसंस्थे च न्द्रे सौम्यास्त्रिकोणकेन्द्रनिधनस्थाः लग्ने या शुभदृष्टे सु खिनस्तत्रान्तरा वाच्यम् २८ परिपूर्णतनुश्चन्द्रो लग्नो पगतो निरीक्षितो गुरुणा गुरुशुक्रौ केन्द्रे वा पीडान्तास्तत्रा पि सुखिन: स्युः २९ इति लग्नविधि: जामित्रप चयगत: शीतांशुजीववीक्षित: कुरुते स्त्रीलाभे पा पयुतो[ऽ]वलोकितो[ऽ]पि तन्नाशम् ३० दुश्चिक्यतन यसप्तमरिपुर्लाभग: शशी विलग्नर्कात् गुरुर विसौम्यैर्दृष्टो न्वि(वि)वाहद: स्यात्तदा चन्द्र: ३१ केन्द्र त्रिकों(को)णगो वा सप्तमभवनं शुभग्रहस्य यदि सज्जा यां लभते[ऽ]सौ पापत्रैर्विगतरूपांश्च ३२ इति वि वाहः पञ्चमलाभोपगतैस्सौम्यै[:] स्त्री गर्भिणी वक्त व्या जीवरविलग्नचन्द्रा विषमर्क्षगता नरं कुर्युः ३३ समराशिगतः कन्यां मिश्रोपगतैर्बलाधिकाद्वाच्यम् सौरो विषमर्क्षेगते लग्नात् पुंजन्मदो भवति ३४ विष मर्क्षे गुरुसूर्यौ बलिनौ पुंजन्मकरौ प्रश्ने भृगुभौमशी तिकरणा युग्मर्क्षगताः स्त्रियं कुर्युः ३५ इति गर्भादा नविधिः

प्र २

क्षण्यान्य न्यान्य स्थान्य स्थान्य स्थान्य क्षण्य स्थान्य स्यान्य स्थान्य स्यान्य स्थान्य स्थान्य स्थान्य स्थान्य स्थान्य स्थान्य स्थान्य स्य

कटुको लवणस्तिक्तो मिश्रो मधुराम्ब्लकषाय: सूर्योदि ता रसा[:] स्युः प्रश्ने बलवांश्चतुष्टयगः ३६ पश्यति य स्तत्काले लग्नं तस्य ग्रहस्य यो रसः प्रोक्तः स रसः प्र ष्टुर्वाच्यो भोजनकाले क्रमादपरे ३७ सौम्यर्क्षगतैः सरसं पापर्क्षगतैर्नीरसं वाच्यम् विपरीतग तैरर्धं प्राप्तमपि न भक्षयति भोक्ता ३८ सूर्ये मूलं पुष्पमिन्दौ कुजे स्यात्पत्रं शाखां(खा) वापि शाकं सवी र्ये शुक्रेज्यज्जैर्व्यञ्जनं भूरिभेदं मन्देनोष्णं सामिषे राहुकेत्वो: ३९ लग्नाधिपो भोज्यदाता सुखेशो भो ज्यमीरितम् बुभूक्षा मदपः कर्मपतिर्भोक्ता वि चिन्तयेत् ४० लग्ने लाभे च सत्खेटयुतदृष्टे सु भोजनम् जीवे लग्ने सिते वापि सुभोज्यं तत्स्थितय पि ४१ मन्दे तममिवा लग्ने सूर्येणालोकिते युते लभ्यते भोजनं नात्र शस्त्रभीतिस्तदा क्वचित् ४२ र विदृष्टं युतं वापि लग्नं न यदि तत्र हि उपवास स्तदा वाच्यो नक्तं वा विरसाशनम् ४३ चन्द्रे कर्म गते भोज्यं शीतमुष्णं च खे कुजे तुर्यस्थखेटवशतो भोज्यान्नीरसमादिशेत् ४४ स्निग्धमन्नं सिते तुर्ये

Page - 6

उत्संभुक्तभद्धल बीर्यपनक्षमनं विश्वने मन्त्रमं दर् अदाविहःत्यार्गः महीद नक्षितदेवितमभवति श्राम्यवस्था ਤਰਜ਼ਿਵ-न्त्रविद्यिक्तिक्ति । इस्विभिहर्के महत्वितिन्या मा अर विष्युवेसम्बन्धिमण्ड्डि रदावि भ्रह वनपत्र मञ्जूष्ठ के वर्ष भवितिः सम्बद्धः उत्रतिवाधिकः भभीक्षेत्रपद्मक्षित्रभा क्षेत्रध्यक्षम तिक्रमिक्षान्तिकारिक्षान्ति = ३ स 口:和产人有型与不多多。 रूमान वर्ण्यभूतवराष्ट्रावारा るとかれるとは、不、私意当れと言いう! ट्यनं भारति हैं बाकी विल्या मरे व नम्बिता श्रेनी में भारती हैं में दे

तैलसंस्कृतमर्कजे नीचोपगैकद(दा)शनं विरसं न च संस्कृतम् ४५ सूर्यादिभिः लग्नगतैः सवीर्ये राज्यादिगेहे भुजिमामनन्ति सुखे सुखेशे सब ले सुभोज्यं चरादिगे स्यादसकृत्सकृद्द्विः ४६॥ मूलत्रिकोणगे खे गे लग्ने पितृगृहे[ऽ]शनम् पि त्रालये मित्रभस्थे शत्रुगेहे[ऽ]रिगेहगे ४७) शुभे क्षितधुते लग्ने बलाढ्ये स्वगृहे भुजिग्रहराशि स्वभावेन यत्नादन्यश्च चिन्तयेत् ४८ अथ स्व प्नविधि: लग्नांशपे[ऽ]र्के तनुगे[ऽ]पि वास्मिन्दुःस्व प्नमीक्षेत यथार्कबिम्बम् रक्ताम्बरं वह्निमथा पि चन्द्रे शुभाश्चरत्नाम्बरपुष्पवज्रम् ४९ स्त्रि य: स्वरूपाश्च कुजे सुवर्णं रक्ताम्बरं सृक्पश्वि क्रमाणि बुधे हयस्वर्गतिधर्मवार्ता गुरौ रति र्धर्मकथा सुरेक्षा ५० सद्बन्ध्सङ्गश्च सिते जनानां पारे गतिर्देवरतिर्विलासः शनौ व नेष्वद्रिगतश्च नीचैस्सङ्गश्च राहौ शिखितीर्थमेव

नद्रश्रभः गविज्ञव्यीभविज्ञेषिउव्य नानिक जरेरी एउ: मिमिरिक्र स्मृत्रारी भिउत्रक्षितवर्थाला पत्र हेस्स्वक्षित्रहावर् भवज्ञभावेउद्यम्भंभावि विगश्यमि भूरलीवसप्तवहरिदेशः भ्रा एलम्बान सक्त अस्ति कर्य महत्र स्था व्याप्त व अस्ति व अस्ति व म्मिन्द्र स्ट्रथमा पम विश्वीक्रिश्याउस्स अंवितिरिक्कित्रे विविधितः विविधिताला उम्दः स्थः स्त्रेन्यम्हरूमा प्रावलय ममिन्धिंगमध्यभूमविनयन सम क्रिक्षंत्रक्षेत्रक्ष्यक्ष्यक्ष्यः ने दिव अपः अवभाग्रह्मः ॥कर्ष्यानगम क्रवमभू : ममीविलयगाः शालीके यासक्रम्बक्कम् भीत्रायः भागम् धः प्रशृंभागतिक उल्लभलाभा वह प मज्जुउल्लम् द्रम्यम् मन् गर्व मिनिभ अभगिम मिरुए लिवम् ए विल्पेड

अथान्यत्स्वप्न: रविर्लग्ने दीप्ताग्निर्लोहितवस नानि दर्शनं नृपते: शिशिरिकरणे तु नारी सितकुसुमवस्त्राणि ५२ भौमे सुवर्णं विक्र मरक्तस्रावं तथार्द्रमांसानि खेगमनं शशि पुत्रे जीवे सह बन्धुभिर्योगः ५३ जलसन्तरणं शुक्रे तुङ्गारोहो(हं) वदेत्पतङ्गसुते लग्नस्थैर्वक्तव्यं मि श्रैर्मिश्रं वदेत्स्वप्नम् ५४ रिपुनीचोपगतैर्दुस्स्व प्नं विनिर्दिश्येद्ग्रहैर्विवर्जितै: रविकिरणसु तदेहैः प्रष्टुः स्वप्ने वदेद्भङ्गम् ५५ रविलग्ने शशिदृष्टे रविराशेस्सप्तमे विलग्नाद्वा स्वप्नो दृष्ट: प्रवदेत्प्रष्टुर्लग्नान्तरात्काल: ५६ इति स्वप्न: [॥] अथ प्रावृट्कालः॥ कर्कटमीनानामे कनवमस्थ: शशी विलग्नगत: भृगुजीवौ वृष्टिकरस्तथैव केन्द्रस्थितो ज्ञेय: ५७ सौम्यैर्दृ ष्टः प्रचुरं पापैरव[लो]कितो जलमल्पम् वर्षाप्र श्ने कुरुते जलसंज्ञाद्रव्यदर्शनादेवम् ५८ रवि शशिनौ सप्तमगौ शशिभृगुजौ वेश्मगो(गौ) विलग्नाद्वा

Page - 8

विविज्ञ कि व्याप्त मार्य कि व्याः ५० स्वाप्त क्षिताः भेष्टः क्ष्र ए ज्याप विव्य के स्वाप्त क्ष्र क्ष्र ए ज्याप विव्य के स्वाप्त क्ष्र क्ष

द्वित्रिनिधनस्थितौ वर्षासमये प्रदौ भवतः ५९ जलराशिगता: सौम्याः कर्कटधनसहजस्थिताः वा स्यु: उदयगते वा चन्द्रे पृच्छासमये भवेद्रृष्टि: ६० अथ धातुप्रश्नं समुष्टिज्ञानम् मेषवृषकुम्भमीना हस्वा युगकर्किचापधरमकराः मध्या हरियुव तितुलालयः स्मृता लग्नगा दीर्घाः ६१ ब लिनौ केन्द्रोपगतौ रविभौमौ धातुकारकौ प्रश्ने बु धसौरौ मूलकरौ शशिगुरुशुक्राः स्मृता जीवाः ६२ रक्तौ सूर्यावनिजौ श्वेतौ शशिभार्गवौ विनिर्दिष्टौ हरित: सौम्यो जीव: पीत: सौरस्तथा कृष्ण: ६३ चतुरश्रो[ऽ]र्को भौमो वृतः(त्तः) सुषिरेम्बजौ(?) दीर्घः दीर्घः सुतनु[:] सोमो जीवः परिवर्त(र्तु)लो ज्ञेयः ६४ अ नुसूक्ष्मो भृगुतनयो दीर्घ: सुषिरो[ऽ]र्कतनय: स्यात् हतनष्टादौ प्रश्ने द्रव्यं सबलाद्ग्रहात्प्रवदेत् ६५ मेषालिसिंहलग्ने कुजार्कयुक्ते निरीक्षिते[ऽ]प्यथ वा धातोश्चिन्तां प्रवदेद्घटे[ऽ]थ कन्यामृगे मिथुने ६६ बुधरविजयुतैः मूलं वृषतुलहयमीनकर्कटे ४ए

ण्यः व्याप्तमस्त्यः व्यास्त्रम् विविधिया रा उतिण्डाअस्थिव प्रमा भिगत्य भिग्हणवर्ग उभन्नहार्त्म अर्वेनवर्म्भाग्यान हाउभ रेउ क्रिक्टमें इस्क्रं कर में विनेतं वर्षे। द्वनंत्र दिम्मर्ग्यान्न हिम्भित्रे विविधिम् दिन्न ०० तम्स् भिमनं एडी इपेड सुर हरे अक्रमानः मद्दे लवे भगाउँ विगिष्ठि उन् १० १ में अवलेक्डेंबें हर्वे मीड स्यलंब लहाउ वर्मेश्रुव्यविविद्यम् १० समाद्रितीय व्यत्महर्दःभंपाउद्यायवा मुश्चमहवन्ति मियः त्वर्भन्यम्लयगाः १९ केद्रगाउदि। यहर्दरभक्षविलयहा त्रातिकि श्चिक्र्यान्यविविद्यः १३ अस्यम्य नर्वेउडलं१३विलिपेकंश्चर हवाईलः प्यक्तः हा स्विति । उडा सम्म १ = २५३% विह्यां विद्याप्तिमात्रीः मेवहवन्ति रेउपेह बन्न स्टिडेस्यः १४ ७-विहेरस

धातु: चन्द्रगुरुशुक्रदृष्टै: युतैश्चजीवं विनिर्दिशेत् ६७ इति धातुमूलजीवप्रश्नम् [॥] स्थिरलग्ने स्थिरे भागे वर्गो तु(त्त)मांशे हृतं द्रव्यम् आत्मे(त्मी)येन वदेश्वरराशौ परजनेन हृतम् ६८ स्थिरराशौ तत्रस्थं चरराशौ बहिर्गतं वदे द्भवनात् द्विशरीरे गृहबाह्ये भूमि[ग]तं विनिर्दिशे द्वित्तम् ६९ लग्नस्वामिमानं जातीरूपं तस्करस्य वदेत् पूर्णशरीर: चन्द्रो लग्नोपगतो निरीक्षितो गुरुणा ७० सौम्यावलोकितो वा भवने शीर्षोदये लग्ने लाभगतै र्वा सौम्यैराशुरेव विनिर्दिशेत् ७१ लग्नादृद्वितीय भवने शुभग्रहैः संयुते तृतीये वा प्रष्टा स्वभवने वित्तं सौम्यै: बन्ध्वस्तदशमलग्नगतै: ७२ केन्द्रगतैर्दि ग्वाच्या ग्रहैरसम्भवे विलग्नर्क्षात् लग्नगतराशिदि ग्वाच्या केन्द्रस्यासम्भवे विनिर्देश: ७३ उदयोपगतां राशिं तत्कालं कृतविलिप्तिकं गुणयेत् छायाङ्गुलै: पृथक्स्था: हृत्वा मुनिभिः ततः शेषम् ७४ ग्रहगुण[ करो ज्ञेयः दैवविदा पंच विंशतिः सैव भवने गोष्ठा त्रितयं भावाश्च सूर्यादितो ज्ञेयः ७५ गुणयित्वैवं प्रा

**Page - 10** 

222 म्बर्नाम् स्वरेतार व्यर्भित रहे कर्वेच्याः हवति के अन्कास्त्रक्तः वदः नदक्षणक्षम्बद्धः वच्चन्यस्वन्नद्धिव अवस्कलः ११ हेमक्वकासम्किन्धार्थः वहामसिने उन्तरिमध्यप्रवादःसिन्नःम न्हारण्यः १३ वणन्त्रप्रजीतभवतभवता स्वविद्यं विभागम्बद्धसंप्रम्यविश्वप्रव न्त्र १७ प्रक्रमण्डभयमवनः विकल्भित सम्मित्रेराण्या म्यूम्मितिविधिम् भूम प्रमान्त्रवास्ताः उ शहरान्द्रस्थाविद्य महस्रकेउप'एस्स चलक्रिमपुरने:बने र्मेर् वै:विधममा ३० एकिल्विभ्रविष्युक्त एहल्परमा भिउरविल्ये वर्षे विविश्व न वकर मिर्ड ३३ उन्दर् स्वन्ध्यमा वस्ट निरुप्त के त्र स्थित के विश्व के व उ कि विद्युत्ते प्रमान्त्रम म्हमम्भवराउपिति ॥

ग्युद्(?) कृत्वा सौम्यस्य यदि भवेदुदयः कार्यप्राप्तिः प्रष्टुर्व क्तव्या नेतरैः भवति ७६ गुणकारैक्यविभक्तः कार्यः सूर्यादिगुणकसंशुद्ध: यश्चर[:] शुद्ध्यति वर्गो विज्ञेय स्तद्वशात्काल: ७७ भौमदिवाकरशेषे दिवसा: पक्षा: च भृगुशशिनौ गुरुरविशेषे मासा ऋतवः सौम्यैः श नैश्चरे चाब्दाः ७८ आधाने[ऽ]र्थप्राप्तौ गमनागमन(ने) परा जये विजये रिपुनाशे वा कालं पृच्छायं(यां) निश्चयं प्रव देत् ७९ अकचटतपयशवर्गा: रविकुजसित सौम्यजीवसौराणाम् चन्द्रस्य च विनिर्दिष्टा: प्रश्ने प्रथमोद्भवाः वर्गाः ८० ज्ञात्वा तस्माल्य(ल्ल)ग्नं विज्ञाय शुभाशुभं तथा पृष्टम् वर्गादिमध्यमान्तैः वर्गे[:] प्रश्नोद्ध वैः विषमम् ८१ राशिलग्ने प्रवदेच्छेषैः युग्मं कु जज्ञजीवानाम् सितरविजयोश्च नैवं रविशशि नावेकराशित्वात् ८२ तस्मात्प्राक्प्रवदेत्पृच्छासम यं शुभाशुभं सर्वम् कालस्यापि ज्ञानादेवं चिन्त्यं ब हुप्रश्ने ८३ इति भट्टोत्पलकृतं प्रश्नज्ञानम् शुभमस्तु सर्वजगतामिति ॥ ॥ ॥

# रुष्ट्रियलमुउं प्मूह्रनभा

# कोर शारदा टीम द्वारा संकलन किया गया

ঠি नभे विশ্বকর্টু ॥ ॥ঠি नभे नारायण्णय मुरुभमु प्रहुः॥

रविममिकुर्यु गगुरुभिउरविर्यगल्पमाना प्लभू गल्पमार्ये। वर्क्नु(S)र्रु प्भू,एउरं प्मुह्न नं र्रिङ य है विद्याना ॥०॥ द्मिरुद्रं ग्रुगिल्डं एउकभवले हु निरवमे धभि। यः कषयित मुरुभमुरुं उभू न भिष्टु रुवैद्वाली॥३॥ रभुभूले दुरुगि मंपुष्टु ग्रुगलं भनवर्भा। प्रमुद्धं विणनं कुटाम्हिन पुषा क्विम्निभा ॥**३**॥ प्राभिक्तिकवृद्धैः दलकुप्रीगिम्मक्ष्रिकुः। ५(५)म्ब्रेप्ट्र्याहिल धिउं ह्यूग विनया द्विउ: ५म्भा ॥ म॥ उम्यिनिभिः वेर्के: ५मेम् उँग्वरिः।भिः उँ#क्तः। वकृतृं मुरुभमुरु ५६५५ ज्ञल्यः व यदा ॥५॥ रूप्तमें पीडिकरी प्रमु हुम्(र) मनं यरि म्व्(व) "। भा क्सलुम्बुरां रुविंद मुरुं निर्मि सुम् ॥ ।॥ रু(ড) यग एत् धरुंभा है। ५(५) म्का काले ५३ ६वि । म्मनभवव उधं मुरुप्मं निन्मिनुस्म ॥१॥ वै वै रुवः प्रुन (🗥) वृत्रं(तः) म् म्रे(S) मवा रुवेडा प्रमे। गुरुव एमुक्तिवं वकुवं उभू वापि मुरुभा ॥ उ॥ यभिनृभिना रावे मिस्याम्मभभित्रःभे भृः। उभिन्मितृ द्विः ममभग उर्रे भिरामुन्दर्ग ॥ ७॥ म्विपमं ग्रुभ्मं क रुवनं लग्ने ग्रुः पापः। पमृटि उच्च मकरी 🖫 यः भी भे वित्र म्क्रिकरः॥ 👀 ॥

लगणिपितः कृत् उत्ति इं त वृष्ण स्कृत् हः।

मनुद्र गणः पपः उद्यपि मुरुं विद्युत्त ॥ ०० ॥

पंग्रभनवभेपगर्डः गुरुव एमुक्तः यचि पिउं(ङ) विशिष्ठ लाकिपगर्डः विदिश्व प्रति मुद्र लिश्व प्रति ।

पप्पः लग्नेपगर्डः मगीगपी छं विनिद्वि मुद्र लिश्व हो ॥ ०३ ॥

पप्पः लग्नेपगर्डः मगीगपी छं विनिद्वि मुद्र लिश्व हो ॥ ०३ ॥

मृष्ण मेम् गभनविगे छं क्या मुः क्या लिश्व छ हवेडा ॥ ०३ ॥

मुद्र हिमंप्येगा दृष्ः कृष्ण व्यापि विग्र मृति ।

पत्र पप्पमित्र हग्ण व्यापि विग्र मृति ।

वक्तं हुन गर्डः पप्पः भाषमं मुरुव हो ॥ ०५ ॥

पित्र गर्मे लग्ग उपः प्रत्य मृत्य हो निम् हम् ।

गित्र गर्मे विप्री उपः भिम् व गर्मे हिम् हम् ।

प्रति विप्री उपित्र भिम् व गर्मे हिम् हम् ।

प्रति विप्री उपित्र भिम् व गर्मे हिम् हम् ।

प्रति विप्री उपित्र भिम् व गर्मे हिम् हम् ।

भि, रवर्षमे(S) है मृष्टपर ग्रामिवक्कवभा ॥ ०१ || मुरुल में लयगड लये के भें भृषेगभा वाड । इया म्हिभड भिक्किं पृक्षं भूगा भ्रु(त्र) रुपा प्रिभा ॥ ०० ॥ के न् द्विके प्रभूगः भें भृषः पापा भिष्ठला है ष्। ला के भिक्किं इया क्कारणं पेषिउ मृष्टा ग्राम् (ग) भनभा ॥ ०० ॥ म् क्षिकृ एनभभें डे गुरु मुक्त का गभनं प्राभव डाभा । बङ्गा डा वेंडे गुरु प्रमुक्त का गभनं प्राभव डाभा ।

लग्निम्ब्रुम्मम्ब्रम् प्रम्णगुरुगुः ।
भगानं व्याप्त विनिद्विम् स्थः ॥ ३०॥
भिग्नगमि प्रम् प्राल (-) य उन्नयं मक मीण्भा ।
स्यादि गिप्मु ले विषद यंदे(ऽ) नृषा वाप्तु भा ॥ ३३॥
म्विमगि किभामे उप्त्याद भिग्नग क्र क्ष्युः ।
लग्नजे (ऽ) पि विनमृदि गुरुग् पिभाउमं युद्ध पर्छ ॥ ३३॥
पापः भुदमद्गाः मद्भा नान्विग् दे वाप्तु प्रमा ।
मंप्पु (ऽ) पि प्रदुर्गे देव निवग् दे वाप्तु मा ।
मंप्पु (ऽ) पि प्रदुर्गे देव निवग् दे वाप्तु मा ।
मंद्र प्राण्यका विष्णा प्राप्ति प्राप्ति गिप्ता ।
मंद्र प्राण्यका विष्णा प्राप्ति प्राप्ति गिप्ता ।
भेगाः मुक्तम् विष्णा प्राप्ति ।
पेगाः मुक्तम् वृक्ते का विष्णा विष्ठि हिष्ता ।
भेगाः मुक्तम् वृक्ते का विष्णा विष्ठि ।
स्राणा प्राप्ति ।
भेगाः स्रुप्ति ।
भेगाः स्रुप्ति ।
भेगाः स्रुप्ति ।
भेगाः स्रुप्ति ।
भिग्नि ।
भेगाः स्रुप्ति ।
भिग्नि ।
भेगाः स्रुप्ति ।

॥ यघ लग्विणिः॥
उपग्रयमंम्, ग्रन्, मे भृष्टि भृके पक्रन्, निणनभूः।
लग्ने या सुरुम्, स्विपानभुद्र तुरा वाग्नुभा ॥ ३०॥
पि पुक्टत् सुने, लग्ने पगंठे निर्नाक्षिठे गुरुप्य।
गुरुम् के किन्, वा पीरु गुष्टु (पि मृषिन: मृः॥ ३०॥
॥ उठि लग्विणिः॥

भद्ग्न्यं लरुउ(S)भे भाष्ठ्रिविगउरुभंम् ॥ ३३॥ ॥ ७डि विवारुः॥

पक्तभाकियगर्ने में में(:) भी गहिली वक्त । सीवर विलयगर्ने विषम् मण्य नरं कुद्रः॥ ३३॥ मभरामिगउः कर्ने भिम्पगर्डे वलाणिकान्ना मुभा। भेरी विषम् माउँ लया उत्ते पृष्ट न् दे हवडि॥ ३६॥ विषम् माउँ गुरुप्टे विल ने पृष्ट न करी प्रमा। विषम् माउकिरल युग्न मण्यः भि्यं कुद्रः॥ ३५॥॥ उदि गहार नविणिः॥

कएके लवल्लिमुके भिम् भएराभूकधाय:। भुद्धे म्टिंग रभा (:) भूः ५म् रल वं मुदुस्यगः॥ ३०॥ पमृति यभुङ्काल लग्नं उभु ग्रन्भृ वे गमः पे्कः। म रमः पृक्षुवार्गे ठेप्एनकाल क्भाम्पर ॥ ३१॥ भेभुक्कगडैः भरमं पापक्कगडैवीरमं वासृभा। विभरीउगडैंग के भूपुभिष न रुव्याउँ रेक्ना ॥ अया भृद्ध भृलं पृष्किन्द्रे कुल भृष्ठ्यं मापंप्(प्पा) वापि माकं भवीद्ध । मुक्तिस्हुक्कृतृक्कृतं कुरिक्रिं भर्ते नेपूं भाभिष राक्रके है:॥३७॥ लगणिपे रेष्ट्रमाउर भृषिमे रेष्ट्रभीविउभा। बृहुक् भम्पः कम्पिउँदेकु विधिवृचैदा ॥ ६०॥ लग्ने लग्डे म भङ्गेएयुउम्, हे भुडेस्पनभा। स्पीव लग्न भिउँ वाभि भुँठेस् उद्मुउयि। मा भन् उभिका लग्ने मुद्ध 🗥 ते किउँ युउँ। ल हुउँ रेप्पनं नग्द मभुकी उभुम्म क्रिया ॥ म्८॥ र विम्युं से युंड का पिल युंन यम् उड्र कि। उपवासमुद्धाः वार्षे नकुं वा विरमामनभा॥ म्३॥ गन् कर्मगर रेष्ट्रं मीउभ्रं ग्रापि कुर्ए। उद्रभ्रापेएवमंडें रेष्ट्रचीरमभाम्मिडा ॥ मा॥ भिग्नभनं भिउँ उद्य उँलमंभुउभक्रः । नीग्ने पर्मे कम्(म्)मनं विरमं नम्म मंभूउभा ॥ म् ॥ भुद्धाम्मिकः लयुगर्डैः भवीद्धै राष्ट्रीमिगैक कुष्टिभाभनितु। भूषि भूषिम भवल भुंडेन्ट्रं ग्रगम्पि भुगम्भमुद्गुनिन्द्रुन न्वन भुल दिकेल्प्ग पि ग लग्न पिरुग्फ(S)मनभा। पिरुल व भिरुरुम्, मर्गे रु(S) भिगे रुगे ॥ म् ॥ मुरुषिउप्रडे लग्ने बलाम् भ्रम् रहे। कुल्पिन्दरामिश्वरावेन यङ्गार्म् मुम्न प्रितृचेद्या ॥ म्ड ॥

॥ यम भुभविणि: ॥ ल गुंगमप्(S)क्व उन्ग(S)पि वाभिन्युः भुभभिष्ठ यमाक्वविभूभा । रक्त भ्रं विकिभषापि छर्न् मुरुझरङ्ग भ्रय्भ्य स्भा ॥ ६०॥ भिृयः भ्रुपाझ कुल् भ्वलं रक्त भ्रं भक्त मृतिक्भाणः । इण क्यभू चित्रप्त गरु गरी रिक्स कषा भ्रेक् ॥ ५०॥ भक्त भुम्झ भिडेल्यानं पार गरिस्वरितिलामः। मने वन्भृम्य स्वर्म निष्यि स्वर्म स्वर्भा

॥ मघानुङ्क्ष्यः॥

गिविद्धायः स्तिप्पायिद्धाः विद्धानस्य स्मिनं न् पर्डः।

मिमिग किगल्य इ नागीभिउत्तम्भवस्याल्यः॥ ५३॥

छेभ मवकं विक्भगक्तम्य उषाम् भंगमानि।

पिगभनं मिमप्इ स्ति मक गक्किट्टेगः॥ ५३॥

स्लभनुग्यं मुक्ते उद्गिर्मे विद्धान्यः॥ ५३॥

स्लभनुग्यं मुक्ते उद्गिर्मे विद्धान्यः॥ ५६॥

गिपनीग्रेपगर्डेम् मुन्ने विनिम्मिन्ने किववस्तिः।

गिविकग्यम् उस्तिः पृक्षः भ्रप्ने वस्तिः स्तिभागः ॥ ५५॥

गिविकग्यम् उस्तिः पृक्षः भ्रप्ने वस्ति स्तिः स्ति।

गिविकग्यम् उस्तिः पृक्षः भ्रप्ने वस्ति स्ति।

गिविकग्यम् उस्तिः प्रक्षः भ्रप्ने वस्ति स्ति।

गिविकग्यम् उस्ति।

॥ मम प्रवृक्षणः॥

कक्षणभीन नामकनवभभः ममी विलय्गाः।

हगुण्यिते वृक्षिकरभृष्वि कृत्भिः क्षेत्र्यः ॥ ५१॥

भे मृत्रः प्रारं पापरवित्ते क्षिकरभृष्यः ॥ ५१॥

वस् प्ष्म कुरु ज्लभं क्ष्यः वृत्त्वनात्त्रिक्षः । ५०॥

रिविमिनि भे भभगे मिक्गुण्ये वस् गो(गे) विलय्पः ।

प्रिविमिनि भे भुभगे वस् भभय प्रे हवः॥ ५०॥

एलरामिगः भे भृः कक्षण नमक्ष्यभ्रः।

वा भृः उत्त्यगाः वा गान् प्राप्ताभय हवेष्टिः॥ ००॥

भिधालि भिकलम् कुर्द्भयुक्त निर्गाष्ट्र (S) भृषवा ।
णाउँ सित्रुमं प्वस्सूट (S) ष कत्मभूमं भिष्मे ॥ २२॥
गण्य विष्युक्तः भूलं व धरुल क्यभी नक्कट णाउः ।
स्वत् गुरुस्कृर् स्ट्रें: युक्तैस्थितं विनिद्भिमे उ। ॥ २१॥
॥ ७८८ णाउभुलाषी व प्सुभा॥

मित्रलय भित्र राग वने(३(३)भंग रुउं प्रवृभा।

मृद्धिती) यन वप्पस्ति रागमे पर स्त्रन रुउभा। ४०॥

मित्रगमे उउभे प्ररागमे रिकाउं वप्पस्तारा ।

सिमरीर ग्रुग्ट हुभि(ग) उं विनिद्धिमित्रि भा ४०॥

लयभाभिभानं स्डीरुपं उभुरम् वप्पदा।

पुरूमरीर: प्रिन् लयेपगंड निर्माक्षेत्र गुरुल्ण॥ १०॥

मे भूग्वले किंडे वा रुवन मिद्धि प्य लये।

लयम मृद्धीय रुवन मुरुग्ट मेयु उड़ी ये वा प्रभा भुरुग मुरुग्द विनिद्धिमेडा ॥ १०॥

लया मृद्धीय रुवन मुरुग्ट मेयु उड़ी ये वा प्रभा भुरुग्द विनिद्धिमेडा। १०॥

कर्मा पुरुग्द मे भुरुग्द विनिद्धिमेडा।

कर्मा उद्योग प्रमा प्रमा कर्म्भामभूव विनिद्धिमाः॥ १३॥

उप्पय पुरुग्द मे प्रमा हिः उड़ः मिथ्या। १०॥

कर्मा सुलि: प्रमा इङ्गलं मुडिलि उड़ः मिथ्या। १०॥

गुरुग्लकरे क्षेत्र स्वितिष्ट प्रप्त विनिद्धः मेव।

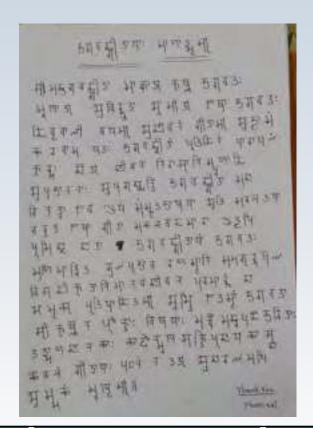
ठवन गेप्टा द्उयं राजाम् मुटाम्दि ऋयः॥१५॥ गुर्णावर्ह्वेवं प्रमृद्धाः तुर्ह्म भे भृभृ विद्धाः हर्वेद्धाः । काट प्रिः प्सुवज्रवा निउर्नैः रुवि ॥ १०॥ गुर्णकार्मे कृतिरुक्तः कादःभुद्धाम्पिण्णकमंसुम्नः। यम्चराः) मुमूठि वर्गे विऋयमुम्नमाङ्गलः॥ ११॥ र्डे भिर्मित करमें पितमा: प्रका: य रुगुमिनी । गुरुर विमिष भाभा एउवः भी मृः मनैस्र ग्राक्रः॥ १८॥ मुण न(S) रू पृप्रे गभना गभन(ने) परास्य विस्य। गिपुनामें वा कालं पुष्पुः यं(यां) निम्चयं प्वाःदेश ॥१७॥ मक प्रष्ट उपयमव गः: र विकुष्णि उमें भृष्णिवमें राण्णभा। प्रनुभू प्र विनिन्धिः: प्रमे प्षभेम् तः वजाः॥ उ०॥ **ऋङ्ग उभान्तु**(ल्ल) यं विस्व मुरुम् रुं उषा ५ स्भा। व जा मिभपूभा हैं: व जैं(:) प्रेंफ् वैं: विधमभा ॥ उ०॥ गमिलग् प्वरुष्ट्रियः वृग्नं कुरुष्टरायानामा । भिउरविष्येम् नैवं रविममिन वैकर मिक्वारी ॥ उ३ ॥ उभार्क्त्र∓दुम्ब्रामभयं मुरुमुरुं भत्रभा । कलभृषि स्नाम्देवं मितृं वक्तप्म् ॥ उ३॥

॥ उडि रुह्दैश्वलक्त्रं प्मुह्ननभा॥ ॥ मुरुभभु भवष्णगङाभिडि॥ ॥ ॥



# Student contribution -Hand written Sharada

Phani Sri



# लल वाप / लल् वाख

A.K.Razdan

Understanding some Vaaks spoken by Mata Lalleshwari through different phases of her spiritual evolution.

I. Her intense and deep yearning to know the Truth....

ललिथ ललिथ वदय ब वाय च्रेता मोहच पेयियु च्रे माय रोज़ि नु पतु लॊहलंगरुच छ़ाय निज सोरूप क्याज़ि मोठ्य हाय लिम लिम वस्य गुवाय ग्रेड भेड़ प्रेषिय ग्रेभिय रेहिए नु पर्नु लोफलंगरु म क्राय निष्ट भोरुप कृष्टि भोरुय काय

"This Vaak of Mata Lalleshwari in an expression of deep pangs in her early quest for spiritual realisation. She was feeling disconsolate and yearning from within, weeping and sobbing, restless and distraught. She understood that her efforts were going in vain. Here she councils her own mind and pleads thus, "O my Chita (mind), why do you get deluded by worldly attachments (and aversions), these worldly pleasures, these attachments, are transitory and not even a shadow of these possessions are everlasting. These cannot stand by you forever. Alas! How have you forgotten your own identity (that you are nothing But the Self Divine)."

The evolution starts when the seeker clearly sets goals to be achieved. These goals are not the heaven above or the hell below. It is neither the search for the Devta nor the Devis. It is just one thing called the SELF, the innate content in us all. The real process of seeking begins when the seeker's own SELF becomes paramount for him/ her in all respects. It gradually becomes his/ her all. It shines as the only entity of the search, the sole pursuit and discovery.

True that we are looking outward at the world we are born in, we consider our life and it's needs variously. But the fact remains that all these factors, these earnings and savings, feeding and breeding devolve ultimately on me , the real Me in 'I'. If there is no me (the Self in me you and all), there is no thought, no attachment, no aversion, no need for anything whatsoever. The SELF is therefore the basis, the beginning and end of all, the only thing to be fundamentally understood is the Self and nothing else. By knowing the Self we shall become ALL KNOWING.

आमि पन सॅटरस नावि छस लमान कति बोज़ि दय म्योन मेति दियि तार आम्यन टाक्यन पोन्य ज़न शमान ज़ुव छुम ब्रमान गरु गछ़हा।

मुभि पन मह्द्रम नावि क्रम लभान किंदि हैं सि एवं भेन भेदि सिवि उप ग्रभून एकून पेतृ रूप मभाप एवं कुभ रूभान गर गकुल।

"With a slender thread of untwisted yarn, I am towing my boat across the ocean (of Samsara). Would it be, that HE answers my prayer and ferry me safely across (to the other shore where Bliss Absolute is). My personal efforts are just like collecting water in unbaked clay pots, where the pot itself sucks it (without His Grace all my efforts are futile). My intense yearning to cross over (reach my home, my desired destination) is wrenching my heart asunder"

II. Meeting her Guru, Sidha Sri Kantha and the Guru's grilling her before imparting Para Vidhya ( Highest Knowledge ) to her. A true Guru ultimately leads a True seeker.

अर्थस्य निश्चयो दृष्टो विचारेण हितोक्तित: न स्नानेन न दानेन प्राणायामशतेन वा॥

मर्भ निमुचे म् हे विग्रार लिउेडिउ: न भुनित न मन्त्रित भुग्णियाभमउँन वा॥

"Neither sacred baths, nor any amount of charity, nor hundreds of Pranayamas can give us the knowledge about our own Self, but a mind along with its thoughts and all arguments having subsided, can help us gain that experience"

गोरन वोनुनम कुनुय वचुन नेबरु वोनुनम अंदर अञ्चन स्य ललि में गव वाख तु वचन

गोरन कोन्नभ सुन्य बार्म नेगर के नुनेभ मंदर महान भुवलिलि भेगव वराप उवग्रुन

"Lala's intense yearning and deep introspection made her to look for a Guru. Divinity intervened, and brought her to the feet of a perfect Guru, Siddha Sri Kantha who, it is believed, was a direct descendent from the lineage of Acharya Vasugupt, the compiler of SHIV SUTRAAS, who rediscovered the Trika Darshana, as we know it, in its present form today. Her Guru, Sri Kantha, took his own time to initiate her into his fold.

गौरस प्रुछ्योम सासि लटे यस नु केंह बनान तस क्या नाव थुचिस तु लूसुस केंह न मंज़य क्याह ताम द्राम

गोरम पर्देश मामि लए यम न् केँछ वनान उम कृ नाव षुग्रिभ उ लुभुभ केंद्र नु भंशिय हुन्द उप स्भ

"In this Vaak, Lalla says that, " a thousand times I asked my Guru (गोरस प्रज़्योम सासि लटे), how do we define One Who is without a Name or Form (यस नु केंह वनान तस क्या नाव). Hearing her question, her Guru remained silent and did not answer her question in spite of repeated pleadings by his disciple. He probably saw that his Shishya needs to go through a little more grinding and polishing. Lalla, feeling drained and tired (थ्चिस तु लूस्स), introspected deeper and deeper to know the reason for her Guru's silence and suddenly the answer to her question came from her within. She realised that every name and form in this vast universe has come out of that One Nameless and Formless Being (केंह न मंज़यक्याहताम द्राव)

She realised the Truth as it is ... declared by Mother Shruti ...

अन्यत्र भुता च भव्या च यस्मिन्न अक्षरे आकाश ओतञ्च प्रोतञ्च यतोवाचो निवर्तन्ते अप्राप्य मनसा स:।

यतो वाचो निवर्तंते अप्राप्य मनसा सः र्यं रे दुः ग्रे नियु गृं रे मुपापु भन्भा भः मन्द्र हुउ ए हबू ए विभून मब्रें मुकाम छउँक पेउक्त यंडेवा में निवर्ने मपुप् भनभा भः।

' The Ultimate Truth is That, wherefrom words turn back, together with the mind, not having attained it'. Again it says ... अन्यत्र भूताच्च भव्याच्च । ... ' It is separate from what has been and what has to be'. And yet further it says ... यस्मिन्नु अक्षरे आकाश ओतञ्च प्रोतञ्च । ... ' IT is in the IMPERISHABLE that vast expanse of ether and space is contained, it is across HIM that space is woven, wrap and woof.

Continued....... Page 15

मंकरिस मल ज़न च़ोलुम मनस अदु में लबेम ज़नस ज़ान सुय यलि ड्यूठुम निशे पानस सोरुय सु तय बु नो केंह "अहो निरञ्जन: शान्तो बोधोहं प्रकृते: पर: । एतावन्तमहं कालं मोहेनैव विडम्बित:॥

Raja Janak

भैकरिम भल एन ग़ेंन्भ भनम मह भे लग्नेभ एनम एन मुख बलि हु०भ निम पानम भेठव मु उब गु ने केंठ "मुठे निराक्त्वः मानु गेंगेठं प्तुः" परः। एउट वनुभठं कालं भेंठनैव विरुध्धिः॥

"O! I am taintless, serene, Pure Consciousness and beyond Nature. So long I have spent my days bewildered, by delusion."

Raja Janak after meeting his Guru.

In the above quoted Vaak Mata Lallishvari also gives expression to a similar revelation after coming face-to-face, with the Truth, the Real Truth.

"Following the instructions of my Guru, I continued my Sadhna. I felt all the dust from my mind's mirror suddenly cleared and I beheld HIM pervading everything everywhere, and every being. All the distance between HIM and me were bridged and I found HIM so very close to me. He became ALL and I (Lalla) got reduced to nothingness." The drop (Lalla) merged with that All Pervading Vastness to become the Ocean ( HE ). My precarious drop identity was lost in the Vastness of that ocean forever.

Her Guru's Instructions. Siddha Sri Kantha says "Fear not my child, there is no danger for you. There is a way to cross over the ocean of change. I shall instruct you in the very path by which the ancient Rishis walked to the BEYOND."

Siddha Sri Kantha, having tested his disciple and satisfying himself that his Shishya is ready for the flight to the highest realms, he speaks to her and bestows upon her all protection from fear. He utters the Sacred Mantra in her ear and properly instructed her on how to proceed.

गोरन वोनुनम कुनुय वच्चन नेबरु वोनुनम अंदर अच्चन सुय ललि में गव वाख तु वच्चन

गोरन वोनुनभ कुन्य वसून नेवर बोनुनभ संस्र ससून भ्य ललि भेगव वाप उवसून

"In this Vaak Mata Lalleshwari says that the Guru having uttered the Mantra (गोरन वोन्नम कुनुय वच्चन) ( in my ear ), instructed me to move away from the objective world of things and beings to the subjective realms of All Encompassing SELF (नेबर वोन्नम अंदर अचुन). This ONE word received from my Guru, ( the Mantra and the instructions .. how to proceed), that moment became the very purpose of my life (सुय लिल में गव वाख त वच्चन). All my apprehensions, all the obstacles in my path, suddenly cleared and my unhindered journey onwards to that Glorious Knowledge, that Truth and Bliss Absolute began in right earnest

## इति लल्लेश्वरी वाक्यानी

उंडि लल्ले मुर्री बरकूर नी

All Vakhs (quatrains) of Laladed comprise of 4 lines, but as can be seen in the Bojpatra (Birch bark) Sharada lipi manuscript, only three lines are written and the whole manuscript ends there with , इति लल्लीश्वरी वाक्यानि (here ends Lalleshwari's Vakyani).

The manuscript must be very old, but why did the manuscript writer not mention the 4th line, (only in this quatrain), is intriguing. This shows that there was, even then, a controversy about the 4th line of the Vaak. The line that is attributed as the 4th line of this Vaak (in many publications doing the rounds at present) looks like a deliberate and mischievous interpolation. Since this line (the 4th line) is not part of the Sharda manuscript, I have not touched upon this. I have given the Devnagri transliteration of the Vaak on the Bhojpatra manuscript itself, word for word as it is written in Sharda Lipi. There is fable in Kashmiri आयेष वानिस गयि कांदुरस, which has a fake narrative woven around it to prove spiritual superiority of the Proselytiser from Hamadan to justify the interpolation in the 4th line of this quatrain. III. Following the instruction of Her Guru, Lalla experiences a complete transformation.

वाव्च ग्रायाह पानस वृछिम पानस ड्यीठुम सूरि रंगु वस द्यानस अंदर दमु दमु मीलुस गोनन त्रोवुम मुचरिथ बर बाबुग्न ग्वाक पातम बुक्तिभ पातम ष्ट्रीठुभ मृति गंगु वम म्हातम मंद्री हम् द्रम् भीलुम गोतन देवुभ भुग्निविबग

Once a sincere seeker realises his true nature and understands who he is, he settles down for contemplation on that Absolute Truth. He is convinced that he is not this finite body, mind, intellect or ego equipment, but is the Eternal (नित्य) Supreme Brahman, that Shiv Tatva, that I-ness, that Being, that is Everlasting and Eternal, Pervading everything that moves or does not move.

ग्रायाह वुछुम पानस पानस ड्यूठुम द्यानस अंदर

गोनन त्रोवुम मुचरिथ बर

ग् वा रु बुद्धभ पा नम पा नम कुठ्भ सु नम बस्स गो नन देवभ भुग्निय बस

In this Vaak Lalla says that, "I experienced a complete transformation (ग्रायाह बुछ्म पानस) and find the subjective Self and the objective world outside (पानस ड्यूटुम), blissful and in ecstasy. Moment by moment and day by day (दम् दम्), in my mediations (द्यानस अंदर), I feel elated and evolving, my three mortal qualities (सत्त्वगुण, रजोगुण, तमोगुण) seem to escape, as if from the door left open by me (गोनन त्रोबुम मुचरिथ बर)

In Bagvad Gita Baghwan Sri Krishan exhorts Arjuna ... "Be you above three mortal attributes (गुण) O Arjun and free yourself ........." निस्नैग्ण्यो भवार्जुन।"

युस हा मालि ह्योडुम गयूलुम तु मसखर कर्युम सु हा मालि मनस खरेम नु ज़ांह शिव येलि पनुनुय अनुग्रेह कर्यम में लुकु ह्यडुम गेलुन कर्यम क्याह॥

य्भ का भालि क्रोन्जभ गयल्भ उभाषर केर्नुभ भ का भालि भन्म षर्भ नु हैं क मिव येलि पन्न्य मन्ग्क कर्म भ भेलुकु क्रुभ गल्न कर्म मुष्ठ॥

A Spiritual Seeker in his/ her State of Supreme bliss which illumines everything, remains unaffected and untouched by the blemishes of worldly transactions like hate and avarice, attachments and aversions, greed, anger, pride, conceit, harshness etc. Such a man of Pure Knowledge walks the path of Shreyas (श्रेयोमार्ग), that which leads to state of highest perfection. He abandons the path of Prayes (प्रेयोमार्ग) and the worldly pleasures are no more able to shackle him. What exists for such a Yogi is, Pure Eternal Consciousness, (नित्यं परं ब्रह्म) and he knows that, That alone He/She is, (तदेवाहमस्मि).

Page 16 Continued......

Mata Lalleshvari, having attained the Bairavavastha, started roaming here and there, singing her Vaaks, oblivious of her demeanour and all social rules. The ignorant people started mocking and ridiculing her. Mata Lalla, from her lofty pedestal of Spiritual Glory, addresses them through this Vaak, thus.... "The ones who mock me, ridicule and abuse me, (युस हा मालि ह्योड्म गयूल्म तु मसखर कर्युम), I harbour no ill will towards them (सु हा मालि मनस खरेम नु ज़ांह). How can this ridiculing and these jibes disturb me (में लूक ह्यड्म गेलुन कर्यम क्याह), if I am perpetually blessed with Shiva's Grace (शिव येलि पनुन्य अनुप्रेह

ट्योठ मोदुर तय म्यूठ जहर यस युथ छुनुन जतन बाव येम्य यथ करुय कल तु कहर स तथ शहर वातिथ प्यव

प्ट्रेंप भेग्निय उच भू० एष्ड्र येम युष द्धुनन एउन ग्राव येभ्यम कर्य कल उ केन्र भु उच मरुर वर्षे उच पृव

"Sanatan Philosophy is never tired of declaring that, " Man is essentially divine by nature." The call of the Higher is therefore, in the bosom of every one of us. However, while facing the challenges of life, we know not the right direction in which to turn. The scriptures, like a true compass, always indicates the right direction, but due to our blinding ignorance we are not able to read the compass correctly. The Nature sends sages and saints and Gurus, from time to time to direct us on the right path and to steer the ship of our life with love, faith and devotion.

Mata Lalleshwari, a great Shiva Yogini appeared on the scene, when there was chaos and confusion all around in Kashmir.

In this Vaak Lalla exhorts us to be vigilant when we have to make a choice whether to go by the path of pleasant (प्रेयो)or by the path of good (श्रेयो)" "The path of pleasant (प्रेयो), as name suggests, pleases us, fascinates us, and we are enticed to go by this path. So long as we think we are just body, mind intellect and ego, this path seems alluring and we start walking this seemingly pleasant path. This apparently looks pleasant but ultimately putrefies into enlarging ripples of disappointments and sorrows and we begin to fall deeper and deeper into this mire. (thus, म्यूठ जहर, the sweet path, is like poison). In striking contrast, the path of good (श्रेयो) may look detesting in the beginning, but later, it leads to greater happiness and sense of fulfilment. (what looks and tastes bitter to start with, ultimately turns out to be very very sweet and satisfying (ट्योठ मोद्र). It all depends on our individual choices that we make. If we use our intellect and faculty of discrimination, we can live a life of everlasting bliss and fulfilment. The choice is always ours. (यस युथ छुनुन जतन बाव, जिस का जैसाभाव ). As is our determination and power of discrimination so is the result that we get. (यम्य यथ कर्य कल तु कहर). Your intention and your action determine the results (सु तथ शहर वातिथ प्यव)." The above Vaak of Mata Lalleshwari looks like a spontaneous expression of a verse (Shaloka) from Kathopnishad, issuing forth from her bosom.

> श्रेयश्च प्रेयश्च मनुष्यमेत: तौ सम्परीत्य विविनक्ति धीर:। श्रेयो हि धीरोभि प्रेयसो वृणीते प्रेयो मन्दो योगक्षेमाद वृणीते॥

# म्यम प्यम भन्ध्मेउ: उ भभ्रीट विविन कि पीर:। म्वे फि पीरे ि प्यमे तुली उ प्वे भन्ने वेगक भामा तुली उ॥

Both the good and the pleasant approach mortal man, the wise man examines them thoroughly and discriminates between the two. The wise man prefers (वृणीते) the good over the pleasant, but the ignorant one chooses the pleasant for the sake of his body, through greed for material wealth ( योग, क्षेम .. धन कमानेकी लालसा एवं जमा कर के उसे सुरक्षित रखने की चिन्ता). He remains in constant worry for its safe keeping and holding on to that wealth (objective things and

beings).

IV. Roaming in ecstatic bliss and giving sermon to the common man in the lanes and by-lanes of Kashmir.

नार गछि चालुन तु आर गछि गालुन हद गछि रट्न तु मद गछि वाल्न वेह गछि चालुन अदु अचख ग्रंदे पान गछि नावन अमि सेंदे

नार गक्रि ग्रालन उम्रा गक्रि गालन ओहर गछि कडुन व्वपलहाकस तु हंदे । छन्जर ग क्रि करून ब्रूपल न्य कम उ न्हें है फर गढ़ि १एन उभर गढ़ि वालुन वेरु गढ़ि ग्रानु न मह् मग्राप गुंहि शूब गछि कांछिन्य तु लुब गछि मारुन सूच ग कि कं कि नू उ लुच ग कि भा रुन भारत गढ़ि रावर मिभिभें

The essential nature of man being Absolute Freedom, he detests any shackles being put on him. He does not relish being told what to do and what not to do. Any precepts, or code of conduct to him are like red rag shown to a bull. He naturally revolts against the idea of spiritual discipline and selfdenial. All religious scriptures and great Masters instruct us to intelligently try to understand and appreciate the necessity of self-restraint. Even a true seeker, before adjusting to these injunctions of self-discipline, feels a revolt from within like a raging fire from which he again and again tries to escape and begins to pity himself. Few lucky ones, who are able to stand up firmly against these initial revolts, gradually learn to calm down and earnestly begins to make attempts for self-development. He gradually and voluntarily appreciates the necessity of self-restraint and control over sensual desires and gladly accept to walk the path leading to their own good (श्रेयस). Mata Lalleshwari in this Vakh says that to control emotional attachments, physical cravings and intellectual pursuits are not easy to overcome if you intend to focus your attention on Spiritual Core, which is our real nature. You have to go through a mill to crush your ego to dust and douse the raging fire within by your sheer will (नार गछि चाल्न), self pitying has to be abandoned (आर गछि गालुन). Gluttony has to be given up and sense of taste has to be curbed, (ओहर / आहार food has to be simple and Satvik like व्यपलहाक तु हन्द ). Limits have to be reset to become humble where there is no room for pride (हद गछि रट्न तु मद गछि वाल्न ). All these restrictions initially look like a potent poison, but you have to gulp down this poison to be counted to walk on this path of Truth (वेह गछि चालुन अदु अच्चख ग्रंदे). Your seeking should be to explore your infinite dimension of Supreme Bliss therefore, total dispassion from all material cravings is required from you, O True seeker (श्रूब गछि कांछिन्य तु लुब गछि मारुन). Without such thorough cleansing from within, (पान गछि नावुन अमि सेंदे) with the waters of disciplined self-restraint, no redemption is possible.

दछिनिस ओबरोय जायून जानुहा संदरस ज़ानुहा कडुन्य अठ मेन्दुनिस रूगिस वैदियुत जानुहा मूडस ज़ानुहा नु वनिथुय कथ

म्किनिम छोउउमेच ह्युन हराज मह्यम हतुक करुतृ ग० भेन् निभ गुणिभ वैधिवुँ हन्छ भुरुभ हतुका तु वित्तिषुय कष

Unless there is within us an intelligent principle, that can carefully cognise, that there is nothing in the objective world of things and beings that can satisfy our innate desire for peace and joy, there can be no redemption for us. To a true seeker, who feels that inner urge to find a way out of this perpetual chaos and confusion, his sincere self introspection alone can lead him to search that peace, that joy from within. He alone will start a subjective search to reach that glorious portal of Truth. Those who don't introspect and investigate into the nature, constitution and function of the subjective Self, are referred as मूड: in Sanatan Shastra.

In this Vaak Mata Lalleshvari says that, "i can, if you so wish, diffuse the

Continued....... Page 17

rain bearing southern clouds (facing East, South is on the right side) दिछिनिस ओबरीय ज़ायुन ज़ानुहा. I can even drain the whole ocean dry संदरस ज़ानुहा कडुन्य अठ. I can cure a person suffering from incurable disease/ leprosy, but it is beyond me to counsel a fool

मेन्दुनिस रूगिस वैदियुत ज़ानुहा मृडस ज़ानुहा नु वनिथुय कथ भेन्तिम गुणिम वैध्यित सनुका भुरुम सनुका नुवनिषुष कष

In Pandav Gita a similar predicament is expressed by Dharyodana to Lord Shri Krishna....

जानामि धर्मं न च मे प्रवृत्तिः जानाम्यधर्मं न च मे निवृत्तिः। त्वया हृषीकेश हृदि स्थितेन यथा नियुक्तोस्मि तथा करोमि॥ र्निभ एम्ने म म प्राहिः र्निभ्एम्ने न म मे निर्हिः। इया क्षीक्म क्रि भिरुन यमा नियुक्तिभ्रिउमा करेभि॥

O Harshikesha (One Who has full control over His senses, one of the names of Sri Krishan), I know what virtue is, but I don't have any inner inclination to practice it. I know what vice is, but I have no power to desist from it. O Thou Lord of the senses, unless by Your grace I am impelled to change from within, it is beyond me to change.

That inner urge, that restlessness for unbound joy and everlasting peace and tranquility, that awareness, that the objective world is not the field of that search, alone can lead us to our goal, the real purpose of our being given to this human body. The urge should be to know "Who am i, what was I sent here for. As Mata Lalla in one of her Vaak says.. नियम कर्योथ गर्भा, ज्यतस प्ययि करबा, मरन ब्रोंट्रय मरबा, मरिथमरतब हरिय ॥

You had made resolve in your Mother's Womb to know Your True Self, when shall you redeem that pledge, kill your world of desires before you are claimed by physical Death. You will attain immortality.

Our koti koti Pranam to Param Yogini Mata Lalleshvari, May she shower Her Grace on us, so that we too are impelled to change from within. तथास्तु " I shall conclude with a Vakh where Mata Lalleshvari herself describes about her immortal presence, being beginning less and endless.

त्रिय न्यंगिसराह सरी सरस अकि न्यंगि सरस अर्शस जाय हरमोख कौंसर अंक सुम सरस सति न्यंगि सरस शून्याकार॥ दिय ट्रेगिभराक भरी भरभ मिक ट्रेगि भरभ मृत्तम स्य करभीप केंभर मंक मुभ भरभ भिंड ट्रेगि भरभ मुज्ञाकार॥

I (Lala) am a witness to Pralaya (dissolution) and Creation again and again, thrice over. I was there as well, when the whole cosmos seemed to be filled upto the brim and even overflowing, with nothing but the sky alone being reflected in this unending and shimmering sheet of water. I am a witness to Sati Sar (Kashmir Desha) stretching as a homogeneous body of water from the peaks of Kaunsarnag (Vishnupaad) to Haramukh (Gangabal) which could be bridged (识中) to cross over from one peak to another. Seven times have I seen the Lake vanishing (drying up) and getting filled again to the brim." I am a witness to dissolution of the universe seven times over when there was nothing but absolute void.

Mata Lalleshwari through this Quatrain (Vakh) describes her Swaroopa as Mother Divine, Who is beginningless and endless (Anant), there never was a time when She was not, nor will there be a time when She will not be. MAY HER OMNIPRESENCE GUIDE US TOWARDS KNOWLEDGE, THE TRUE KNOWLEDGE.

Our billion prostrations to this Great Yogini who walked through the lanes and bye lanes of the land of our forefathers 700 years ago."

Adi Shankara in his Brahmagyanavalli (Asangoham Stotra )says ...

गुणत्रयव्यतीतोहं ब्रह्मादीनां च साक्ष्यहम्। गुल्पर्यवृत्तीं उठं रङ्गाधीनं रा भाकुरुभी। अनन्तानन्दरूपोहं अहमेवाहमव्ययः॥ मनुगनन्तुरुपेठं मुरुमेवण्ठभवृद्यः॥

"I am without three Gunas ( the mortal qualities of Satva, Rajas and Tamas ), I am witness to the creation of the very creator, Brahma and the Trinity ( ब्रह्मा आदि). I am of the form of endless Ananda (अनन्तानन्द). I am That, That I AM, which is irreducible and endless factor."

Mata Sharikaswaroopa Alakhishvari also asserts this very fact in Her very famous Svanubhavullhasdashkam ( स्व अनुभव उल्लास दशकम् )

युगो युगान्तर संन्यास वर्णम् तुरिया अतीता तथा प्रसिन्देहम् अचिन्तयरूपं परमाकारम् थ्यर केवलोहं परं ब्रह्म सोहम॥

युगे युगा रूर भंगुम वरूभी उरिया मडीडा उपा प्मिन्जभी मिर्ग्रियुषु प्रभाकारभी मृर्ग केवले के परं स्क्रुमेकभी॥

I have been a Yogini, an ascetic in every Yuga, in every epoch, always beyond the fourth state of consciousness (तृरियातीत), (beyond Jagrat, Swapan, Sushupti and even Turiya awastha ). Of form I am omnipresent and immutable, I am a homogeneous mass of endless Ananda, I am That, That I am, which is an endless factor.

Every realised Yogi gives us the same description of the SELF, that principle which makes us conscious of our Being. Vedanta also is not tired of saying this again and again (Ayam Aatm Brahmn, Pragnyan Brahmn). The question for all of us remains, how to move from Being to Becoming. Understanding some Vaaks spoken by Mata Lalleshwari through different phases of her spiritual evolution.

I. Her intense and deep yearning to know the Truth....

ललिथ ललिथ वदय बु वाय च्रेता मोहच पेयियु च्रे माय रोज़ि नु पतु लोहलंगरुच छाय निज सोरूप क्याज़ि मोठुय हाय

ललिष ललिष वस्य गुवाय प्रोडा भोडाप पेयियु प्रो भाय रिष्ट नु परु लोडलंगरु प्र क्राय निष्ट भोरुप क्राष्ट्रि भोरुय डाय

"This Vaak of Mata Lalleshwari in an expression of deep pangs in her early quest for spiritual realisation. She was feeling disconsolate and yearning from within, weeping and sobbing, restless and distraught. She understood that her efforts were going in vain. Here she councils her own mind and pleads thus, "O my Chita (mind), why do you get deluded by worldly attachments (and aversions), these worldly pleasures, these attachments, are transitory and not even a shadow of these possessions are everlasting. These cannot stand by you forever. Alas! How have you forgotten your own identity (that you are nothing But the Self Divine)."

The evolution starts when the seeker clearly sets goals to be achieved. These goals are not the heaven above or the hell below. It is neither the search for the Devta nor the Devis. It is just one thing called the SELF, the innate content in us all. The real process of seeking begins when the seeker's own SELF becomes paramount for him/ her in all respects. It gradually becomes his/ her all. It shines as the only entity of the search, the sole pursuit and discovery.

True that we are looking outward at the world we are born in, we consider our life and it's needs variously. But the fact remains that all these factors, these earnings and savings, feeding and breeding devolve ultimately on me , the real Me in 'I'. If there is no me ( the Self in me you and all ), there is no thought, no attachment, no aversion, no need for anything whatsoever. The SELF is therefore the basis, the beginning and end of all, the only thing

Continued......

to be fundamentally understood is the Self and nothing else. By knowing the Self we shall become ALL KNOWING .

आमि पनु सॅदरस नावि छस लमान कित बोज़ि दय म्योन मेति दियि तार आम्यन टाक्यन पोन्य ज़न शमान ज़ुव छुम ब्रमान गरु गछुहा। मुभि पनु मँ प्राम नावि क्रम लभान किंद्रिवे हिंद प्राय भेन भेदि प्रिवि उप मुभुन एकुन पेनु हिंदन मभान हिंद कुभ बृभान गरु गकुछा।

"With a slender thread of untwisted yarn, I am towing my boat across the ocean (of Samsara). Would it be, that HE answers my prayer and ferry me safely across (to the other shore where Bliss Absolute is). My personal efforts are just like collecting water in unbaked clay pots, where the pot itself sucks it (without His Grace all my efforts are futile). My intense yearning to cross over (reach my home, my desired destination) is wrenching my heart asunder."

II. Meeting her Guru, Sidha Sri Kantha and the Guru's grilling her before imparting Para Vidhya ( Highest Knowledge ) to her. A true Guru ultimately leads a True seeker.

अर्थस्य निश्चयो दृष्टो विचारेण हितोक्तितः न स्नानेन न दानेन प्राणायामशतेन वा॥ मुर्भु निम्चिये ८, भे विक्रार्गे १५ ठिउँ क्रिउः न भुग्नेन न ४ एनेन पुण्णिया भुमुउन वा॥

"Neither sacred baths, nor any amount of charity, nor hundreds of Pranayamas can give us the knowledge about our own Self, but a mind along with its thoughts and all arguments having subsided, can help us gain that experience"

गोरन वोनुनम कुनुय वच्चन नेबरु वोनुनम अंदर अच्चन सुय ललि में गव वाख तु वच्चन गोपन वोनुनभ कुन्य वसून नेबर्ग वोनुनभ मंह्य मसून भ्यललि भेगव बाप उवसून

"Lala's intense yearning and deep introspection made her to look for a Guru. Divinity intervened, and brought her to the feet of a perfect Guru, Siddha Sri Kantha who, it is believed, was a direct descendent from the lineage of Acharya Vasugupt, the compiler of SHIV SUTRAAS, who rediscovered the Trika Darshana, as we know it, in its present form today. Her Guru, Sri Kantha, took his own time to initiate her into his fold.

गोरस प्रुछ्योम सासि लटे यस नु केंह वनान तस क्या नाव श्रुचिस तु लूसुस केंह नु मंजय क्याह ताम द्राम गोरम पुर्केन मामि लए यम नु केल बनान उम कुराना ब ष्राप्टिम उनुमुम केल नु भेस्रय कुल उस स्मा

"In this Vaak, Lalla says that, "a thousand times I asked my Guru (गोरस प्रक्रयोम सासि लटे), how do we define One Who is without a Name or Form (यस नु केंद्र वनान तस क्या नाव). Hearing her question, her Guru remained silent and did not answer her question in spite of repeated pleadings by his disciple. He probably saw that his Shishya needs to go through a little more grinding and polishing. Lalla, feeling drained and tired (थुचिस तु लूस्स), introspected deeper and deeper to know the reason for her Guru's silence and suddenly the answer to her question came from her within. She realised that every name and form in this vast universe has come out of that One Nameless and Formless Being (केंद्र न मंजयक्याहताम द्वाव)

She realised the Truth as it is ... declared by Mother Shruti ...

यतो वाचो निवर्तंते अप्राप्य मनसा सः अन्यत्र भूता च भव्या च यस्मिन्नु अक्षरे आकाश ओतञ्च प्रोतञ्च यतोवाचो निवर्तन्ते अप्राप्य मनसा सः। यंडे वाग्ने निवरंडे म्प्पृ भनभा भः मनुद्र हुउ ग ह्या ग यभिन्न महार मुकाम छउन्न प्रेडक्त यंडेवाग्ने निवरु मुम्पु भनभा मः। The Ultimate Truth is That, wherefrom words turn back, together with the mind, not having attained it'. Again it says ... अन्यत्र भूताच्च भव्याच्च । ... ' It is separate from what has been and what has to be'. And yet further it says ... यस्मिन्नु अक्षरे आकाश ओतञ्च प्रोतञ्च । ... ' IT is in the IMPERISHABLE that vast expanse of ether and space is contained, it is across HIM that space is woven, wrap and woof.

मंकरिस मल ज़न चोलुम मनस अदु में लबेम ज़नस ज़ान सुय यलि ड्यूठुम निशे पानस सोरुय सु तय बु नो केंह

भेकितम भल एउ ग्रेल्भ भरम मह् भेलवेभ एउम एउ मुघ चलि हु०भ निम पाउम भेरुय मु उर्घ वु नै केंठ

अहो निरञ्जन: शान्तो बोधोहं प्रकृते: परः। एतावन्तमहं कालं मोहेनैव विडम्बित:॥

Raja Janak

मर्छे निराक्कनः मान्त्रे वैधिकं प्तृरः परः। एउट वनुभकं कालं भेकनिव विराधिः॥

"O! I am taintless, serene, Pure Consciousness and beyond Nature. So long I have spent my days bewildered, by delusion. Lalla in this Vaak says..." Raja Janak after meeting his Guru.

Following the instructions of my Guru, I continued my Sadhna. "I felt all the dust from my mind's mirror suddenly cleared and I beheld HIM pervading everything everywhere, and every being. All the distance between HIM and me were bridged and I found HIM so very close to me. He became ALL and I (Lalla) got reduced to nothingness." The drop (Lalla) merged with that All Pervading Vastness to become the Ocean (HE). My precarious drop identity was lost in the Vastness of that ocean forever.

Her Guru's Instructions. Siddha Sri Kantha says "Fear not my child, there is no danger for you. There is a way to cross over the ocean of change. I shall instruct you in the very path by which the ancient Rishis walked to the BEYOND."

Siddha Sri Kantha, having tested his disciple and satisfying himself that his Shishya is ready for the flight to the highest realms, he speaks to her and bestows upon her all protection from fear. He utters the Sacred Mantra in her ear and properly instructed her on how to proceed.

गोरन वोनुनम कुनुय वच्चन नेबरु वोनुनम अंदर अच्चन सुय ललि में गव वाख तु वच्चन गोरन वोनुनभक्तन्य बसून नेबर् बोनुनभमंद्रा मसून भ्यललि भेगव बाप उबसून

"In this Vaak Mata Lalleshwari says that the Guru having uttered the Mantra (गोरन वोन्नम कुनुय वच्चन) ( in my ear ), instructed me to move away from the objective world of things and beings to the subjective realms of All Encompassing SELF (नेबर् वोन्नम अंदर अचुन). This ONE word received from my Guru, ( the Mantra and the instructions .. how to proceed), that moment became the very purpose of my life (सुय लिल में गव वाख त वच्चन). All my apprehensions, all the obstacles in my path, suddenly cleared and my unhindered journey onwards to that Glorious Knowledge, that Truth and Bliss Absolute began in right earnest

(The Sharda Lipi Vakh and its Devnagri transliteration is appended at the close of the write up for the below mentioned Vakh.) इति लल्लेश्वरी वाक्यानी

All Vakhs (quatrains) of Laladed comprise of 4 lines, but as can be seen in the Bojpatra (Birch bark) Sharda lipi manuscript, only three lines are written and the whole manuscript ends there with , इति लल्लीश्वरी वाक्यानि (here ends Lalleshwari's Vakyani ).

The manuscript must be very old, but why did the manuscript writer not mention the 4th line, (only in this quatrain), is intriguing. This shows that there was, even then, a controversy about the 4th line of the Vaak. The line that is attributed as the 4th line of this Vaak (in many publications doing the rounds at present) looks like a deliberate and mischievous interpolation. Since this line (the 4th line) is not part of the Sharda manuscript, I have not touched upon this. I have given the Devnagri transliteration of the Vaak on the Bhojpatra manuscript itself, word for word as it is written in Sharda Lipi. There is fable in Kashmiri आयेथि वानिस गयि कांदुरस, which has a fake narrative woven around it to prove spiritual superiority of the Proselytiser from Hamadan to justify the interpolation in the 4th line of this quatrain. III. Following the instruction of Her Guru, Lalla experiences a complete transformation.

वावुच ग्रायाह पानस वृछिम पानस ड्यीठुम सूरि रंगु वस द्यानस अंदर दमु दमु मीलुस गोनन त्रोवुम मुचरिथ बर वावुछ ग्याक पानम वृक्षिभ पानम प्रीठ्म मृति रंगु वम स्टानम मेंस्र स्मुस्मु भीलुम गोनन देवुम भुष्टिति च रर

Once a sincere seeker realises his true nature and understands who he is, he settles down for contemplation on that Absolute Truth. He is convinced that he is not this finite body, mind, intellect or ego equipment, but is the Eternal (नित्य) Supreme Brahman, that Shiv Tatva, that I-ness, that Being, that is Everlasting and Eternal, Pervading everything that moves or does not move.

ग्रायाह वुछुम पानस पानस ड्यूठुम

द्यानस अंदर गॊनन त्रोवुम मुचरिथ बर ग्ग्यारु बुद्धभ पानम पानम हुठ्भ म्हानम मैह्य ग्रानन देवभ भुग्निष ब

In this Vaak Lalla says that, "I experienced a complete transformation (प्रायाह वृद्धम पानस) and find the subjective Self and the objective world outside (पानस ड्यूटुम), blissful and in ecstasy. Moment by moment and day by day (दम दम), in my mediations (द्यानस अंदर), I feel elated and evolving, my three mortal qualities (सत्त्वगुण, रजोगुण, तमोगुण) seem to escape, as if from the door left open by me (गोनन त्रोव्म मुचरिथ बर)

In Bagvad Gita Baghwan Sri Krishan exhorts Arjuna ... "Be you above three mortal attributes (गुण) O Arjun and free yourself ......" निस्नैगुण्यो भवार्जुन ।"

युस हा मालि ह्योडुम गयूलुम तु मसखर कंर्युम सु हा मालि मनस खरेम नु ज़ांह शिव येलि पनुनुय अनुग्रेह कर्यम में लुकु ह्यडुम गेलुन कर्यम क्याह॥

युम का भानि क्रोन्जभ गयुन्भ गुभभाषर केद्रभ भू का भानि भनभाषरेभ नुसंक मिव येनि पन्नय मन्ग्क कद्रभ भे नुकु क्रुभ गन्न कद्रभ कुष्ठ॥

A Spiritual Seeker in his/ her State of Supreme bliss which illumines everything, remains unaffected and untouched by the blemishes of worldly transactions like hate and avarice, attachments and aversions, greed, anger, pride, conceit, harshness etc. Such a man of Pure Knowledge walks the path of Shreyas (श्रेयोमार्ग), that which leads to state of highest perfection. He abandons the path of Prayes (प्रेयोमार्ग) and the worldly pleasures are no more able to shackle him. What exists for such a Yogi is, Pure Eternal Consciousness, (नित्यं परं ब्रह्म) and he knows that, That alone He/She is,

(तदेवाहमस्मि)

Mata Lalleshvari, having attained the Bairavavastha, started roaming here and there, singing her Vaaks, oblivious of her demeanour and all social rules. The ignorant people started mocking and ridiculing her. Mata Lalla, from her lofty pedestal of Spiritual Glory, addresses them through this Vaak, thus....

"The ones who mock me, ridicule and abuse me, (युस हा मालि ह्योडुम गयूलुम तु मसखर कंर्युम), I harbour no ill will towards them (सु हा मालि मनस खरेम नु ज़ांह). How can this ridiculing and these jibes disturb me (में लूक ह्यडुम गेलुन कर्यम क्याह), if I am perpetually blessed with Shiva's Grace (शिव येलि पनुनुय अनुग्रेह कर्यम)"

ट्योठ मोदुर तय म्यूठ ज़हर यस युथ छुनुन जतन बाव येम्य यथ करुय कल तु कंहर सु तथ शहर वांतिथ प्यव

हो० भोद्भार उच भृ० स्टरा चभ चम क्राच कल उ केला मे उम मला बोडिम भूव

"Sanatan Philosophy is never tired of declaring that, "Man is essentially divine by nature." The call of the Higher is therefore, in the bosom of every one of us. However, while facing the challenges of life, we know not the right direction in which to turn. The scriptures, like a true compass, always indicates the right direction, but due to our blinding ignorance we are not able to read the compass correctly. The Nature sends sages and saints and Gurus, from time to time to direct us on the right path and to steer the ship of our life with love, faith and devotion.

Mata Lalleshwari, a great Shiva Yogini appeared on the scene, when there was chaos and confusion all around in Kashmir.

In this Vaak Lalla exhorts us to be vigilant when we have to make a choice whether to go by the path of pleasant (प्रेयो)or by the path of good (श्रेयो)" "The path of pleasant (प्रेयो), as name suggests, pleases us, fascinates us, and we are enticed to go by this path. So long as we think we are just body, mind intellect and ego, this path seems alluring and we start walking this seemingly pleasant path. This apparently looks pleasant but ultimately putrefies into enlarging ripples of disappointments and sorrows and we begin to fall deeper and deeper into this mire. (thus, म्युठ ज़हर, the sweet path, is like poison). In striking contrast, the path of good (श्रेयो) may look detesting in the beginning, but later, it leads to greater happiness and sense of fulfilment. (what looks and tastes bitter to start with, ultimately turns out to be very very sweet and satisfying (ट्योठ मोदुर). It all depends on our individual choices that we make. If we use our intellect and faculty of discrimination, we can live a life of everlasting bliss and fulfilment. The choice is always ours. (यस युथ छुनुन जतन बाव, जिस का जैसाभाव ). As is our determination and power of discrimination so is the result that we get. (यम्य यथ कर्य कल तु कहर). Your intention and your action determine the results (सु तथ शहर वातिथ प्यव)." The above Vaak of Mata Lalleshwari looks like a spontaneous expression of a verse (Shaloka) from Kathopnishad, issuing forth from her bosom.

श्रेयश्च प्रेयश्च मनुष्यमेतः तौ सम्परीत्य विविनक्ति धीरः । श्रेयो हि धीरोभि प्रेयसो वृणीते प्रेयो मन्दो योगक्षेमाद् वृणीते ॥ मृयम् प्यम् भन्धुमिउः उ भभ्गीट्र विविनक्ति णीगः। मृये कि णीगे कि प्यभे वृणीट प्ये भन्ने वेगक्रभण्या वृणीट ॥

Both the good and the pleasant approach mortal man, the wise man examines them thoroughly and discriminates between the two. The wise man prefers (व्याति) the good over the pleasant, but the ignorant one chooses the pleasant

Page 20 Continued.....

for the sake of his body, through greed for material wealth ( योग, क्षेम .. धन कमानेकी लालसा एवं जमा कर के उसे सुरक्षित रखने की चिन्ता). He remains in constant worry for its safe keeping and holding on to that wealth (objective things and beings)

IV. Roaming in ecstatic bliss and giving sermon to the common man in the lanes and by-lanes of Kashmir.

नार गछि चालुन तु आर गछि गालुन हद गछि रट्टन तु मद गछि वालुन वेह गछि चालुन अदु अचख ग्रंदे शूब गछ़ि कांछिन्य तु लुब गछ़ि मारुन पान गछि नावन अमि संदे

नार गढ़ि ग्रालन उसर गढ़ि गालन ओहर गछि कड़न व्वपलहाकस तु हंदे । उठ्या गढ़ि क रून व्यपल ठा कम उ ठं 🛴 रुम् गढ़ि १६२ उ भम् गढ़ि बल्देन वेरु गढ़ि ग्रान्त मह मग्राप ग्री मुत्र गढ़ि कं किनु उ लुत गढ़ि भारुन

The essential nature of man being Absolute Freedom, he detests any shackles being put on him. He does not relish being told what to do and what not to do. Any precepts, or code of conduct to him are like red rag shown to a bull. He naturally revolts against the idea of spiritual discipline and selfdenial. All religious scriptures and great Masters instruct us to intelligently try to understand and appreciate the necessity of self-restraint. Even a true seeker, before adjusting to these injunctions of self-discipline, feels a revolt from within like a raging fire from which he again and again tries to escape and begins to pity himself. Few lucky ones, who are able to stand up firmly against these initial revolts, gradually learn to calm down and earnestly begins to make attempts for self-development. He gradually and voluntarily appreciates the necessity of self-restraint and control over sensual desires and gladly accept to walk the path leading to their own good (श्रेयस). Mata Lalleshwari in this Vakh says that to control emotional attachments, physical cravings and intellectual pursuits are not easy to overcome if you intend to focus your attention on Spiritual Core, which is our real nature. You have to go through a mill to crush your ego to dust and douse the raging fire within by your sheer will (नार गछि चाल्न), self pitying has to be abandoned (आर गिछ गालून). Gluttony has to be given up and sense of taste has to be curbed, (ओहर / आहार food has to be simple and Satvik like व्यपलहाक तु हन्द ). Limits have to be reset to become humble where there is no room for pride (हद गछि रट्टन तु मद गछि वाल्न ). All these restrictions initially look like a potent poison, but you have to gulp down this poison to be counted to walk on this path of Truth (वेह गछि चाल्न अदु अज्ञख ग्रंदे). Your seeking should be to explore your infinite dimension of Supreme Bliss therefore, total dispassion from all material cravings is required from you, O True seeker (श्रूब गछि कांछिन्य तु लुब गछि मारुन). Without such thorough cleansing from within, (पान गछि नावुन अमि सेंदे) with the waters of disciplined self-restraint, no redemption is possible.

संदरस ज़ानुहा कडुन्य अठ मेन्दुनिस रूगिस वैदियुत ज़ानुहा मूडस ज़ानुहा नु वनिशुय कथ

दिछिनिस ओबरीय ज़ायुन ज़ानुहा 🗜 क्रिनिभ छिन्ते 🕂 य 🖂 यून 🖂 नर्ज मेर्राम हर्ने करने बै० भेन् निभ र गिभ वैधियुउ हर्नुङ भुरुभ हतुका तु विनिष्य कष

Unless there is within us an intelligent principle, that can carefully cognise, that there is nothing in the objective world of things and beings that can satisfy our innate desire for peace and joy, there can be no redemption for us. To a true seeker, who feels that inner urge to find a way out of this perpetual chaos and confusion, his sincere self introspection alone can lead him to search that peace, that joy from within. He alone will start a subjective

search to reach that glorious portal of Truth. Those who don't introspect and investigate into the nature, constitution and function of the subjective Self, are referred as मूड: in Sanatan Shastra.

In this Vaak Mata Lalleshvari says that, "i can, if you so wish, diffuse the rain bearing southern clouds (facing East, South is on the right side) दछिनिस ओबरीय ज़ायुन ज़ानुहा. I can even drain the whole ocean dry संदरस ज़ानुहा कडुन्य अठ. I can cure a person suffering from incurable disease/ leprosy, but it is beyond me to counsel a fool मेन्द्रनिस रूगिस वैदियुत ज़ानुहा मुडस जानुहा नु वनिथुय कथ."

In Pandav Gita a similar predicament is expressed by Dharyodana to Lord Shri Krishna....

जानामि धर्मं न च मे प्रवृत्तिः जानाम्यधर्मं न च मे निवृत्ति:। त्वया हृषीकेश हृदि स्थितेन यथा नियुक्तोस्मि तथा करोमि॥

रनि एमं न एमें प्रहिः रनभ्णां न म में निवृहिः। द्वया रूपीकम रूपि भुउन यम निय्कें भि. उम करें भि॥

O Harshikesha (One Who has full control over His senses, one of the names of Sri Krishan), I know what virtue is, but I don't have any inner inclination to practice it. I know what vice is, but I have no power to desist from it. O Thou Lord of the senses, unless by Your grace I am impelled to change from within, it is beyond me to change.

That inner urge, that restlessness for unbound joy and everlasting peace and tranquility, that awareness, that the objective world is not the field of that search, alone can lead us to our goal, the real purpose of our being given to this human body. The urge should be to know "Who am i, what was I sent here for. As Mata Lalla in one of her Vaak says.. नियम कर्योथ गर्भा, च्यतस प्ययि करबा, मरन ब्रोंठ्य मरबा, मरिथमरतब हुरयि॥

You had made resolve in your Mother's Womb to know Your True Self, when shall you redeem that pledge, kill your world of desires before you are claimed by physical Death. You will attain immortality.

Our koti koti Pranam to Param Yogini Mata Lalleshvari, May she shower Her Grace on us, so that we too are impelled to change from within. तथास्तु " I shall conclude with a Vakh where Mata Lalleshvari herself describes about her immortal presence, being beginning less and endless.

त्रिय न्यंगिसराह सरी सरस अकि न्यंगि सरस अर्शस जाय हरमोख कौंसर अंक सुम सरस सति न्यंगि सरस शून्याकार॥

दिय नेगिभग्र जभरी भग्रभ मकि नंगि भरभ मम्भ एय करभीप केंभर मंक मुभ भरम भिं ने गि भर्म सुनुष्कारा।

I (Lala) am a witness to Pralaya (dissolution) and Creation again and again, thrice over. I was there as well, when the whole cosmos seemed to be filled upto the brim and even overflowing, with nothing but the sky alone being reflected in this unending and shimmering sheet of water. I am a witness to Sati Sar (Kashmir Desha) stretching as a homogeneous body of water from the peaks of Kaunsarnag (Vishnupaad) to Haramukh (Gangabal) which could be bridged (सुम) to cross over from one peak to another. Seven times have I seen the Lake vanishing (drying up) and getting filled again to the brim." I am a witness to dissolution of the universe seven times over when there was nothing but absolute void.

Mata Lalleshwari through this Quatrain (Vakh) describes her Swaroopa as Mother Divine, Who is beginningless and endless (Anant), there never was a time when She was not, nor will there be a time when She will not be. MAY HER OMNIPRESENCE GUIDE US TOWARDS KNOWLEDGE, THE

Continued....... Page 21

## TRUE KNOWLEDGE.

Our billion prostrations to this Great Yogini who walked through the lanes and bye lanes of the land of our forefathers 700 years ago."

Adi Shankara in his Brahmagyanavalli (Asangoham Stotra )says ... गुणत्रयव्यतीतोहं ब्रह्मादीनां च साक्ष्यहम्।

अनन्तानन्दरूपोहं अहमेवाहमव्ययः॥

"I am without three Gunas ( the mortal qualities of Satva, Rajas and Tamas ), I am witness to the creation of the very creator, Brahma and the Trinity ( ब्रह्मा आदि). I am of the form of endless Ananda (अनन्तानन्द). I am That, That I AM, which is irreducible and endless factor."

Mata Sharikaswaroopa Alakhishvari also asserts this very fact in Her very famous Svanubhavullhasdashkam ( स्व अनुभव उल्लास दशकम् )

युगो युगान्तर संन्यास वर्णम् तुरिया अतीता तथा प्रसिन्देहम् अचिन्तयरूपं परमाकारम् थ्यर केवलोहं परं ब्रह्म सोहम्॥ युगे युगानुर भंतुम बरूभा उरिया मुडीडा उपा प्भिन् कभा मुग्निवयुपं परभाकारभा मुग्निवले परंसूक भेकभा॥

I have been a Yogini, an ascetic in every Yuga, in every epoch, always beyond the fourth state of consciousness (तृरियातीत), (beyond Jagrat, Swapan, Sushupti and even Turiya awastha ). Of form I am omnipresent and immutable, I am a homogeneous mass of endless Ananda, I am That, That I am, which is an endless factor.

Every realised Yogi gives us the same description of the SELF, that principle which makes us conscious of our Being. Vedanta also is not tired of saying this again and again (Ayam Aatm Brahmn, Pragnyan Brahmn). The question for all of us remains, how to move from Being to Becoming.



# मारमा का नवीनीकरण

Nidhi Bhatt

पिग्रिय:

राउ की मंभू उक विराभउ की भभू ग्रि यभितक (एप्स्) में, मार लि पि एक रिवृ ए ग के रूप में एकी है ए यों में वृती गरं हैं। पारं पिर के रूप में ए ग्रिक ग्रें में एकी यह प्राप्तीन लि पि सृण द्विक कर का प्रीक रही हैं। हाला कि, मभकालीन यूग में, भभय की भाग है कि हम मार की हुभिका का प्राप्ती कर कर कर कर हैं। हा हम के हिन हम के हिन हम के रूप में मून के एक भह्र पुरू हिम्स के रूप में मून वाली पीर्टी भूष ए रामें उपयेग में लाए।

चैतीय लिपि भानी एन वाली मार्रा भिर्मेषे में पविरु ग्षें छर णि क्रिक पंग्रुलिपियें के पेंचें की मैठा राज्य राजी की उभकी एएल वक्षाएं छर रजरी कर गिणाएं गजन मा मितक मिलाछं के रुक कररी के, एभमें बरीर के भाष ब्रुण क्रिक संरंग रन्य की जालीक, एम-एमें जभ 30वीं भामी में गुएर राजे के, उभ प्राणीन लिपि के ब्रुण क्रिक मायर में पर एक रूपक रंगावली (मुक्स)

पर विष्णार करना मनिवाद है। पुभाष गुवमुक उछं में में एक मैं बिक बुउ में मार रा लिपि के दिर में लागु करता कै। उमें पाठुक्भ में माभिल करके, कभ युवा पीज़ी के भुलू का न राधा में के मल पाप कर ने के भाष-भाष मधनी ए हैं में एउने का एक मनल मवमर प्रसान कर मकउँ हैं। मूलें में मारस के परंचन फुभारी मांभू उिक विराभउ छार छा भार विविध उर की मणिक गप्तन मभाग के लिए उद्देशक रन मकउग है। रुभने निभंडल कार्रे एउन संभुनलें में मानस्य की पीन-पीन भ्रीकार र मापी है, फिर ही उलामने के लिए रहउ कुळ है। लिपि की भैं घर परक गुकरुं । छर लिटिक भिक भेजडू उमे भंग्राप के विधित रूपें के लिए एक मुस्स उभीस्वार रागाउँ है। एक ऐभी प्रतिया की कलाना करें एकं मार्र्स भरुक के भंकेंडे. भा बार्यानक भूमाना छे छाउँ है निक वसुछ की मेरा उद्धारी है, स्मिम परंपर एउर गुप्तिकङ का एक मरुस भिम्स उनङ है। मार्गा के भूपूणार के उपवेग में एरा एकी हुउ कर ने के लिए. रुभ एन् । एर विवास मणिकार ५३ एमि नवीन रामु उलाम भकउँ ठै। प्टीवन की उन भठरूपुरू भएनाछं के मार्रास्ट लिपि मे पुलिपिउ किया ए भक्ड हैं, रें न कैवल कानुनी रिकॉर् के रूप में बित्रु बुद्धियें के उनकी मां भूडिक एं हैं में ऐं हने वाले या मगा ब भुदिग्रिक के रूप में डी काभ ग्रीटगा।

लिपि में मपनी परुली प्रमुक भिल डी हैं। मार मार में उम्में की कि उने विसास ने केवल मां मुडिक गोरिव पैमा कर डा है विद्वा हा भार विविध डा भार है। यह प्रांतिक प्रमान हमारि लिपि के लिए मुसीवन भरा हना के व्याप्त में भकड़ा है, सिममें मुने वाली पीड़ियें के लिए इमकी निरंडर प्रमंगिकड़ा मृनिम्चिड हैं। मकड़ी हैं।

िष्टिल भंग्रा के युग में ग्रं-का र उम्ह्रारं बुक् कर ने का एक ले किप्य भाषन बन गया की भभूमा में के डीउर, विहिन्न सवभरें के लिए ग्रं-का र में मारमा का उपयेग एकडा छार भंभू डिक पक्रमान की डावना के ब्रह्म का स्टंड की ये उल्लेक्ट्रानिक संडिवामन परंपरा छार भभकालीन म्हिनया के बीग्र भूग्यी भेंबंग का प्भाष्ण बन एडे की

मार को परुंग का विभार करने के लिए, मार से में पिक ग्रं-पिट्टिक छं छार पुभुकें का सन्तास छार भुस्ला करने का प्याम किया सना ग्राप्तिए। यक न केवल ब्रापक परुंग की मुविण प्रसान करडा के बिल्क बेरीय कामा छं छार बेलि यें के मंरबला में की येगसान सेडा के। यक एक मालिट्टिक परिस्मुबनाने की सिमा में एक कस्म के सका मारसा लिपि विविण कमा छं का भाग्रुमबन सरी के।

मारा के जभार है निक सीवन में सुभंदिउ करना केवल एक लिपि का पुनक्सर नजीं हैं; यज जभारी मां सुठिक पजार न का सुलियन हैं। लेम-लेम जभ उभके भृष्टुणरा के उपयेग की हिमा में कह्म गरा हैं हैं, जभ एक ऐभी हिनया के लिए हर का पिलड़े हैं सज़ं परंपरा एउर सुप्तिकड़ा मा भंस्पु पुरू रूप में मज-मिपुड़ में हैं। विचिन्न हैं में मारहा की सीकाद ड़ा एक ऐमें मभास के हमाडी हैं से किविधु की एउर सुद्विष्ठाम में सुग गहाड़े जार स्पनी विरामड के भजड़ हैंडा हैं।

प्नस्गरण का मभव में गया के, एकं मार्रा लिपि मप्ने णि मिन्ने के मीर्ने के परि कर कभार रेए भर के मिन्ने का मिन्ने मंग उन एडी के। मंग् डिक मंत्रचन छार का भार विविध्य के लिए उनकी बभक के पर्वापनकर, कभार के मिण्क मभार मी, प्रमुस मभाए का भाग प्ममु कर उत्ते। मुडार कभार के मार्रा की पितृ लिपि मगली पीर्डी के प्रिल छार प्रिभाग में मप्नी एगक उत्तार।

एक उम्ने की मैंपिं में उभ उञ्चल की कल ना करें एउ उमें मार प्रा



# Efforts at preserving Kashmiri Language - Sh.M.K.Raina A Passionate Lover of Kashmiri Language

Kuldip Dhar



Maatrika is indebted to Sh.M.K.Raina for providing free access to his website, which is a mine of information for literature in Kashmiri. We have been publishing regularly Shuri Bath based on his collection apart from referring to it for various

other articles. Sh M K Raina has been my teacher for reading & writing Kashmiri in Devanagari, Roman and Nastalik. I am using my learning in editing the Kashmiri articles for Maatrika.

Born on 10.02.1948 in Srinagar, Raina Sahab came to Jammu in 1990 at the height of militancy and then to Mumbai in 1993. A civil engineer by profession, he has been working on Kashmiri language since 1995. Was Convener of the Project Zaan. It was started in Mumbai in collaboration with Lalla Ded Educational & Welfare Trust and Kashmiri Pandits' Association in 1998-99 under inspiring leadership of Late Shri J.N.Kachroo, ex Principal, National High School, Srinagar. Main Objective of the Project Zaan was to disseminate information about motherland, language and culture to younger generations and popularise Kashmiri language.

Raina Sahab has been conducting Kashmiri Learning classes since 1996 and started Kashmiri Vocabulary classes on internet from January 2019. He co-authored the Basic Reader for Kashmiri Language and produced lessons on How to Read & Write Kashmiri in Devanagari Script and in Nastaliq Script. He was instrumental in getting the Kashmiri Software Kashmiri Arinimal Engine developed. He authored tsók módúr, kénh nón kénh són and silsilûvàr kyah kyah vanû , a collection of Short Stories in Kashmiri, also translated many of them in Hindi & English. He also wrote a collection of short stories in English by the name Pentachord. He has a Collection of Poems pêvàn chhúm yàd to his credit.

Apart from his work, he also retyped many Kashmiri classics including Lalla Vaakh, Shrukh, Kashmiri Proverbs, Kashmiri Folk Tales, Kashmiri Riddles, Folk Songs of Kashmiri children, Hatim's Tales, Kashmiri Talmih, Sarvanand Koul Premi's Koshur Ramayan, Shrimad Bhagvad Gita and 'Rusi Padshah Katha' in Devanagari-Kashmiri script, as also works of other renowned Kashmiri authors and poets and put them on internet. He rewrote old classics like Gulrez and Gule Bakawali in Devanagari Kashmiri script and translated Gulrez in to Hindi. He retyped some Chapters of Dr Amar Malmohi's Katha Sarit Sagar in Devanagari-Kashmiri and reworked on Kashmiri folk tales published by J&K Academy of Art, Culture & Languages, transforming them into Grandma's Stories in

Kashmiri, Hindi and English.

Was editor of the community journal Milchar of Kashmiri Pandits' Association, Mumbai for about 10 years, editor of the Hindi & Kashmiri Sections of another Community journal of Bangalore Aalav for three years and editor of the e-journal of Project Zaan Harvan for two years. Was also editor of monthly e-journal of Project Zaan renamed Praagaash, dedicated to Kashmiri Heritage, Language and Culture.

Raina Sahab has been felicitated by The Kashmir



Education, Culture and Science Society, New Delhi in 2013, by All India Kashmiri Samaj, New Delhi in 2015 and Jammu & Kashmir Vichar Manch, New Delhi in 2020 for his contribution to Kashmiri language.

# A brief conversation with Raina Sahab

**Mātrkā**: Namaskàr Màhrà. When and how did you develop the desire to learn, read and write Kashmiri.? Sh MKR: It was a subject in my primary classes. I loved to read small stories in the books like Gàtúl Kàw, Yådal Potsh etc

**Mātrkā**: Who were the main motivators? Sh MKR: None. I loved my mother tongue. Loved the way mothers would tell their children Lagyí Balàyi, Lagyí Ratûchhépí, Zuv Vanday etc. I did not find such phrases in

any other language.

Mātrkā: What drives you still to share what you know? Sh MKR: I want my mother tongue to live forever, not die. I want new generation to speak this language like they speak English or Hindi or Urdu. Emotional moments in life can only be shared perfectly in one's mother tongue only. If you are in an alien atmosphere, you can transmit your views to a fellow Kashmiri secretly in your mother tongue only.

Mātrkā: How many books have you written & which are

Continued....... Page 23



these and where are these available?

**Sh MKR**: I have written the following books:

- i. Tsók Módur (Short stories in Kashmiri)
- ii. Kénh Nón, Kénh Són (Short stories in Kashmiri)
- iii. Kyàh Kyàh Vanû (Short stories in Kashmiri)
- iv. Pêvàn Chhúm Yàd (Poetry in Kashmiri)
- v. Basic Reader for Kashmiri Language
- vi. Let Us Learn Kashmiri
- vii. Kashmiri Workbook
- viii. Pentachord (Short stories in English)
- ix. Elementary Kashmir Information Digest in English.
- x. A Dictionary of Peculiar and Uncommon Words & Phrases.

Except for ix, all books are out of stock now.

I have also written Folk Tales of Kashmir in English which is yet to be printed.

**Mātrkā**: Are you thinking of writing any more books? If so, what & when shall the readers get to see these.

**Sh MKR**: One more volume of short stories in Kashmiri Sangarmal is ready, yet to be printed

**Mātrkā**: What is the most cherished moment of your life as a writer and lover of Kashmiri language?

**Sh MKR**: Publication of my book of Kashmiri short stories Tsók Módur. This was my first collection but I consider it my best. I also love my story Zàn Dêd, part of Kénh Nón Kénh Són. It is based on our exodus from Kashmir and gives stress on why we need to save our language and culture

**Mātrkā**: You have translated many English poems. Which one is your best?

Sh MKR: 'Paying the Debt' by Dr. K.L.Chowdhury. Mātrkā: Name your best short story in Kashmiri. Sh MKR: Nåsìhath from Tsók Módúr collection Mātrkā: Which are your favourite Kashmiri stories, articles?

**Sh MKR**: a. 'Vêdàkh' on tribute to Virendra Razdan. b. "Zaan Ded" from Kénh Nón, Kénh Són on our culture and exodus:

- c. "Kadam chhúm túlún" poem on our exodus and our struggle:
- 6. Vaitàl Påchìsì, translation of English Classics.
- 7. Råni gåyí màlyún, Kashmiri Rhyme.

**Mātrkā**: What do you wish to do in immediate future? **Sh MKR**: Because of my health issues, am not able to concentrate on anything. My desire was to continue teaching Kashmiri online for a long time but can't do it because of health issues.

**Mātrkā**: What have been the trying times of your life? How do you look at these now that you have survived & overcome these.

**Sh MKR**: Exodus from Kashmir was the most trying time. It was so difficult to even survive. Though we are out of that situation now, but it is difficult to forget those years. We had to stand in queues at Jammu to get a bucket, a mug, a bed sheet and so on, in burning Sun. Many died of Sun stroke. Time we lived in tents with serpents and scorpions around cannot be forgotten.

**Mātrkā**: What in your opinion are the traits that an individual should try to imbibe to create love for mother tongue?

**Sh MKR**: Parents only can help. They need to educate their children, give them time teaching our mother tongue. Otherwise, I don't think Kashmiri language will survive for more than 20 or so years.

**Mātrkā**: What do we need to do as individuals and as a community to create and popularise Kashmiri language in the present situation as a scattered community?

Sh MKR: In every Batta Mohalla or in big housing colonies in Jammu or Delhi or elsewhere where Kashmiri Pandits live in numbers, people need to assemble at least once a week along with their children and do everything to popularise the language. I remember, in our childhood, we and our parents used to assemble at somebody's home on Saturday night and do Bhajan Kirti. Same can be done for popularising language too. In my childhood, we used to go to Pathshala in our neighborhood to learn Gita. Why can't we do the same to learn language too.

**Mātrkā**: Lastly are you satisfied with the outreach through social media to your audience.

**Sh MKR**: Not really. Sometimes the views and likes are not appropriately reflected. Don't understand that. But I have a long rhyme based on Kashmiri Nastaliq Primer and circulated by Search Kashmir which got more than 350,000 views.

Mātrkā: Thanks a lot for sharing your thoughts."



# शारदा वर्णमाला का रहस्यात्मक आयाम

Dr.S.S.Toshkhani

आगम शास्त्रों में वाक्-तत्त्व-विचार अथवा भाषा-वर्शन का विशिष्ट महत्त्व है। इन शास्त्रों में, जिनसे कश्मीर के अद्वयवादी शैव वर्शन का विकास हुआ है, परतत्त्व की परिकल्पना वाक्-रूप में की गयी है और उसे "अनिवार्यतः चैतन्य-स्वरूप" माना गया है। इसीलिये कश्मीर शैव-दर्शन में परम शिव को शब्दराशि कहा गया है और उससे अभिन्न उसकी परम शिक्त को परावाक् की संज्ञा दी गयी है। यह परावाक्, जो अपने सूक्ष्मतम और विभेद रहित रूप में विमर्श का ही पर्याय है, अपनी वैखरी अवस्था में 'अ' से 'क्ष' तक पचास अक्षरों में फैली संस्कृत वर्णमाला का रूप ले लेती है। आचार्य अभिनवगुप्त ने अपने 'परात्रिंशिका-विवरण' और 'तन्त्रालोक' ग्रन्थों में इस वर्णसमूह को परम चैतन्यं का ध्वन्यात्मक रूप और सम्पूर्ण बाह्य जगत का मूल कहा है और इसके द्वारा "सारी जागतिक सृष्टि के प्रसार की व्याख्या करने का प्रयत्न" किया है। अभिनव इसे परम चैतन्य का ध्वन्यात्मक स्वरूप मानते हुए "आक्षरी स्वष्टि" का नाम देते हैं और इस "आक्षरी सृष्टि" की प्रक्रिया और 'जागतिक सृष्टि" की प्रक्रिया में एकात्मता की स्थापना करते हैं। उनके अनुसार यह वर्णसमुदाय परम शिव से लेकर पृथ्वी तक उन छत्तीस तत्वों से सम्बद्ध है जिन्हें इस जगत के प्रसार का मानचित्र कहा जा सकता है।

परम शिव की सर्वोच्च क्रियात्मक शक्ति परावाक् के प्रतीक अथवा प्रतिनिधि माने जाने के कारण ही संस्कृत वर्णमाला के उच्चरित अथवा (शारदा में) लिप्यांकित विविध वर्णों को आगमों में मातृका का नाम दिया गया है। आगमों के वाक् तत्त्व सम्बन्धी विचार-दर्शन का कश्मीर शिवाद्वयवादी दृष्टि से विकास करते हुए शिवसूत्रों में शारदा लिपि के वर्णसमूह को ''मातृकाचक्र सम्बोधः" कह कर आत्मबोध की ओर ले जानेवाले ज्ञान का आधार माना गया है। एक अन्य शिवसूत्र, ''ज्ञानाधिष्ठानं मातृका'', में इस परिभाषा को और भी स्पष्ट रूप से रेखांकित किया गया है। 'चक्र'' शब्द से यहाँ अभिप्राय है लिपि की सम्पूर्ण वर्णमाला। इस प्रकार मातृका शब्द क़ा न केवल शारदा लिपि के वर्णों के सामान्य नाम के रूप में बल्कि इन वर्णों के दैवी स्वरूप की ओर संकेत करने की दृष्टि से भी प्रयोग किया गया है। किन्तु 'अ' से लेकर 'ह' तक के अपने वर्णक्रम द्वारा शिव और शक्ति के एक्य और उनकी सृजनात्मक शक्ति की ओर प्रतीकात्मक रूप से संकेत करनेवाली इस लिपि के रहस्यात्मक आयाम अधिकाँश रूप से अज्ञात ही हैं। अभिनवगुप्त की वाक् की अवधारणा भाषा के उत्स तक ले जाती हुई भरतृहरि की भांति शब्द को नहीं वर्ण को भाषा की आधारभूत इकाई मानती है। उनके अनुसार वर्ण ही शब्दात्मकता का मूल है। वर्ण से शब्द और शब्द से पद, वाक्य और फिर अपने लिपिबद्ध रूप में आगम (ग्रन्थ) का आकार वह उसी प्रकार ग्रहण करता है जिस प्रकार सार रूप में अपने बीज में स्थित न्यग्रोध (अश्वत्थ) का महावृक्ष "यथा न्यग्रोध बीजस्थं शक्तिरूपं महादुमं"। शारदा (अथवा देवनागरी) लिपि में लिखित संस्कृत वर्णमाला दो अवस्थाओं में विभक्त है, स्वर और व्यंजन, जिनका मिलन-स्थल है 'अ:' अथवा विसर्ग जो अपने में एक विशेष रूप से महत्त्वपूर्ण वर्ण है। तांत्रिक शब्दावली में 'अ' से 'औ' तक स्वर-वर्ग के अंतर्गत आनेवाले समस्त वर्णों को ''बीज'' कहा जाता है और उनका शिव के साथ तादात्म्य किया जाता है ''अकारादि विसर्गान्तं शिवतत्त्वं''। इसी प्रकार 'क' से लेकर 'क्ष' तक समस्त व्यंजन वर्ग को "योनि-रूप" माना जाता है और उसका शक्ति के साथ तादात्म्य किया जाता है। व्यंजन स्वतन्त्र सत्ताएं न हो कर अपने उच्चारण और अस्तित्त्व के लिए स्वरों पर निर्भर हैं। दोनों संस्कृत वर्णमाला के सोलह स्वर और चौंतीस व्यंजन मिलकर शिव और शक्ति की एकात्मता की ओर संकेत करते हैं। देवनागरी की ही भान्ति शारदा में भी स्वरों को प्रथम स्थान दिया गया है। पाणिनि ''स्वरं राजन्ते'' कह कर स्वरों को परिभाषित करते है, अर्थात स्वर वे है जो स्वयं-प्रकाश हैं।

अभिनवगुप्त के अनुसार सभी वर्ण - स्वर तथा व्यंजन - परासंविद् में वर्णपरामर्श की प्रक्रिया द्वारा उद्भूत होते हैं। आदिवर्ण 'अ' परासंविद् में होनेवाले ध्विन के प्रथम स्पंदन से उभरता है और उसके पश्चात् उससे अन्य स्वर वर्ण उभरते हैं। 'अ' अनुत्तर के शुद्ध चैतन्य में सब से पहले उभरने वाला वर्ण है, अनुत्तर, अकुल का, परम शिव की सर्वोच्च और शुद्ध शक्ति का प्रतिनिधि। 'अ' वर्ण आदि वर्ण है और वर्णरूपता से परे 'अ-वर्ण' और सभी वर्णों का स्रोत भी। 'अ' 'अहं' मंत्र का पहला अक्षर है जो संस्कृत वर्णमाला का प्रथम वर्ण होने के साथ-साथ उसके के सामस्त्य का भी द्योतक है। 'अ' अहंता का, अहं-विमर्श का प्रतीक है। 'अहं' मंत्र का, और संस्कृत वर्णमाला

का, अंतिम वर्ण 'ह' स्रष्टि-प्रक्रिया के आरम्भ से लेकर विलय तक की गति का प्रतिनिधित्व करता है। इस प्रकार संस्कृत वर्णमाला के आरम्भिक और अंतिम वर्णों से निर्मित 'अहं' शब्द अपने में शिव और शक्ति का ऐक्य, सभी मन्त्रों का मूल स्रोत, यहाँ तक कि विश्व-ब्रह्मांड का उद्गम, सब कुछ समेटे हुए है।

'अहं' की यह ध्वन्यात्मक प्रतीकात्मकता 'अ' की शक्ति का 'ह' के साथ सम्बद्धता द्वारा उद्घाटन करती है और एक बिंदु मात्र (अं) में संकेंद्रित होती है जो शारदा और देवनागरी दोनों में अक्षर के ऊपर, अनुनासिक ध्विन को व्यक्त करती हुई एक बिंदी के रूप में लिखी जाती है जिसमें यह दृश्यमान जगत पुन: एकत्व में विलीन हो जाता है।

'अ' के बाद आनेवाली स्वर-ध्वनियों की शिव की शक्तियों से प्रतीकात्मक समरूपता है। इनमें 'आ' आनंद], 'इ' इच्छा, 'ई' ईशान (ऐश्वर्य) और 'उ' उन्मेष के प्रतीक हैं। 'अ','इ'.'उ' – इन तीन लघु स्वरों से 'आ', 'ई' ' ऊ' ये तीन ह्रस्व स्वर, संयुक्त स्वर 'ए', 'ऐ', 'ओ', 'औ' और चार अन्तस्थ 'य','र' 'ल', 'व' अपना रूप ग्रहण करते हैं। 'अ' अपने आप को 'अ' + 'अ' दो में विभाजित करता है और दूसरे वर्ण 'आ' का रूप लेता है, जो ह्रस्व स्वर है। अनुत्तर तत्त्व शिव और उसकी आनंद शक्ति में विभक्त होता है। जैसा कि कश्मीर शैव दर्शन के सुप्रसिद्ध फ्रेंच विद्वान आंद्रे पदोस ने स्पष्ट किया है, परम तत्त्व और कुछ नहीं केवल शुद्ध चैतन्य का स्फुरित प्रकाश है, जबिक 'आ' वर्ण इस प्रकाशरूपता के बोध के आनन्द का रूप लिए है। लघु स्वर 'इ' इच्छा शक्ति के समरूप है, पर यह उतनी सृजनात्मकता की दैवी इच्छा नहीं जितनी कि सृजनोन्मुखता, जो कि आनन्द से परिपूर्ण है। ह्रस्व स्वर 'ई' का ईशान अथवा ऐश्वर्य शक्ति से तादात्म्य है। लघु स्वर 'उ' जगत के सर्जन की इच्छा को द्योतित करता है और चेतना के भीतर ज्ञान के उन्मेष का रूप लेता है। हस्व स्वर 'ऊ' विषयगत जगत के विकास का वाचक है। यह वह अवस्था है जब कि जगत के विकास के ज्ञान का उन्मेष होता है, पर तिरोधान की अनुभूति से उसमें अनता या कमी का आभास होता है। इसे चैतन्य के समुद्र में उठनेवाली एक ऊर्मि के रूप में भी देखा जा सकता है। 'ए' स्वर 'अ' के साथ 'ई' के संयोजन से बना है और इसे इसकी त्रिकोणात्मक आकृति के कारण 'त्रिकोण बीज' कहा जाता है। शारदा का 'ए' स्वर आलेखनात्मक और तत्त्वदार्शनिक दृष्टियों से त्रिकोणात्मक है और इच्छाशक्ति से सम्बद्ध त्रिदेवताओं का आह्वान करता है। अपने लिखित रूप में भी हम शारदा के इस वर्ण को थोड़ा-बहुत तिकोने आकार का पाते है। अभिनवगुप्त के अनुसार 'ए' पृथ्वी तत्त्व के स्तर से लेकर शिव तत्त्व तक विश्व-बीज रूप है जो इच्छा, ज्ञान, क्रिया इन तीनों शक्तियों के संयोजन द्वारा आकार लेता है और जो अपने भीतर रौद्री, अम्बिका तथा ज्येष्ठा शक्तियों समाहित किए हुए है। अगला वर्ण 'ऐ' है जिसे शारदा में दो त्रिकोणों के रूप में लिखा जाता है और अपनी संरचना के कारण सृष्टि प्रक्रिया का अगला कदम माना जाता है।

'अ' और 'आ' अब 'उ' और 'ऊ' से युक्त होकर 'ओ' की इस प्रकार से उत्पत्ति करते है कि क्रियाशक्ति 'ऐ'' से अधिक स्पष्ट रूप से प्रकट होती है। इसके बाद 'औ' वर्ण आता है जिसमें इच्छा शक्ति और ज्ञान शक्ति समान रूप से उपस्थित हैं। यह उन तीन वर्णों में भी एक है जिन्हें मिलाकर बीज मंत्र ''सौ:'' बनता है जिसकी कि पूर्ण अनाहत शक्ति को ध्वनित करने में अत्यंत महत्त्वपूर्ण भूमिका है।

इसके बाद आनेवाला वर्ण बिंदु अथवा अनुस्वार है, जिसे पूर्ण रूप से स्वर न कह कर स्वर के साथ जोड़ा जानेवाला बिंदु कहा जा सकता है जो कि विश्व-चेतना की भेदरहित एकता अथवा शिव का प्रतीक है। यह वह अयामहीन बिंदु है जिसमें समस्त लोक, सम्पूर्ण सृष्टि बीज रूप में अवस्थित है, वह धुरी जिसके इर्द-गिर्द सभी वर्णात्मक शक्तियां घूमती हैं, और इस सब को "मातृका-चक्र" का नाम दिया गया है।

आनुनासिकता के चिह्न के रूप में अपने प्रतीक-चित्र के बिलकुल अनुरूप बिंदु बीज मन्त्रों की एक अनिवार्य विशिष्टता है। 'अ' से लेकर 'अ:' तक सम्पूर्ण स्वरवर्ग को शिव-तत्त्व का प्रतिनिधि माना जाता है "अकारादि विसर्गान्तम् शिवतत्त्वं"। स्वरवर्ग के पश्चात विसर्ग ('अ:') आता है "विसर्गं स्वरं अनुभवित:"। अनुत्तर अथवा शिव-शक्तिस्वरूप माना जानेवाला विसर्ग "सृष्टि के प्रसार का संकेतक" है। इस प्रसार के दो पक्ष हैं: "संहारात्मक तथा सृष्ट्यात्मक"। डॉ. नवजीवन रस्तोगी के शब्दों में, "संहारात्मक का अर्थ है स्वरूप में प्रवेशात्मक तथा सृष्ट्यात्मक स्वरूप से निर्गत होकर जगत रूप में प्रसारात्मक।" 'अ:' के विसर्ग की दो बिंदियाँ इस प्रसार का प्रतिनिधित्व करती हैं। इन में से ऊपरवाली प्रवेशरूपी प्रसार तथा नीचेवाली निर्गमरूपी प्रसार का संकेत देती है।" ऊपरवाली बिंदी, जो बाहर से केन्द्र की ओर गित को दर्शाती है, का प्रतीक सोम है और नीचेवाली बिंदी, जो बाह्य प्रसार को दर्शाती है, का प्रतीक सूर्य है।

संस्कृत वर्णमाला के १६ स्वर यदि शिवरूप हैं तो 'क' से 'क्ष' तक व्यंजनों का भी अपना एक रहस्यात्मक रचना-विन्यास है जो शैव ब्रह्माण्ड-दर्शन के ३६ तत्त्वों के प्राकट्य के समरूप है। इन वर्णों और तत्त्वों का प्रसार साथ-साथ होता है 'क' से 'ड.' तक पाँच कंठ्य व्यंजनों से पृथ्वी से आकाश तक पञ्च महाभूतों, 'च' से 'ञ' तक पाँच तालव्यों से घ्राण से शब्द तक तन्मात्राओं, 'ट' से 'ण' तक मूर्धन्य वर्णों से पाद से वाक् तक कर्मेन्द्रियों, 'त' से 'द' तक पाँच दंत्य वर्णों से प्राण से श्रोत्र तक ज्ञानेन्द्रियों, 'प' से 'म' तक पाँच ओष्ठ्य वर्ण मन, बुद्धि, अहंकार (अन्तःकरण), प्रकृति और पुरुष से सम्बंधित हैं। 'य', 'र', 'ल', 'व', ये चार अर्धस्वर, जिन्हें संस्कृत व्याकरण की शब्दावली में अन्तस्थ कहा जाता है, माया और उसके कंचुकों से उद्भूत हैं। 'य' राग से सम्बद्ध है, 'र' विद्या से, 'ल' नियति से और 'व' कला से सम्बद्ध है। इसी प्रकार इन चार अन्तस्थ वर्णों में 'य' वायु बीज का, 'र' अग्नि बीज का, 'ल' सिलल बीज का और 'व' इन्द्र बीज का प्रतीक है। इस वर्ग को 'ब्रह्म-पंचक' भी कहा जाता है।

शारदा (और देवनागरी) वर्णमाला के अंत में उष्म वर्ग के वर्ण 'श', 'ष', 'स', 'ह' आते हैं, जिनमें 'स' महामाया का प्रतिनिधि है और 'ष' शुद्धविद्या का। इसी प्रकार 'श' ईश्वर तत्त्व का और 'ह' सदिशव तत्त्व का प्रतिनिधि माना जाता है। संस्कृत वर्णमाला के अंतिम अक्षर 'ह' वर्ण के बारे में यह भी लक्षित किया गया है कि शारदा लिपि में उसकी आकृति उत्थित कुण्डलिनी जैसी प्रतीत होती है।

तो इस प्रकार पूरी होती है वाक् देवी के कंठ में शारदा लिपि के पच्चास वर्णों की अक्षमाला या कहें तो मातुकाओं का यह चक्र जो ज्ञान का "अधिष्ठान" है।

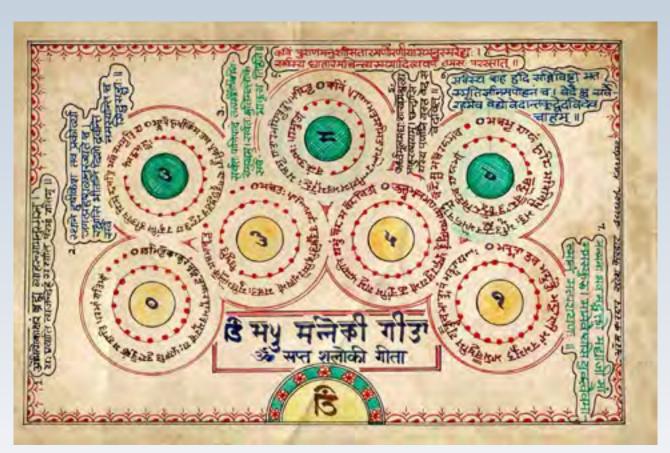
यह है वह संरचनात्मक साँचा जो शारदा वर्णों में अंतर्गिर्भत है और उन्हें रहस्यात्मकता का पुट प्रदान करता है। इससे पता चलता है कि किस प्रकार शारदा वर्णक्रम जागतिक स्रष्टि की प्रक्रिया को प्रतीकात्मक रूप से व्यक्त करता है। ऐसे ही शिव, जो शब्दराशि हैं, अपनी शब्दनात्मकता की शक्ति से स्वयं को विश्व के रूप में अभिव्यक्त करते हैं। इस अद्वयवादी चिंतन में भाषा और चैतन्य अपिरहार्य रूप से अंतर्ग्रथित हैं, शाश्वत रूप से एक दूसरे से जुड़े हुए हैं। यह वर्णों और तत्त्वों के बीच की तात्त्विक क्रीड़ा की कुंजी है। यह क्रीड़ा 'परात्रिशिका विवरण' और 'तन्त्रालोक' में अभिनवगुप्त के भाषा-चिंतन का आधार है। अभिनव ध्विन विज्ञान का तत्त्व-दर्शन में अनुवाद करते हैं। 'शिवसूत्रों' पर अपनी विमर्शिनी टीका में क्षेमराज भी वर्ण-परामर्श के इस रहस्यात्मक तत्त्व की ओर संकेत करते हैं। प्रस्तुत संक्षिप्त लेख में इसी चिंतन के सार को परिप्रेक्ष्य में रखते हुए शारदा लिपि के रहस्यात्मक आयाम पर दृष्टिपात करने का प्रयत्न किया गया है। सन्दर्भ-संकेत

परित्रशिका विवरण: दि सीक्रेट ऑफ़ तांत्रिक मिस्टिसिज्म, अनुवाद: जयदेव सिंह, मोतीलाल बनारसीदास, दिल्ली, पुनर्मृद्रण २०००।

दि शिवसूत्र विमर्शिनी ऑफ़ क्षेमराज, अंग्रेज़ी अनुवाद: पी.टी. श्रीनिवास आयंगर, श्री सत्गुरू पब्लिकेशंस, दिल्ली, दूसरा संस्करण १९९४।

वाक्: दि कांसेप्ट ऑफ़ दि वर्ड इन सेलेक्टेड हिन्दू तंत्राज़, आंद्रे पदोस, स्टेट यूनिवर्सिटी ऑफ़ दि न्यू यॉर्क प्रेस, अल्बेनी, यू.एस.ए., १९९०।

काश्मीर शिवाद्वयवाद की मूल अवधारणाएं, नवजीवन रस्तोगी, मुंशीराम मनोहरलाल, दिल्ली



Sharada Art by Suresh Kardar



# Shr.A.K.Razdan - A Torch Bearer at CST for Sharada Script

**CST** 



Razdan Sahab has been a continuous source of encouragement to Core Sharada Team Foundation since inception. I am personally indebted to him for initiating and continuously guiding me in various aspects of MĀTRKĀ since we started publication of MĀTRKĀ in its present form.

He has been instrumental in CST a success. With his in-depth

making transliteration work at CST a success. With his in-depth knowledge of Upanishads, Bhagwad Gita and the Kashmiri literature related to saints of Kashmir, he has been guiding the teams in correctly interpreting the manuscripts, which have no standard writing methodology as we have it today.

He continues to guide every member of CST enthusiastically and with passion that one can feel in his communication on any subject. A person deeply involved in Adhyatma, but most modern in his outlook to life. A disciplined person, who wishes that Kashmiri Shaivism be explored by the younger generation as none after Swami Lakshmanjoo did really do any creative work on the same.

Razdan Sahab is one of those blessed to have got initiated into Adhyatma in childhood at the age of three to four years from his grandfather, who was a teacher by profession. His grandfather spent his post-retirement life in deep study of Shastras particularly Upanishads and Bhagvad Gita. This rubbed on Razdan Sahab and made a significant impact on his life.

Razdan Sahab spent his childhood and early adulthood days in curricular and spiritual development. He learnt to read Bhagwad Gita, Ramayana, Srimadbhagvatam, verses from Panchastavi etc. from his grandfather.

After completing college education, he worked in Delhi at Small Scale Industries, then Fertilizer Corporation of India in early sixties. After completing Computer Training in Calcutta (now Kolkata), he joined FCI, Gorakhpur Unit. After engagement in 1967, he returned to Srinagar on the orders of his father, being the eldest son, to take up a job at REC Srinagar (now NIT). His grandfather continued his guidance and that drew him more and more towards studies of Shastras under his guidance till he breathed his last in Feb. 1970.

At REC, among Kashmiri Pandit intellectuals, was initiated into Transcendental Meditation by his friend, philosopher, and my guide Shri B L Hakhu. After exodus from Kashmir, the meditators group started gathering again at a rented accommodation in Jammu till the Group constructed a proper Meditation Centre at Topsherkhan which continues to initiate deserving young meditators even now.

MĀTRKĀ approached Razdan Sahab to find what prompted him to learn Sharada script and then get involved with CST and manuscript transliteration.

Razdan Sahab said "Almost a decade back Dr. Christoper Tomp-

kins had posted a Lalla Vakh along with a Sharda Version of the same Vakh written on a Bojpatra (Birch bark). This looked like a very old manuscript page where the Vaak was written in freehand Sharda. I was fascinated to see such an old Sharda Manuscript of Lalla Vakhs. I wrote back to Dr. Tompkins to find out the source of the manuscript and requested to share a pdf version of the full manuscript. Within a few hours of my sending my request by email, he sent me a compete bunch of Sharda Manuscripts, hundreds of them in pdf version. This lot contained almost all the important books on Trika Darshana of Kashmir, Kalhana's Rajtarangini, Upanishads, Sanskrit Stotras, books on Dramatics, Jyotish, Neelmatpurana, books on Music, in fact many Shruti and Smriti books in Sharda script, some written on Bojpatra and some on old hand made Kashmiri local paper.

It was a trove treasure of Knowledge, but my predicament was my lack of Sharda reading and writing skills. As if by divine intervention, I soon found a facebook post of Shri Rakesh Ji Kaul of Banglore (my revered teacher now), wherein he was inviting

candidates interested in enrolling for "Learning Sharda".

I immediately sent my request to him and within 5/6 days I attended the first session of this "Sharda Learning" course. The session lasted 30/35 days and soon I was able to read and write In Sharda Script. However, reading from the old Sharda manuscripts was still very difficult, particularly the ones written in free hand. I practiced writing and I did Sharda transliteration of complete

700 verses of Bhagvad Gita and



shared that in a pdf version with Rakesh Ji. That document is available on e.Gangotri as well.

Gradually I took up doing Devnagri transliteration of many Sharda Manuscripts and regularly posted these on my FB wall. Some of these I posted with my English translation as well. My gratitude to Rakesh Ji and his team of dedicated teachers. My sincere thanks to Dr Cristopher Tompkins as well, but for him, I would not have been motivated to learn reading and writing in Sharda script, the very own script of we Kashmiri Pandits." These words of Razdan Sahab should be enough to motivate anybody and everybody to learn Sharada. Core Sharada Team is honoured and blessed to have a student of his calibre, who guides each and every one of us in manuscript transliteration, because of his knowledge of the script and his life long Sadhana for all Hindu literature from Upnishads , Gita to Kashmiri Shaivism.

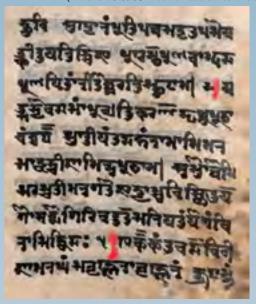
We at Core Sharada Team and MĀTRKĀ wish him a long healthy life and may he guide us perennially.



# लघुभट्टारक प्रणीत लघुस्तवी / लभुरु ह्राक प्लीउ लभुभुवी

Ketu RamaChandra Shekhar

(This is Verse 5: in continuation to the article series started in Dec 23 edition of Maatrika)



यत्सद्यो वचसां प्रवृत्तिकरणे दृष्टप्रभावं बुधै-स्तार्तीयीकमहं नमामि मनसा तद्वीजिमन्दुप्रभम्। अस्त्वौर्वोऽपि सरस्वतीमनुगतो जाड्याम्बुविच्छित्तये गौ:शब्दो गिरि वर्तते स नियतं योगं विना सिद्धिदः॥ ५॥ यद्में है वर्रामं प्व द्विकार म् स्थ्रां वृष्टि-भुग्रीयीकभं नभाभि भनमा उन्नीस्भिन् प्रभा। यभुं वैऽपि मरभुडीभन्गंडे स्ष्टु भुविष्ठि दृष्टे गें:मब्रे गिरि वर्रेड म निष्ठं येगं विना भिम्निम्:॥ भा

Padartha: हे नित्ये! O Eternal one! यत् That bija; सद्यः immediately; वचसाम् of the speech; प्रवृत्तिकरणे in articulation; बुधैः by the wise; दृष्टप्रभावम् seen the efficacy; तार्तीयम् the third; इन्दुप्रभम् of the lecture of the moon; तत् that; त्वत् Your; बीजं bijakashara; अहम् I; मनसा mentally; नमामि bow; यः that; गौः शब्दः word namely; "गौः" वर्तते is present; यः गं विना that without the first 'ग्' sound i.e. औः ; सिद्धिदः is capable of bestowing siddhis; सरस्वतीम् अनुगतः following Goddess of Speech, Sarasvati ; सः that ; औः अपि letter 'औः' too ; जाड्य - अम्बु-विच्छित्तये for drying the waters of dullness ; नियतम् surely; अस्तु be so;

Shlokartha: O Eternal Mother! That bijaksara of yours which is experienced by the wise as the source and cause of speech filled with sweetness and wisdom, which shines with the lusture of moon (i.e., pleases everyone equally) and which also connotes you (i.e., the bijaksara सौ:), I bow to it mentally. May the औ: in the third bijaksara (सौ:) denoting the knowledge aspect of Sarasvati, even when it transforms into "गौ:" (another term to denote 'word' or sunrays) too, bestow all siddhis upon the sadhaka in meditation and dry up all the waters of his ignorance which itself transforms into सौ: and denotes Goddess Sarasvati, with 'स्' as सौ: or without the 'ग' in "गौ:" (another term to denote 'word') too can bestow all siddhis by meditation dry up all the waters of ignorance.

दृष्टप्रभावं (Whose effectiveness is seen). Here the author speaks from his personal experience wherein by the power of meditation on the bija सौ: he is able to bring forth such wonderful composition named Laghustavi. Mantratha: This shloka is in priase of the third bijaksha सौ:, also known as the Shaktibija. The औ: within this bija is also known as Vadavagni bija- वाडवाग्नि बीज, the subterranean fire bija. Hence, even a partial utterance of the Shaktibija in the form of the Vadavagni bija would result in the drying up of the ignorance. Moreover, the word "गौ:" refers to Speech and also sunrays. Another implication therefore is that this bija of Sarasvati- सौ:, would dry up the waters just as the sunrays dry the waters from the waterbodies, without leaving behind any trace.

# कश्मीर के मंदिर -माता बदरुकाली / भाउा उद्दर्भाली

Sanjay Kaul









कशीरि मंज़ छि माजि बगवती हुंद वार्याह मंदर तु सथापन। बदरुकाली छु वार्याह परोन मंदर, हंदवारि पयठ आठ किलोमीटर अकिस बालु थेगिस पय्ठ दिवदार जंगलस मंज दिवदार कुलिस तलकन्य। मंदरस तान छि लगबग ५०० हेर पाव्य यिमन अँद्य पंक्य शिवजी, गनपत, हनुमान सुंद्य मंदर छि। माता बदरुकाली हुंद वरनन छु नीलमत पुरानस मंज़ मेलान। माता छि कांशिर्यन बटन कुल दीवी।

दपान हंदवारि छु मछेशवर राख्युस ओसमुत युस सारिनी वार्यांह तंग करान ओस। दिवता गीय काली मातायि शरन तु माता गीय कोट तीर्थ वरमुलि प्रगटा तित पय्ठु बगतपोर, अनुपोर, बिनुयार, रेशपोर तु वांच सॅ बदरुहार। अति क्रंर सपतु रेशव तु दिवतावव मातायि पूजा तु कोरहोस टयोंक। बदरुकाली योत गीय तित छु अख नाग। माताय कोर राख्यसन वद तु कोरुन बदरुकोल दिवदार्य कृलिस तल थख।

विष्नु बगवान तु दिवता आयु बदरुकोल तु कंरुख माजि बगवती असत्ती।

अति छि बदरुकाली हुंज अशटदातु मूर्ती। बदरुकाली यातरा छि ज़ैठु गटुपछ काश दॅह आसान। १९९० केन दोहन गव मंदरस नोकसान यि आव नोव मंदर २०१७ मंज बनावन्। कोट तीरथ पय्ठु बदरुकोल तान्य आस्य १४ नाग आसमृत्य। यि मंदर छु तंतर सादनायि हुंद बोड तीरथ मानन् यिवान। विसथापनाय पत् छु मातायि हुंद मंदर थलवाल मंडल जिमस मंज बनावन् यिवान। जय माता बदरुकाली कमीि भंस कि भार्षि उगवडी ऊंट वाद्यक भंदर दु भषापन।
उट्युक्नेली द्व वाद्यक परेंच भंदर, कंटवारि पष्य में कि किले भीएर मिकम उन्नु मेंगिम पष्ठ दिवटार संगलम भंस दिवटार कुलिम उनका। भंदरम उन कि नगउग ५०० केर पोतृ विभन में हु पेकु मिवसी, गनपड, कन्भान मुंद्ध भंदर कि। भाउ उट्युक्नेली कंट वरनन द्व नीन भड प्रानम भंस मेनान। भाउ कि को मिद न उएन कुन दीवी।

म्पान कंम्बारि क् भक्रेमवर राष्ट्रम छमभुउ व्यम मारिनी वार्ट्रण करान छम। मिवड गेवि काली भाडावि मरन उभाड गेवि केए डी. वरभूलि प्गए। उडि पष्टु वगउपेर, मनुपेर, विनुवार, रोमपेर उविग्न मं वम्पु कार। मिंड केर मप्यु रोमव उ मिवड वव भाडावि प्रस उ को रकेम एवो क। वम्पु कोली वैंड गेवि उडि क् मण नाग। भाडाव को र राष्ट्रमन वम् उ को कन वम्पु केल मिवमार कुलिम उल माप।

विध्व गवान उद्मिवडा मुघु बम्पु कोल उ केराप भाष्टि बगवडी मभद्रडी।

मिंठ कि उद्मुक्निली छंस ममएद्या भृगी। उद्मुक्निली याउग कि सेंठ गएपक क्नम देल मुभान। ०००० केन दोलन गव भंद्यम नोकमान वि मृव नोव भंद्य ३००१ भंस उनावन्। केए डीर म पत्रु उद्मुक्ति उन्नु मृन्धि नाग मृन्धि। वि भंद्य क् उंडर भाद्मावि छंद्य को उडीर म भानन् विवान। विभवापना व पडु क् भाउ वि छंद्य भंद्य मलवाल भंडल स्थिम भंस उनावन् विवान। स्व भाउ उद्मुक्तिली

# Śiva Sūtra Section 3 ĀNAVOPĀYA Shalokas 1-10 Commentary By Jai Deva Singh and Paintings by Artist Gokal Dembi

Gokal Dembi



Sūtra1: आत्मा चित्तम् Atmā Cittam.

Aatma means the individual self. Cittam means mind. The individual self is mind (continued by Buddhi, Aham, and Manas)." That which is deeply effected with desire for objects of sense is Citta. The constituents of the citta are buddhi, ahankara and Manas. In the context of the individuals, it is this citta or the conditioned mind that is knower or Ātmā. The Citta is called Atmā, because the means of Sattva, Rājas and Tamas, it moves on from one form of existence to another. (Atati iti ātmā, that which moves on is ātmā).



Sūtra 4: शरीरे संहारः कलानाम् Śarire Samhārah Kalānām.

कलानाम् means of the various parts. संहारः means dissolution. शरीरे in the body. Dissolution of the various parts of the Tattvās in the body (gross, subtle, and causal) should be practised by Bhāvanā. (To put an end to the bondage brought about by Māyā). One should meditate on the dissolution of all the tattvās successively in their preceding source right up to Śiva i.e., of the gross body into the subtle, and of the subtle into the causal and thus realize the highest tattva, viz Śiva.



Sūtra 2: ज्ञानं बंध: Jñānam Bandhah

বান means knowledge which is the product of Citta. বাঘ: means source of bondage. "(Of this limited, empirical self) mind-born knowledge is a source of bondage." The knowledge of this annu or limited individual self is confined to the modes of his psychic apparatus, and his desires are associated with the pleasure of sense objects. Under their influence, he wonders about from one form of existence to another.



Sütra 5: नाड़ीसंहार-भूतजय-भूतकैवल्य-भूतपृथकत्वानि Nādi-Samhāra-Bhūtajaya-Bhūtakaivalya-Bhūtaprthaktyāni

नाड़ीसंहार means dissolution of the prana flowing in the channel. भूतजय means conquest i.e., control of the elements. भ्तकैवल्य means withdrawl of the mind from the element. भ्तप्थकत्व means separation from the elements. "Dissolution of the flow of prana in nerve channels into the sušumnā, control over the elements. Withdrawl of the mind from the elements and separation from the elements (are to be brought about by the yogi by means of Bhāvana)." By means of Prānāyamā, Pratyāhāra, Dhārana, etc., one can acquire the power of dissolving prana and apana in susumna, control over the elements like earth, water etc. withdrawal from the elements, and isolation from the elements.



Sūtra 3: कालादीनां तत्वानामविवेको माया Kalādinām Tattvānām Aviveko Māyā.

कालादीनां means of Kalā etc. तत्वानाम of constitutive principles. अविवेको means non discrimination.

The non discrimination of the tattvas like kalā etc. is Māya. Man's bondage is due mainly to māyā. Māyā in this context, means non-discrimination between the real self and the pseudo-self constituted by the kañcukas like kalā (Limited efficiency), vidyā (limited knowledge), rāga (egoistic desires), etc and subtle and gross body.



Sūtra 6:मोहावर्णात्सिद्धिः Mohāvaranāt Siddhih

मोहावर्णात् means due to a veil of ignorance. सिद्धिः means supernormal power "Supernormal power is due to a veil drawn by ignorance. By prānāyāma, dhāranā etc.one acquires Supernormal powers over the elements, but such powers are the outcome of moha (delusion about the essential nature of the self) which draws a veil over the Highest Reality. By these means, one cannot realize the highest reality.

Continued......



Sütra 7: मोहजयादनन्ताभोगात्सहजविद्याजयः Mohajayād Anantābhogāt Sahajavidyājayah.

मोह means delusive maya. मोहजयात् means conquest of delusive Māyā; अनंत means boundless, infinite.

अभोग means expansion ya extension. अनंताभोगात् whose extenstion is boundless i.e. which provides to an unlimited extent. सहजिवद्या means mastery of natural, inherent knowledge. "By an all pervasive conquest of delusive Māyā is there mastery of the natural, inherent knowledge of reality." When there is a complete conquest of māyā, there is acquisition of Sahaja Vidyā which makes for complete identification with Śivā.



Sutra 8: जाग्रद् द्वितीयकरः || Jāgrat-Dvitiya-Karah.)

जागृत् means awake, watchful. द्वितीय means second one i.e. the world. करः an effulgence of light. "(He is) one who is always awake i.e. who is always at onement with unmanā and in whom the world appears as his effulgence of light. In one who is at-onement with unmanā, the world appears only as a ray of his light. Dualism has completely disappeared in his case.



Sutra 9 नर्तक आत्मा Nartaka Ātmā

नर्तक means dancer on the world stage, actor. आत्मा means self. "Such a one who has realized his essential spiritual nature is a self that is only an actor (on the world stage). The essential self is like an actor on the world-stage. He is uneffected by the parts he plays.



Sutra 10 रङ्गोअन्तरात्मा Rańgo ' ntarātmā

अन्तरात्मा means the inner self. i.e. the subtle and casual aspects which contain the inner life of the individual. रङ्ग here means the stage. The inner soul constitutes the stage (of the self that is the actor). The inner self, i.e. the subtle body, constitutes the stage of the actor if the world-drama.



# **CST** - The Way Forward

Rakesh Kaul

We have drawn up an aggressive plan for the coming year for ourselves, to further our aim and objective of "Preserve, Protect and Propagate" Sharada Script.

- We have developed lot of teachers, but still feel the need to develop more and shall work on it.
- We have successfully completed an advanced Sharada course using Whatsapp Group methodology. Continue to conduct Advanced learning sessions, this year.
- We wish to have advanced Sharada Online tutorials this year.
- To enable easy access of Satisar Sharada Font we wish to pursue recognition of the same by online applications like Google etc.
- Last year we have announced Scholarships for students pursuing research on Sharada script and associated topics. We shall pursue it and make a regular yearly exercise.
- We published a primer for Kashmiri writing in Sharada last year. We wish to pursue introduction of the same Primary schools with the competent authorities. This will help our efforts at protecting Sharada Lipi for writing Kashmiri.
- We shall continue to work with the Ministry of Education, Govt. of India for popularizing Sharada Lipi at National level and shall extend all our help for doing the same.
- We have started an ambitious OCR "Optical Character Recognition" project in the current year and wish to complete the same this year.

## Errata:-

December 23 EditionName of Sh Gokal Dembi was wrongly written in the article as Golak Dembi. Our Apologies..

# Sharada Varnmala (Akshar Gyan)

S. Kardar





# कश्मीरी प्रवेशिका / Kashmiri Primer

CST

# मु आ

T





मुं ग्राप्त आंचार

(आचार/ Pickle)



म्भ

(सरसों के बीज/ Mustard seeds)



(परछाई/ Shadow)



उपल व तालव

(छत/ Ceiling)



वान वान

(दुकान/ Shop)



क् य

क्राय

(कढ़ाई/ Wok)



# Sharada Art

S. Kardar









# **Shaivism in Prospect and Retrospect**

Dr. C.L.Raina

The circuitous upper valley of Vitasta, is the famous Kashmir ▲ in the Himalayan region. There are Harimukh (Haramukta) and Amarnath mounts, branches off from the great Himalayas a little further east, proceeds due south and encircling the sources of Vitasta, turns north west, where it is called Pir Pantsal or Panchaldhara now Banihal range). These lesser mountains of the Himalayas surround the valley of Kashmir on all sides; leaving only a narrow outlet for the Vitasta at Baramulla. Kashmir valley is thus surrounded by the Himalayas and Vitasta has been the life and source for the socioeconomic welfare of Kashmir. The climate of Kashmir is fine to suit the spring, summer and autumn season while the winter season makes the inhabitants of Kashmir to be in their homes. At the fag end of winter Kashmiri Hindus observe the Maha Shivaratri with great pomp and show associated with the belief and tradition of the union of Siva and Shakti. Many mythological stories are connected with the celebration of the Maha Shivaratri popularly known in Kashmir as Herat. Should we believe that Harmukta, Amarnath cave or Ma Shivaratri are the impact of Saivism for which Kashmir enjoys a special position in the globe for giving a dynamic philosophy of dayto-day living? Is it closely related to Vedanta System or the Sankhya System or its obligation is due to Shakti worship that we see in every corner of Kashmir or because of the impact of Tantra fold prevalent in Kashmir. Kashmir is one of the Shakti pithas among fifty pithas mentioned in Lalita Sahasranama. Such questions need a rationalistic approach of study rather to believe in tradition and myth.

Dr. Radhakrishnan has very truly said that spiritual life was the true genius of India. Those who made the greatest appeal to the Indian mind were not the military conquerors, not the rich merchants or the great diplomats but the holy sages, the rishis who embodied spirituality at its finest and purest. The great sages and seers or the holy men had the vision to realise the truth according to the need and requirement of the time. Ekam Sat, Vipra Bahuda Vadanti stands true in the highly rationalistic age. It is, therefore, no wonder why Kashmir could give its own philosophy of Saivism.

Philosophy in its widest etymological sense means "love of knowledge." It tries to know things that immediately and remotely concern man. What is the real nature of man? What is the end of this life? What is the nature of this world in which he lives? Is there any creator of this world? How should man livein the light of his knowledge of himself, the world and God? These are some of many problems that have been discussed threadbare in the Siva philosophy. It is easily intelligible because it does believe in the existence of matter and spirit. Life is worth knowing and hence worth enjoying. There seems to be vision of truth (Darshana). According to Rabindranath Tagore in "The Spirit of India, ""Brahman is Truth, Wisdom and Infinite-Satyam, Janaam Anantam Brahma. Peace is in Brahma, goodness is in Brahma and the unity of all things. He who is one, who

is above all colour distinctions, who dispenses the inherent needs of men of all colours, who comprehends all things from their beginning to the end. Let Him unite us to one another with wisdom which is the wisdom of goodness.

The Saiva philosophy is typical of the entire range of Hindu thought. It subscribes to the belief in three padarths or categories viz., God, Soul and the bonds and thirty six tatvas (principles). It varies from idealistic monism and the pluralistic realism. It recognises thirty six principles as against the twenty four of the Sankhya and Yoga system. Panchratra also recognises twenty four principles. According to Pauskara Agma- "The Advaita Vedanta reckons thirty six principles, but the new principles in this scheme are not independent principles, being for the most part, modification of one principal, Vayu the cosmic force."

We have the five gross elements known as "Mahabutas"- ether, air, fire, water and earth; the last possesses the five qualities of sound, touch, colour, taste and odour; ether has sound alone. These qualities are called "Tanmatras". According to "Paushkara-Agma" and Sivajnanamahapadyam, it is very much of an idealistic view of susbstance. The tanmatras are themselves evolutes of that variety of individuation (ahankara) wherein the quality of darkness and inertia (tamas) is predominant. This variety of "Ahankara" is also called bhutadi, since it is indirectly the cause of the elements. According to Sankhya" manas "is recognised to be an organ of both sense and action. Ahankara is itself derived from "Buddhi" or intellect. It is the determining faculty and self-derivative. Buddhi, Ahankar, manas and chitta constitute the internal organs. Thus, the twenty-four impure principles are known as "Bhogya-kanda."

Further, in Saiva system, there are seven mixed principles where Mula Prakriti is termed as "Prakriti-Maya". It is the product of "Ashudda Maya and it evolves primarily into three principles-Kala (Time), Niyati (Destiny) and Kala. Time is an independent Principle. In experience, we observe that even when all necessary causes are present, the effect is not produced except with the passage of time. We find that time matures and time heals. Destiny sees that every soul has its due in the matter of the enjoyment of its appropriate fruit. Kala is the instrument whereby the darkness that envelopes soulsis removed in part. It has two functions to evolve into "Mula Prakriti" and on the other into Vidya (knowledge) and Raga (attachments) Kala, Niyati, Kala, Vidya and Raga are termed as five sheaths or pancha kanchukas. According to Tattva Traya Nirnaya the five Kleshas are called Pumsatva Mala or human impurities and the soul is admitted to be known as Purusha Tattva.

The pure principles are five. Siva Tattva is the first of these and the cause of the rest - Shakti, Sadasiva, Ishwara and Shuddhvidya. Shivatattva is one, pervasive and eternal, it is the resultant of both knowledge and action and happens to be the cause of other pure principles. It is not however to be identified with Siva. Neither

Continued...... Page 35

Siva himself nol his inherent Shakti can be directly the cause of any principles as they would then be the cause liable to tranformation and affected by interness. Thus Shivatattva is an evolution through " Maha Maya " or cosmic force quite different from "Ashuddh maya" as mentioned earlier. Dr. Burnett has translated the Aghora Siva's commentary on the Tattva Prakasha in the following manner " Even the realistic school has to admit may to be a parigraha shakti. While, however, the idealistic school draws what seems to be the natural inference and compares the product to the reflection in a mirror.... Aghora Siva condemns it as an interpolation According to him Lhere is an order of evolution and involution even among the pure principles. Souls are naturally infinite, pervasive and omniscient, yet they experience themselves as limited, finite and little knowing. This is due to the bonds of "anava" Karma and Maya. Souls which have all the three kinds of bonds are called Sakalas. Those for whom Maya alone has been resolved by the involution of the worlds in the periodical deluges are called Pralaya Kalas.

God is pure, omnipotent, omniscient, gracious, enternally free from bonds. He is both the material and the efficient cause of the world; through his Shaktis. He is the material cause and in His own nature the efficient cause. Souls in their essential nature are the same as God but their potencies are concealed by beginningless "Anava." The ignorance of souls can be removed partially through the bodies, instruments provided by "Ashuddha Maya "- the physical world around us. God functions through His own energy called the energy of concealment (Tirodham Shakti). Through mere mementum or through the residue of Prarabdha Karma, the physical body may persist for a while after spiritual illumination; but it does not fetter the enlightened soul since it is not cognised as such. The attainment of Sivatva may be understood as complete merger in Siva or the realisation of an identity of essence in spite of differencein existence.

The origins of Saivism or the roots of Saivism are found in pre-Aryan society. The hold of Saivism extends not only over the whole of India, from the Indus valley to Bengal but beyond the northern mountains to central Asia. The characteristics of Saivism are the exaltations of Siva above all other gods, the highly concrete conception of the deity and a close relationship between Sivaand his devotees. On the one hand, Siva is identified with the eternal Absolute, formless. On the other hand, he is the God of all gods, potent for good and evil. He is "Girish", "Ishan " and " Maheshwara " the supreme Lord. In Rig Veda, he is known as Rudra,

कुलं च परमेशस्य शक्तिः सामर्थ्यं म् र्ध्वता।

स्वातन्त्र्यमोजो वीर्यं च पिण्डः संवित च छरीरकम।। (तंत्रालोक)

"Prostrations to the Lord, the Master of the Universe, the great God, the three eyed one, the destroyer of Tripura, the extinguisher of the Trika fire and the fire of death, the blue-necked one, the Victor over Death, the Lord of all, the ever peaceful one, the glorious God of gods. He is attained by Tapas or austerity and comes to our refuge and frees us from all bondage."

In the Yajur Veda ~Taittiriya Samhitta, "VI 2 3, however we meet with stories concerning Rudra's exploits such as killing the "Asuras" and destroying their "Tripura."

Due to the advancement of Hindu mathematics, it has been felt to

simplify the highest Truths in the symbolic fashion. Lingam has been the emblem of Siva. Is the Sivalinga a phallus? The worship of the Linga as a symbol once started, there was little to prevent a confusion in the popular mind between this and the cult of phallus and legends came to be invented of the origin of the worship of Linga as the phallus of Siva. Barth is of the opinion that these lingas are perhaps thel east offensive to look at. Anyhow, they are the least materialistic and if the common people make fetishes of them, it is nevertheless true that the choice of these symbols by themselves to the exclusion of every other image was, on the part of certain founders of sects such as Basava, a sort of protest against idolatry. In other words, the Puranic exaltation of Linga worship over image worship, the former leading to release and the latter only to some variety of prosperity. The Linga purana version is due to Siva becoming a pillar of fire, whose top and bottom could not be seen by Brahma and Vishnu.

Siva is known as Pashupati (the lord of creatures). Abhinav Shankara in his Rudrabhashya lays the foundation for the tenets of Saivism concerning pati, pashu and pasha (bondage). Kaivalya Upanishad describes Sivayoga as a means of realease. Saivism closely agrees with the Sankhya in its dogmatics and with the Yoga sehool in its practical discipline.

Role of Shakti in Saivism is clear from Lalita, Bhawani and Rajina Sahasranam. Sri Chakra worship stands a witness to the unification of Shakti and Siva. Sri Chakra is the symbol of the infinite.

Sri Aurobindo in his book-philosophic work Savitri-has sung the praises of the symbol of the infinite as under:

The unseen grew visible to student eyes,

Explained was the immense Inconscients Scheme

Audacious lines were traced upon the Void;

The infinite was reduced to Square and Cube

Arranging symbol and significance

They framed the Cabbla of Cosmic Law,

The balancing line discovered of Life's technique

And structured her magic and her mystery.

- Savitri (

11:11)

Consciousness in the spirit and it is responsible for the Truth and Bliss. Arunopanishad says: "Realise in us the microcosm, Thy form of Macrocosm. Make me know again ". In Saiva system we can't ignore the Shakti, the energy force of Siva.

Shankara in Soundarya Lahari explains the unification of Siva and Shakti in the following fashion:

ईश्वरस्य च वा स्वात्म विरोधित्सा तत्ताम।

सभ्येति कर्म मलयोर तोनादि व्यवस्थितिः।। (तंत्रालोक)

Sri Chakra is verily the macrocosm as well as the microcosm, is the body of the two in one, Siva Shakti. Sri Aurobindo emphasised it as under:

"This is the knot that ties together the stars;

The two who are one and the Secret of all power,

The two who are one are the might and right in things "- Savitri (1.4) In Kashmir Saivism is known as "Trika Philosophy "or Trika Shasua. Trika Shastra symbolises the same Trayambhaka Sampradaya or Rahasya Sampradaya. Trika accepts the most important triad Siva, Shakti and Anu or atom (matter) or again Siva, Shakti and Nara or lastly

Continued...... Page 36

of the godesses Para, Apara and Paratpara. It also explains nondual (abheda), non-dual cum dual (bhedaabedha) and dual (bheda).

This system has two main branches Spanda and Pratibijna. The Trika is also known as "Svantryavad", "Svantantriya" and Spanda expressing the same concepts. Abhyasvada is another name of the system. It is called Kashmir Saivism, because it enriched its culture, literature and spiritual integrity.

The Trika is a spiritual philosophy. Its concepts are experience concepts. Its greatest exponents are yoginies of high stature who showed wonderful insight into abstruse points of philosophy. (Pratybigna-Karika I-38)

This system is a statement based on experience about the nature of Reality and a way of Life. Among the Agamas, Malinivijaya, Sivachanda, Vignan Bhairva, Ananda Bhairva, Mrigendra, Matang, Netra Svayambhu and Rudrayamala happen to be the chief ones, they were written to stop the propagation expounding a purely advaitic metaphysics of Siva Sutra revealed to a sage called Vasugupta (9th century).

The Pritigna Shastra is really the philosophic branch of Trika. Siddha Somananda, the disciple of Vasugupta is credited with adopting the method of giving an elaborate treatment of his own views. Parmartha Sara and Tantra Sara both by Abhinava Gupta and Pritibigna Hridya are three but important works of the school: Tantraloka.

According to the Trika, the Shastras have eternal existence. It means wisdom, self-existent and impersonal. It is also known as 'Shabda ' and ' Vak. ' Shastra is authority according to Tantrasara, told or revealed by the Supreme Lord. Therefore, Shabda creates or manifests every thing. Reality is ineffable and beyond any descriptions. Trika tries to formulate a philosophy about its nature. Siva and Shakti are not two separate realities. Kalidasa in Raghu Vamsa refers to Siva and Shakti as "Jagtah Pitarau Vande Parvati Parameshwarau". Like fire and its burning power, Siva and Shakti are the same identical facts though they are spoken of as distinct (Siv Drishti III. 7). Shakti is known as Swantriya and the principles of universal manifestation of fivefold aspects as Chit Shakti- the power of self-consciousness entails Ananda enjoyment and wonderment on the part of Siva, bliss gives rise to Ichha, desire to create, then Jnana or knowledge leading to Kriya Shakti will to act. According to Tantrasara, sometimes, Chit and Anada Shaktis are kept in background; Icha, Jnana and Kriya are taken to be the principal powers.

Universe is Siva's Krida or play. Siva's self-imposition of limitation upon Himself and also His breaking the fetters and returning to His

own native glory are both Krida and play. Siva as Shakti manifests Himself as a correlated order of knowers, knowables and means of knowledge. The limited individual is subject to ignorance, which according to Trika is twofold viz. paurasha and bandha. The descent of the force of grace achieves two purposes: first pasa-kshya, the destruction of fetters and secondly Sivatva yoga - the restoration of Shiva-hood. The most important of this is Diksha orinitiation. The Trika says that is a result of Shaktipat, one is brought to a real Guru. It awakens the "kriya-shakti" in the limited soul. There are four "upayas" or means of attaining the supreme goal. They are "anupaya; Sambhava, Sakta and Anav upaya". Due to Shaktipat or descent of grace in a very intense degree, everything needed for the realisation, beginning from the liquidation of the atomic impurity down to the recognition of the state of Paramashiva may be achieved by the aspirant immediately and without going through any Sadhna or discipline. Samvid is the only reality, knowledge of duality is nothing in itself and can be removed through the rise of Shuddha Vikapa of Nirvikalpa. "

Dhyana means meditation in the hear space or "Hriday-Akash" on the Supreme Reality. By the process of meditation the whole field of knowables is swallowed up and absorbed into the knower. Uccara means the directing the pranta or vital force upwards in the process of meditation. Through these already experienced means, the limited individual attains the rich treasures of his own true Self.

The Trika does not stop with the deliverance of the Soul from Maya from lhe delusion of duality. It gose to the concept of the divinisation of the Soul which means the recognition of its own identity with Parmashiva.

The Trika philosophy promises to satisfy both matter and spirit. It does not give independent reality to Prakriti. It is a stage in the evolution of the universe out of parmashiva. The Trika is a virgin field of research and wilt repay the most conscious labour of philosopher for many years to come.

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# Highlights of Dec / Jan

**CST** 

- Sharada lipi course with Vimarsha Foundation commenced from 13 January.
- Successfully completed the basic course with our september batch.
- Some progress has been made towards our OCR project with the help of our collaborators this month.
- Conversation about Swami Ramji by Rakesh Kaul

# हाख तु बतु / फाप 3 13

English post by unknown, translated by CST in Kashmiri.

केंन भगसीयन छंद्रन वेषुरन डि कि नाप वनाना यिभव भंसु भिस् नाप / भिनवेन, गोगस् नाप, भोनस् नाप, भ्रानि नाप( भ्रान) कि भेषुरा नाप के यिवान भृजन कम भमान उपविष गन्तु। मुभ डेर के यि पेन, डीन, नन उनीन भर ग्रवणन उपविष रन्तु यिवान। कृति कृति वक्ड किम वेर उ यंगु डि रावान। मभी किनू क् नाप केमदन भंस यि भूज मुभ मगसी।

बडु: बडु डि क् बरु मेळल बनावना म् मम्यान गित बनेवभ्ड गर् बडु या वृति पृथ्वासन बनेवभ्ड वृति बडु। बडु क् बनान डेम्लमा डेम्ल केकि कम्म्र डेम्ल मिमा केंक कि भुमक बृह्मिस, गृव सीर, सग डेम्ल, पंस्मृब / प्रिम डेम्ल, बम्भम, छीनी डेम्ल डि रनाना कन् बडु डु मिद्र बडु कि डेमलुक् मृण्य मेमली कुमुभ डु भुमक बृह्स, गृव सीर गिव मृथ सन कुमुभा बडुक् कुमुभ कि, बडु (प्रिनिम भंस रोन्भ्ड डेम्ल), नभकीन प्रेलाव, भेद्रा प्रेलाव, वृगर् बडु, पनु बडु, उठर बड़ी।

काप उब उद्घल गवग मोकब बनान, वासु व उद्घलियान सन भानुन्। कोमुद्ध वसु कि वेशियम भंस मिकलिए, पोक द उम भंस, गानु व उु गर्र मिवडाकम पिर्डर् बनावान उपानम डिकिम्भी भंसु नवीम प्रिवान। व उपाव गव मेकिम बोग्रम पिर्डर् उब उद्दर्भ कि गोन नकरन पेमान।

ल कम उउउम भ्उलिक कि मृण कल वर्ष । येर प्रभुत्त क कुन्, भवु हर लाप क्र, गर उउ द्वार, उउ यर द्वार उउ वेकि, उउ वेक, उउ हिन, उउम उन इद्ग, उउ उउ यम पड़, उउ कुमान पित्त, कउरि उउ, छोम उउउ, छोन कुल हिन प्रेन उउ प्रिन कि यिभव भंह केल। उउ के कमिरिम गरम भंह दोलय उमान। "ए लाप सु किर म्राप, न से नुद्ध उन से प्राप।" भोषमर गकि मिम मारिनी कमिदन लाप उउउ पेमुन। केंहन सबज़ीयन हुंद्यन वंथुरन ति छि हाख वनान। यिमव मंज़ु मुजि हाख / मुलिवेन्य, गोगिज हाख, मोनिज हाख, स्वचलि हाख(स्वचल) छि मांशूर। हाख छु यिवान स्यठाह कम मसालु त्राविथ बनावुनु। आम तोर छु यि पोन्य, तील, नून तु नील्य मरचुवागन त्राविथ रनुनु यिवान। कुनि कुनि वकतु छिस वंर तु यंगु ति त्रावान। अमी किन्य छु हाख कांशर्यन मंज़ यि स्यठा आम सबज़ी।

बत्: बत् ति छु बड्ड संहल बनावुन। सु आस्यतन गरि बनोवमुत गरु बत् या वृरि प्यठ वाज़न बनोवमुत वृरि बत्। बत् छु बनान तोमुलस। तोमुल हेकि कोशुर तोमुल आसिथ। केंह छि मुशक् बुदिज, ग्यव ज़ीर, ज़ग तोमुल, पंजांब्य / पोरिम तोमुल, बासमथ, चीनी तोमुल ति रनान। कनु बत् तु सिर्य बतु छि तोमलुक्य स्याठा मोमूली कुसुम तु मुशक् बुदुज, ग्यव ज़ीर गयि स्यठा जान कुसुम। बतुक्य कुसुम छि , बतु (पोनिस मंज़ रोनुमुत तोमुल), नमकीन पोलावु, मोदुर पोलावु, वृगरु बतु, पनु बतु, तहर बेतरी।

हाख तु बतु छु लगबग दोहय बनान, वाज़ बतु छु यिवान जान मानुन्। कोश्र्यं बटु छि वीरियस मंज़ अिक लिट, पोह र्यतस मंज़, गाडु बतु गरु दिवताहस खोतरु बनावान तु पानस ति छि अमी मंज़ नवीद ख्यवान। बतु पाव गव अिकस बोच्चस खोतरु तु बतु त्राम छि च्रोन नफरन पोशान।

हाकस तु बतस मुतलिक छि स्यठा कहावच्छ । यंड खसुन्य हाक् कुल्य, सब्ज़ हाख ह्यू, गाड़ बतु द्युन, बतु यड फाट्रावृन्य, बतु बेछि, बतु बोछ, बतु जिन, बतस तल ब्वद, बतु बतु युम पत्, बतु कुनालु खेन्य, कतिर बतु, औश तु बतु, औन क्याह जानि प्रोन बतु ख्योन छि यिमव मंजु केंह।

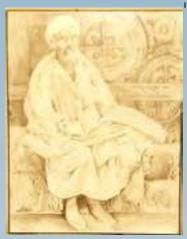
बतु छु काशरिस गरस मंज़ दोहय बनाना "ऐ हाख चु कित आख, न चे त्यदुर तु न चे पाख।" मोखसर गछि असि सारिनी काशर्यन हाख तु बतु पोशुन।

### Punya Shreyaskara Jayanti of Trikacharya Swami Ram Ji Maharaj

Dr. C.L.Raina

Charan Vandana Swami Ram (Saumansya Poorna Trikacharya of the line of Maha Maha Maheshwaracharya Abhinavgupta, Param Shaivacharya of Kashmir) Jayanti Tithi--January 8,2024 Shabda Samarpanam

Pausha Krishna Paksha Dwaadashi, is revered as the Janma Diwas (Jayanti) Swami Ram ji, the "Parama ShaivaTrikacharya", by



the Painting by Julie Orsini Shekhar

devotees of the Trika Darshan/philosophy, around the globe. Swami Ji left his mortal coil, in the year 1971 Bikrami era corresponding to 1915 A.D. It is known as the "Shiva Saayujya", according to the Trika philosophy. Swami Ji was born in the year 1910 Bikrami, correspoding to 1852 A.D. He lived the life of an exalted Rishi, of the Trika order for a period of sixty three years.

Swami Ramji the Parmachrya of Kashmir Shaiva Darshana/ Kahmir Shaivism, happened to be the great Master of the Shaivistic renaissance, in Kashmir during the reign of Maharaja Pratap Singh. He through his intuitive faculty, known as "Pragya Shakti" mastered the Trika Shastra. Not only, he mastered this spiritual discipline, but also taught this Shaivistic discipline to the people of Kashmir, who came in close touch with him. This is known as the "Shaivi Kripaa". Thus, the masses got inspiration through his discourses, Deeksha and spiritual grace. Swami



Trikacharya Swami Ram Ji Mahraj

Mahtab KakJi, Swami Govind Kaul Ji Jalali, Swami Vidyadhar Ji, were his chief disciples, who were initiated into the Shaiva Yoga, some were initiated into Sadhana and 'Saayujya-Shaivi Spandam.

Swami Lakshmanjoo initiated Swami Mahtab Kak propounded the Trika philosophy around the Globe, through his lectures and writings.

Inline image

The great Trikacharya would teach, in his discourse:

### मायास्वरूपगोपनात्मिकापारमेश्वरीइच्छाशक्तिः

Māyāsvarūpagopanātmikā pārameśvarī icchāśaktih

The whole manifestation is the great flux of the Divine Mother known as Parmeshwari. It is only the Maya tattva, being the 'Svaatantrya Shakti' of the Divine puissance or power and force together. 'Prakasha' and 'Vimarsha' are not different. They form

a single unity. But are distinguished as the male and female aspect of the Absolute, within the descent of the Tattvas. Shiva is attributed as the Parma Tattva, and Shakti as the application of the 'Ichha, Gyaan and Kriya', in relation to Shiva, Shakti and Anu. Shiva is adored as the 'Naama-Roopa Vivarjita', 'Akula' and Shakti as 'Kula-Kaulini Nam-Ruupini'. It appears to be Maya and Mahamaya, and the tradition expresses it as the Poorna Prakriti, to be known through the Shambhavi-Upaya'.

शाम्भवाः शक्तिजा मन्त्रमहेशा मंत्रनायकाः। मंला इति विशुद्धाः स्युरमी पंच गणाः क्रमात्॥

śāmbhavāḥśaktijā mantramaheśā mantranāyakāḥ mantrā iti viśuddhāḥ syurmī paṁca gaṇāḥ kramāt| Shiva is the universal - essence, is with Shakti and is revered as the 'Mantra Maheshvara', 'Mantra Naayaka'. Mantra is the 'Shabda Sharira' of the Divine, in the Para and Pashyanti appearance. उद्यमों भैरवः is for understanding the very essence of चैतन्यमात्मा The Trika resembles the Saumya Svarupa is that of full moon.

Swami Ii is the incarnation of Svayambhava Shiva, who imparts the spiritual knowledge of the Shaiva Shakti Agamas. He tastes the sweetness of Bhakti reciprocates the Supreme knowledge of the "Tantraloka, Panchashika, Samba Trimshika" "Panchastavi etc." He is accessible to all, because of his being in the "Poorna" state of Shiva consciousness.



Painting byRavi Dhar

पर्मार्थगुरुर्दत्तः सुरिराश्रित वत्सलः। सोमोरसज्ञोरसदःसर्वसत्त्वावलम्बनः॥

parmārthagururdattah sūrirāśritavatsalah somo rasajño rasadah sarvasattvāvalambanah | |

He imparts the knowledge of the 36 Tattvas, related to the ascend and descend of Shiva. He is the embodiment of the Great Rishi Dattatreya, who is filled with all compassion. He is the great seer of the Shri Sharika Bhavani, the Universal Mother of "Being and Becoming". He explains all the niceties of the 'Shaiva Shakti Anubhavas' or realizations, within the orbit of the Pratybijnya Shastra, Spanda Shastra and Agama Shastra. All the Tattvas find their abode in him, and equally he finds his Shiva Nature in all the Tattvas. He is the embodiment of all perfection.

Om Namah Shivaaya! Mahadevaya Maheshvaraya Trayambhakaya Namah! '

Namaskar to Lord Shiva, who is adored as the Mahadeva-Maheshvara -- Trayambhaka!

१९१०बिक्रमीय मन्ज़ छुख चुय कश्मीर मण्डलय ज़ामुत् त्रिक -कुय ग्यान छूय-चेय शक्ति पात सूत्य फहलोमुत फ़तेह कदल कशीरि मन्ज़् छूय पानय प्रागाश होवमुत स्वामी जियन छु ज़गत शैवी अमर्येथ चावनोवमुत् ----Jaya Sibu 1910 bikramīyas manza chukhā tsuya zāmut trika kuya gyāna chūya tseya Saktipaat sutya phahalomuta Fateha kadala kaśīri manz chhu paanaypragāśa hovamut svami Jiyan chhū zahath ṣhaivī amretha cāvanovamu

अथश्रीस्वामीरामरूपाय समर्पणमन्तः ॐ नमोभगवते श्रीयुक्त संवित्स्वरूपाय ,तिक वैभवाय महादेवस्य परमप्रिय शिवभक्ताय शिखर पुरुषाय आनंद मूर्तिमानाय श्रीमंताय अरुपाय निखिलाकाराय सकलाकाराय सर्वाकाराय भास्कराय चित विमर्श स्वरूपाय अरविन्द लोचन श्रीराम प्रियनामाय भरण- रवण- वमन भैरव स्वरूपाय भैरव पिनाकिन लीला पुरुषाय शिवशक्ति एकाकाराय परमपुरुष--अवधृताय



Vaibhawa / Trikaswaroopaya

चक्रेश्वर सान्निध्ये वितस्तातटे श्रीराम शैव-लिकाश्रम विजयमेत (फतेदकटल)

सतीसर कश्मीर शैवशाक्त सिद्धपीठे

विजयसेतु (फ़तेहकदल) महालय अन्तर्गत स्थिताय

स्वामीराम रूपाय सौम्य राम विग्रहाय रामरत्नाय भवचक्र मुक्तिदा सेतु श्रीमंताय प्रणमाम्यहंअहर्निशम्।

### अथ श्री स्वामी रामरूपाय समर्पणमंत्र :

Now, the dedication mantra of Swami Ram Ji,

### ॐ नमो भगवते श्रीयुक्त संवित् स्वरूपाय , लिक वैभवाय...,

Om Namaskar to the Bhagawan, who is the embodiment of all auspiciousness, having an innate nature of the Samvit Shakti, which is inherent in the Trika-Vaibhava, the Absolute oneness of Shiva, Shakti and Nara.

### महादेवस्य परम प्रिय शिवभक्ताय

Namaskar to Him, who is very endearing to Mahadeva, being the dearest disciple of Lord Shiva.

### शिखरपुरुषाय आनंदमूर्तिमानाय श्रीमंताय

He is the quintessence of being the Primal person, adored as the graceful Purusha. He is the embodiment of the Ananada Murti, blissful Murti, which is the All auspiciousness.

### अरुपाय निखिलाकाराय सकलाकाराय

He is without any form, a formless cosmic Divinity, enshrined in the human incarnation, with cosmic effulgence, totality and wholeness.

### सर्वाकाराय भास्कराय चितस्वरूपाय

He is present and existent in all manifestation, which radiates and graces with its splendour of the dazzling Sun, which is but the Divine consciousness.

### विमर्श स्वरूपाय

He is in the power of intuitive faculty, which is Shakti of Vimarsha, with its essentials or innate nature.

### अरविन्दुलोचन श्रीराम प्रियनाम्नाय

He is the Lotus eyed Shri Rama, adorning the lotus eyes, bearing the epithet of dearest name, none other than that of Shri Ram himself.

### भरण- रवण- वमन-भैरवस्वरूपाय

He is the essential nature of creation, sustenance and dissolution, as being the dynamic energy of Bhairava.

### भैरवपिनाकिन लीलापुरुषाय

He is Pinakina Shiva, who holds the bow and arrow representing the Pramata Pramana and Prameya, as being Himself the play of the Universe.

### शिवशक्ति एकाकाराय

He is one in the Ardhanareeshvara appearance, and the cross triangles of the Shri Chakreshvara at Sharika Parbat.

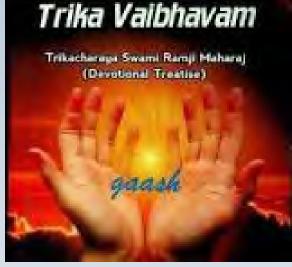
### परमपुरुष अवध्ताय

He is the one and only one Absolute Shiva, as Avadhuta, which is the Svachhanda, Freewill form of Shiva.

सतीसर कश्मीर शैवशाक्त सिद्धपीठे चक्रेश्वर सान्निध्ये

His abode is the Siddha Peetha, in the vicinity of Shri Chakreshvara, supreme abode of all Shaivistic and Shakta Peethas of Satisar, Kashmir.

वितस्ता तटे श्रीराम शैव-लिकाश्रम विजयसेतु (फ़तेह कदल) महालय अन्तर्गत स्थिताय स्वामी रामरूपाय सौम्यराम विग्रहाय रामरत्नाय भवचक्र मुक्तिदासेतु श्रीमंताय प्रणमाम्यहं अहर्निशम्।



Vaibhawa / Trikaswaroopaya

I bow to Him, every time, whose abode is at the Vijay Setu Fateh Kadal, adored as Shri Ram Shaiva Trika Ashram, where his conscious self is visible with the names of Swami Rama, Shri Rama Vigraha, Shri Saumya Ram Ratana, who is the giver of Mukti, highest oneness/merger with Shiva, who removes all the shackles of transmigration of soul, the embodiment of soul. Complete translation:

OM, I bow before the Lord (Absolute Brahman) of auspiciousness, with intrinsic Force (Shakti), and embodiment the Absolute oneness of Shiva--Shakti and Nara (being the complete radiance of Oneness). The dearest disciple of Lord Mahadeva. The utmost, Blissful with supreme grace among the Human beings and adored as Purusha (Absolute Brahman). A formless cosmic divinity enshrined in human form representing totality, oneness of Swami Ram and wholeness. He is present and existent in all the forms of creation and radiates like dazzling Sun, representing the Divine consciousness. He is quintessence of all prevalent knowledge. The lotus eyed, bearing the epithet of dearest name of Swami Ram, is none other than Shri Ram himself. Being the

dynamic energy (Bhairava), He essentially imbibes the quality of creation, sustenance and dissolution. He is bestowed with the powers of the performing the role of Bhairava, for his wonderful role of creativity, preserving what is created and ultimately, what is to be merged in His own being. He is (Pinakin Shiva) ever ready with a specific aim like that of beholder of a bow and arrow. He is the personification of Ardhanareshvara (Shiva and Shakti). He is the absolute Brahman with existent, conscious nature, the Preserver, and the second manifestation of the Trimurti, along with Brahma the Creator and Shiva the Destroyer. I bow to Him with full mental subjugation, who is adored as, Swami Rama, Shri Rama Vigraha, Shri Ram Rattana, at his abode at Shri Ram Shaiva Trik Ashram, Vijay Setu (Fateh Kadal). He is the giver of Mukti—(highest oneness with Shiva), and removes all the shackles of transmigration of soul.

Om Namah Bhairava Siddha Purushaya!



### पोश्रुबबुन्य रामजीयिन लीला /

# पेमु ब वृ र भ सी वि न लीला

Karuna Raina

हिन हिन में आमय आराम, अज़ हय यियम पानु श्री राम, बर्य बर्य में लोलु मस तु जाम, अज़ हय यियम पानु श्री राम।

राज़ कॉल्कुय सु कनु दूर, सासु सिरियुक छुस नूर, कव्शलियायि हुंद सु गुलफाम।अज्ञ...

सुत्य तस छे मोज सुता, जगतुच जगतमाता, लेख्यमन जी हेथ सु नेशकाम। अज..

राज़ जनकुन सु अंछ गाश, तीज़्वान तु बेयि खोश बाश, पोखतय सु करवुन ख़ाम।अज..

दशरथ राज़ क्याह छु बाग्यवान, आव जनमस सु बगुवान, सुब फोल तु दुर गव शाम। अज.. दिवरागरी भंस लीळभुग्न कित कित भे मुभव मुराभ, मस किय विवस पानु मी राभ, वेद वेद भे लेलु भम उराभ, मस किय विवस पानु मी राभ।

राष्ट्र कोलुकुय मुकनु प्रगः, भामु भिवियुक द्धम नुगः, कङ्मिल यायि कंप्स मुलद्धानामुख्यः...

मुट्ट उम के भेग्स मुङ, स्पाउ्छ स्पाउभाङ, लीपृभन स्पी रुष भू नेमकाभा गस्स..

राष्ट्र एतक्ति भ् मेळ गाम, डीएुकान डुबेघि पोम बाम, पोपउघ भ् करवन प्राभागए...

हमर च र स् कृष्ठ द्व र गृवान, मृव स्पनभम म् र गुवान, मृर दिल उद्दर गव माभा मस..

# Ind

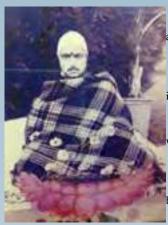
### Swami Vidhyadhariji a Shiva devotee with Somnath Pandita

Indu Pandita

एक भेंट वार्ता श्री सोमनाथ पंडिता जी के साथ उन के गुरु स्वामी विद्याधर जी को समर्पित 1

ध्यानमूलं गुरुर्मूर्तिः The foundation of meditation is the image of the Guru. पूजामूलं गुरुर्पदम् The foundation of worship is the feet of the Guru. मंत्रम्लं गुरुर्वाक्यम् The sentences of the Guru are like mantras.

मोक्षमूलं गुरुकृपा।। The salvation is possible only by the grace of the Guru.



wami Vidhyadhar Ji was the one of the disciples of Swami Ram Ji and was initiated in Trika philosophy of Kashmir Shaivaism by him. Swami Ram Ji himself was an incarnate of Shiva and his uncle Swami Ishwar Ji introduced him to the Trika philosophy and subsequently initiated him on this path. Swami Vidhyadhar Ji Maharaj was a Sanskrit scholar and by virtue of his guru bhakti, fearless and practical approach to all aspects of Kashmir Trika philosophy he mastered it by virtue of his scholastic Sanskrit background and unflinching devotion of his guru. He quickly rose to the

lofty heights of spirituality and spreaded amongst his disciples. His pradhan disciple was Dr. Srikenth Ji who too rose to the great heights and blessed his disciples in this field. Amongst other well known disciples of Swami Ji was Swami Mahadiv Kak Ji of Ratnipura, Pulwama who also established an ashram there. He was a brahmachari throughout and had written a couple of books in Urdu on the structure of mind and some devotional songs in favour of his satguru. He was a patwari by profession and had command on Urdu language. He too had number of disciples in his lineage.

भाउका: नभम्गा में भागा पंहित हो। में इंद्र भाउका हो भ की छा में मुप का भागाउ करती के छार वकत उद्भुक के मुप में कम्मीर के एक भकान मिका छात भाभी विद्रा एर ही की ही बनी के बारों में हान के लिये। भ•न• ही: यक कभारा में हा गु के की भाभी विद्रा एर ही हिन्न, कभ भव भूग में हगवन भकारा हा किन करते में, भूगे छार भरें परिकार के उनका भानि पु भिला। कभ कम्मीर के एक पानु प्लवाभा के एक गाँव इल में रकते में। भूगे याद कि, भाल ०० म् ३-म् रका के गा, भेरा पकला दिन, हा भूगे पाठमाला बेगा गया। भेरी भाजा ही ने कका, " मपनी उली ले कर हगवान भकारा हा उन का मुमीम पाया उमा उनके मेरी उली पर कि लाए।

भाउका: र्र्ण की यक भेषागु की कै की मुध के र्र्णवन का भगमि भक्ष्यपुरू कार्ट, विष्टा मुग्ने एक भकान उपश्वी स्वाग कम्। भेभनाम र्र्ण मगक्रे उनके प्रिन ग्रामिया के ग्रामें कुळ गडायें।

भ• न• र्रा: ठगरन भेकार र र्री इल मैं लगरग ०० वर् 1क छिर सुम पाम के गंत्र, रउनप्रा, मली, भेर गाभ उपा उलभूल ही एउँ में। पृठि मिन रुभभूछ में उ० एउँ छर सपनी भाषान कर है। उठ उक उन के कर मैं एन विल्ड पा। वक भ्रंथ सपने कर का भ्रा पिल उँ छर पिरार के भग्न लेग उन के प्राण्य करने एउँ। वक कमें रुम्म का उलक कर उँ उपा समीताम मिंडे। प्रेंक मिन उनमें उन के मिधू कम्मीर के विरिच्न प्रा में सुउँ छर कर मिंने उक कमारे भर में रुक में। मार र्री व पिटा र्री उन भग्न की मिरा कर उँ। रुगरान भकार र र्री की एक प्राम रुक में। प्राणी र्री पीं स्निका नाभ उर्रा पा। उन्हें ने स्पना भार र्री वन सपने गुरु की मेरा में लगाया. कर मिन मंग्रा सुर डी केडी, भ्रव कर में गैठ कर "रुवनी मक्य मारा भिक्त उसार पार स्वा उनके कर में एक स्रांप हिया छर प्रथ की पूरी रुनी रुन डी रुरी पी।

भाउँका:: भैभग व प्ली, ग्रुप के कब उभ लगा कि रुगवान भरुपाण प्ली एक भाणपण बुक्ति नर्सी के कुळ कभ के बढार्च गे? म• न• एती: उक्र भी एमी भएन व है ए भूए करी नहीं हुल मकरी। एक उप मुद्र एउँ में, कभार कम्बीरी पंठिउ लेग भर दिवल के लिये है एन उना उ है एपमें भळली का है गुलगा वा एक हैं छार में परिवार के लिये है एम में भळली का है गुलगा वा एक हैं छार में परिवार के लिये हैं प्रमाद के पुर्व में गुला कर उ हैं। यह भार उ है कि भर की भएगा पर भर के देवल, ऐ उमकी भ्राक कर उ हैं, उम दिन मुकर है एन गुला कर उ हैं। हग वान भलार ए एवं कहीं गये में है भरी

भाग र्र्ण न पुर के गर्म भाग रिवेड का प्मार मेरी वृष के वृला का का वान भेजार र्र्ण के के के गापन के केज बेज मेरे के कि उम में पविद्र भूगन के गिडा नर्जी के मकडा । मंग ने पाना पाया लकिन कुळ रिव गर्म भेरी वृष्ठ कुल बमाभानु का कड़े का ने लगी, कड़ी



रेडी, कही लभी छर उभक मगीर काभू रल पा किभी के ही कुळ मभार नहीं मुरल पा की उमें कुछ मुराउर भर परमान रहा मेर पिए एी लभारे पाम के भिर्म के पृथ्मी के ले मुन्न, उभने पेल एप एला कर मेरी रूम का लाप पकल छर पुळ ने लगे, "केर परमान किया है उन के केन है दु?" में हुएए के, माल के एक रिन भूग एएना एएना लेस है के कहा नहीं दिया, मेरी उउनी लभी नहीं की में हगरान भलराए एपी के कहा में एक उसे गुला कर्यों एक उन में हम या प्रमास कर के दिर में प्रमास रनाया छर भर की छउ पर राप रिया छर रूम एपी ठीक के गयी। एक छर रार भूगी एपी रउनपूर उनके परभ मिधु भलार वि लेस के प्रमास में मुन्न हम की स्माम के प्रमास के ली एक भीरित के प्रमान में मर लेगा मई माम में मुन्न हम्म की सुन्न हम की सुन्न हम की सुन्न हम के सुन्म साम के एम के हम माम के हम माम के एम के हम माम के हम माम

में रुभ भन ग्रमण द एकिउन प्राविउ गर।
भूग या मा ग्रमण के एक नग भूग भी त्या ग्रमण वा एक के लिया गय।
एक नित्त गर्न के एक भरीना वर्ती उपभूग कर के नापम भग ग्रम।
भाउका: भेभाग प्राविग कर्म भूगभी विम्रुण गर्मी के ग्रण द्विक त्यावन के नाम में कुछ नाम भी कि नाम स्वीवन के नाम में कुछ नाम भी कि नाम स्वीवन के नाम में कुछ नाम भी कि नाम स्वीवन के नाम में कुछ नाम स्वीवन के नाम में कुछ नाम स्वीवन के नाम स्वीवन स्वीवन के नाम स्वीवन के

म• न• ली: भ्राभी ली मंभू उ के विस्ना चे छिर मिव के रुक चे। उद्गे ने भारी मिक मपने गुरु भ्राभी राभ ली में पार ची लिन के रुत निर्मे के वल पालन किया कर उ चे। उद्गे मपने चेवन काल में ठी मां मारिक लीवन में वैरा गृलिया चा छर भर में निकल कर लंगलें में भाएना कर ने छल गये। छुन छर इन की पराकाश्चापर पर्छे छ के उद्भे ने "गुरु भुडी" लापी छर मपने गुरु भ्राभी राभ ली के मभिर् उ की। उउ पमृ छाउ निवाल विलाप, भाउा कालिका भुडी, भाउा भरभुडी (भाउा मरमा) भुडी ठी लापी। रुगवान भाजा लेली प्रामे से भाजा प्रामे हैं। एक रार भूगी ली के करने पर में ने भाउा के ००० रार प्र किल की। भ्राभी विस्तु एर ली कम्मी र के भरान मिवा छार रहे लि हैने मपन वेगसान दिका मानु के सिया।

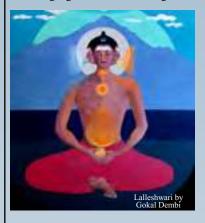
भाउका: मुपे न मपने कीभडी मभय कभार लिखे, उम के लिखे बकड बकड एनयकार।



### The Bhakti movement of Bharat Mata Lalleshwari and Akka Mahadevi

The Bhakti movement was a prominent religious movement in medieval Bharat that aimed to bring religious reforms to different strata of society through the devotional method to attain salvation. It swept all over Bharat from 600 CE onwards, reaching its peak around 1500 CE. It has traditionally been considered an influential social reformation as it provided an individual-focused alternative path to spirituality regardless of one's birth or gender.

Many poet-saints preached various philosophical teachings using the local languages so that the message reached the masses. Among them,



Mata Lalleshwari and Akka Mahadevi are two prominent female mystic poetess & saints who lived in different regions of Bharat. While they belonged to distinct cultural and linguistic backgrounds, both share similarities in their devotion, spiritual teachings, and the impact they had on the socio religious landscape of their times.

Mata Lalleshwari (also known as Lalla or Lal Ded), left an indelible mark on the spiritual and cultural landscape of Kashmir. She was born into a Brahmin family in the 14th century in Kashmir, at Pandrethan, near Srinagar. From an early age, she showed a proclivity towards spirituality. Her quest for spiritual knowledge led her to renounce worldly pleasures and embark on a journey of self-discovery. She emphasized the unity of all beings and advocated for an inclusive approach to spirituality transcending religious boundaries reflecting the universality of her message.

Mata Lalleshwari's philosophy is deeply rooted in the principles of Kashmir Shaivism. Her Vakhs, literally "speech" (from Sanskrit वाच्), beautifully encapsulate profound spiritual truths in the Kashmiri language. Her poetry often delves into the impermanence of the material world and the eternal nature of the spiritual realm. It reflects a deep sense of devotion and love for the Divine, often using metaphors from everyday life to convey profound spiritual truths.



One of the striking aspects of Mata

Lalla's life is her choice of a life of asceticism, renouncing material possessions and societal expectations. She often used symbolic gestures to convey profound spiritual messages, and her life became a living testament to her teachings. She

is also known for wandering naked, a symbolic expression of shedding societal constraints and ego to attain spiritual purity. Her actions were not mere eccentricities but deliberate choices to emphasize the importance of inner purity and the futility of external attachments. As a female mystic in a conservative society, Mata Lalla faced challenges due to gender norms. However, her spiritual prowess transcended these barriers. She became a disciple of a spiritual leader, Siddha Srikanth or Sêdûbòy. As part of her religious education, she travelled alone on foot, surviving on alms, before becoming a teacher and spiritual leader herself.

Her poetry, marked by its simplicity and depth, has a timeless quality that resonates with seekers across generations by offering insights into the profound truths of existence and self-realization. The impact of Lal Ded's poetry extends beyond literature. Her verses have been set to music, becoming an integral part of the rich cultural heritage of Kashmir. The annual festival, Lal Ded Jayanti, celebrates her life and contributions, bringing people together to honor this revered figure.

Akka Mahadevi, a 12th-century mystic, was a prominent figure in the Veerashaiva Bhakti movement. Her vachanas are known for their bold rejection of societal norms and her intense devotion to Lord Shiva. Her life, marked by an unwavering commitment to Lord Shiva and a radical departure from societal norms, serves as an inspiration for seekers on the path of Bhakti.

Akka Mahadevi expressed her mystical experiences through Vachanas, a form of poetry, written in Kannada. She was born in Udutadi, Karnataka, and her parents were devotees of Shiva. Akka Mahadevi displayed an early inclination towards the divine. As a young girl, she became enamored with Lord Shiva and, in a significant moment of spiritual awakening, chose him as her eternal consort. This marked the beginning of her extraordinary journey into the realm of mysticism. She is renowned for her rejection of conventional life, including marriage, in pursuit of a direct and intense connection with the divine.

The term Akka ("elder Sister" or "mother") is an honorific given to Mahadevi by great saints such as Basavanna, Allamaprabhu and an indication of her high place in the spiritual discussions held at the "Anubhava Mantapa". She is seen as an inspirational woman in Kannada literature and in the history of Karnataka. She considered the god Shiva ('Chenna Mallikarjuna') as her husband. Akka Mahadevi's contributions played a significant role in shaping the Veerashaiva tradition. Akka Mahadevi's renunciation of worldly life, including her refusal to

wear clothes, challenged societal norms. Her life is an embodiment of the struggle against conventional expectations.

In her Vachanas, Akka Mahadevi explores the nuances of divine love, portraying the profound connection between the



devotee and the beloved. Her poetry is not merely literary; it is a direct outpouring of her soul's experiences. The imagery in her verses draws from everyday life, making her teachings accessible to people from all walks of life. She chose the path of a wandering mystic, rejecting conventional

expectations, including the institution of marriage. Her decision to wander naked covered in her tresses, often misunderstood, was a symbolic expression of shedding external layers to reveal the true self, a soul yearning for divine union. It symbolized the abandonment of societal conventions and the stripping away of material attachments. It was a courageous act of defiance affirming her singular focus on the pursuit of spiritual truth.

Akka Mahadevi's philosophy revolves around the concept of "Para Bhakti" or supreme devotion. Her teachings emphasize the path of devotion as a means to transcendental realization. She rejects the notion of duality, emphasizing that true love is unconditional and all-encompassing. Her Vachanas continue to be recited and cherished, not only for their literary and philosophical merit but also for the courage they embody. Her life and teachings have transcended regional and linguistic boundaries and she is revered as a spiritual luminary.

While Mata Lalla and Akka Mahadevi lived in different regions and times,

their spiritual teachings and the impact they had on their respective societies showcase the universality of mystical experiences and the transformative power of devotion. Both these female mystics continue to inspire generations with their profound verses and the courage to challenge societal norms in the pursuit of a deeper connection with the divine.

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### Sahib Kaul Maharaj's Shabdachitra Kavya

Ketu Chandra Shekar

Sahib Kaul Maharaj, was a great saint-philosopher in 17th-century Kashmir, who left an indelible mark in both philosophy and literature. Born in 1629 C.E. into the esteemed Kaul family, he set out on a spiritual journey under the guidance of his maternal uncle, Jnāna Svāmi.

Sahib Kaul's philosophical leanings toward Saiva principles and his expertise in Kaula mārga set him apart as a Siddha, or a perfect being. His divine realization at a young age catapulted him into the world of profound poetry, expressing his spiritual insights through the medium of Sanskrit. His synthesis of Advaita Vedānta and Kashmirian non-dual Śaivism is evident in his writings. The colophons in Sahib Kaul's works provide glimpses into his family and teachers, offering valuable insights into his life. Among his works are pūjāpaddhatis (ritualistic manuals), stotras, and stutikāvya (religious poems). Sahib Kaula's literary prowess is exemplified in his notable works, such as Devināmavilāsa and Kalpavṛksha, showcasing his mastery of Sanskrit poetry. While Devināmavilāsa and Kalpavrksha have been published, the discovery of more Kashmiri manuscripts has shed light on some of the previously unknown works, i.e. not listed in the edition of Devināmavilāsa by Pt. Madhusudhan Kaul. Some of his compositions known till date are-

- 1. Śivasiddhinīti.
- 2. Gayatrimantrabhashya.
- 3. Chitsphärasārādvaya.
- 4. Sacchidanandakandali.
- 5. Śivaśaktivilāsa.
- 6. Śārikāstava.

- 7. Guruvrittachintamani.
- 8. Sahajārcanaṣaṣṭikā.
- 9. Nijātmabodha.
- 10. Candramaulistava.
- 11. Suprabhātastava.
- 12. Citsphārasārādvaya
- 13. Janmacarita
- 14. Śivajīvadaśakam



An attempt is made here to present the Śivajīvadaśakam with a free-hand translation.

Devināmavilāsa, composed in 1666 C.E., a poetic exposition of the Bhavānīsahasranāma, not only reflects his scholarly depth but also showcases his love for linguistic aesthetics, employing alliteration and other figures of speech. His proficiency in ornate poetry is evident, adding a layer of nuance to his literary contributions.

The Kalpavṛksha, written in 1676 C.E., stands out as an enigmatic masterpiece, transmitted in manuscripts and also on large cloths. It is a citrakavya which contains many elements

Page 44 Continued

of ornate poetry or visual poetry where the intexts are used to produce images. This visual representation of the Kalpavrksha, with its base text intricately woven into a grid alongside intexts in red ink, adds a unique dimension to his creative output. It is named as Kalpavrksha, the wish-fulfilling tree since it yields to the onlooker and the reader a large variety of poetical and philosophical texts.

The Śrividya scholars consider Pratyabhijńa as an integral component of the Śrividya. According to Śivananda, an early commentator on Nityāṣoḍaśikārṇava tantra, Kashmir is believed to be the birthplace of the Srividya tradition- सम्प्रदायस्य काश्मीरोद्भृतत्वात् (sampradāyasya kāsmīrodbhūtatvāt). The Srividya tradition incorporates the philosophical foundations of Trika, utilizing them as a significant part of its own interpretive framework. Beyond his literary contributions, Sahib Kaul is remembered through anecdotes that highlight his spiritual powers. He was an adept Śrividya upasaka. In the manuscript of Śrīvidyā Nitya Paddhati of Mamāheśvarācārya cakracūḍāmaṇi sāhib kaul we find the guruparamparā of Sahib Kaula as follows-श्रीमद्दयादेवानन्दनाथ (śrīmaddayādevānandanātha) श्रीमदाह्लाददेवानन्द्रनाथ (śrīmadāhlādadevānandanātha)

शिवनन्दमणिरामवाजपेयानन्दनाथ

(śivanandamanirāmavājapeyānandanātha)

लक्ष्यंबा सहित ज्ञानानन्दनाथ (lakṣmyaṃbā sahita jñānānandanātha)

श्रीदेव्यंबा सहित साहिब्कौलानन्दनाथ (śrīdevyaṃbā sahita

sāhibkaulānandanātha)

भगवत्यंबा सहित ज्योतिष्प्रकाशानन्दनाथ (bhagavatyaṃbā sahita

jyotişprakāśānandanātha)

शारदाम्बा सहित गोविन्दकौलानन्दनाथ (śāradāmbā sahita

govindakaulānandanātha)

भगवत्यंबा सहित महानदकौलानन्दनाथ (bhagavatyaṃbā sahita

mahānadakaulānandanātha)

It is also evident from the colophon that Cakracūḍāmaṇi Sahib Kaul belonged to the lineage of Sahib Kaul and came at least five generations of śiṣyas after him (महामहेश्वराचार्य श्री साहिबकौलाश्रमे अवतीर्णैः

...) and therefore the work is wrongly attributed to Sahib Kaula by some scholars.

Worshippers of learning, recognize him not just as a literary figure but as a profound mystic who made a lasting impact on philosophy and poetry, bridging the spiritual and the artistic world in a unique and enriching way, just like the past-masters of the Kashmir.

श्रीमच्छीसाहिबकौलवर्येः विरचितं शिवजीवदशकम येनोत्कीर्णं विश्वचित्रं स्वभित्तौ नानावर्णेश्चित्रितं येन भक्त्या अन्ते स्वस्मिन् ऋत्यते येन सृष्ट्रा सोऽहं साहिबकौलकारामशम्भुः

मीभम्बीभाषित के ल वहैं। विरागिउं मिवसीवस्मकभा वैनेद्वीसं विम्विया इं मिहें न न व के सिद्धि दें येन रुक्त मनु भूभिना एउउँ वन भूभू भें , फं भा फिर के ल का राभमें भु

I, Sahib Kaul or Sahibram, am the blissful embodiment of

Sambhu (Lord Shiva, the absolute God), who intricately etched the representation of the entire universe on the canvas of his own being. With devoted focus, I adorned it with a myriad of hues, creating a marvel of wonder. Ultimately, I engage in the Tandava dance, assimilating the universe back into my own essence.

कःस्विद्देहः कस्यदेहः क्वदेहो देही देहे नैवबद्धो न बद्धः सोऽहं शम्भुर्विष्णुरकों गणेशो धाताशक्तिः सर्वशक्तिर्नमो मे

कः भ्रिम् रुः कभूम् रुः क्रम् 도어 도등 특정화 구강당 भेऽरं मभ्तिभूगर्दे गल्भे ण उपिकः भवमिक् उभे भ

What is the essence and where does it reside, and who possesses it? (Essence itself is, indeed, the Lord). A soul, seemingly confined by a form, is not truly confined (for there is no form but the Lord). As for myself, I am Sambhu, Vishnu, Surya, Ganesha, Brahma, Shakti, and even the Supreme Divine. Hence, let all reverence be directed towards me.

नाहं जाने नैव कुर्वे नवेच्छाम् आविर्भावं वेत्यवेत्यो नयामि जाने कुर्वे स्वेच्छया स्वं परस्वं भावमभावं भावाभावो नमो मे नफं एने नैव क्रेंचे नवस्त्राभा मुविशुवं वृद्वद्वे नया भि एन तुर्वे मुम्बया मुं परमुं रावभरावं रावारावे नभे म

I am unaware and have no inclination for anything distinct from my own essence. I don't manifest as an object of sensory perception. Yet, by my own volition, I comprehend and engage with my own essence, recognizing everything other than myself as an extension of my own being. Salutations to me, the fundamental existence of every entity that exists.

जाग्रत्यां वा स्वप्नाजायां दशायां सौषुप्त्यां वा याविदाभाति तुर्या तामप्येतां तिष्ठते स्मा अतीत्य सर्वस्मै मे सर्वभासे नमोस्तु

एग् ट्रं क भुपाएकं म्माकं भेषपुं व याविमारा उद्य उपपृतं उिष्ठउँ भा गरीट भवम् भे भवरुम नभेप

I, as the transcendent reality, exist beyond the pure consciousness of the fourth state, which persists in the waking, dreaming, and sleeping states. Salutations to me, who encompasses everything, and by whose radiance all things shine.

मृत्युर्मृत्युर्भृत्युभाजां न मृत्युः मृत्युज्ञानाम् नैव जातां यतस्ते सोऽहं मृत्युम् चापमृत्युम् व्यतीत्य भासे भासामृत्युमृत्युर्नमो मे

भट्टम्ट्रम्ट्रहण्टं न भट्टः भट्टह्रनाभी नैव एउं वउमु भें,कं भृडभा ग्रापभृडभा बृडीड रुमे रुमे भ्रुभुद्रुभे म

Death holds its conventional significance for those who experience it, but for those who grasp its essence, it loses its grip, for such souls are never truly born. As for me, I transcend both the notions of death and immortality, radiating eternally through my own luminosity. Salutations to me, the one who even absorbs the god of death.



यश्चित्तेनामृष्टमेतद्विभाति यत्नैत्स्याभानमेवेहभानम् नातोयैः संचिन्तितो जन्मभावः तेषां मृत्युः कः कृदृष्टः श्रुतः कृ वम्रिङ्गाभ्रम्भेउद्विष्णिः वर्देश्वरानभेवेष्णानभा नाउँवैः भंग्रिजिः सन्नरानः उभाभुः कः क्रम्यः मुदः क

In this world, knowledge is perceived through the mind, if the mind grasps something, it is known; if not, it remains unknown. Therefore, for those who are oblivious to the true nature of their own birth, how can there be death? Where, then, has the demise of such individuals been witnessed or heard?

चेत्संयोगो देहजो जन्मभावः तद्विच्छेदो मृत्युरित्येववादम् तत्संयुक्ते वा वियुक्ते स्वयं यौ कस्तज्ञानां हर्षशोकावतारः ग्रिक्वेगे हिन्हें एन्हारावः उद्विष्क्रेटे भ्रद्भिष्ट्विका हभा उद्वेष्कृता विष्कृभ्यं ये कभूहतां न्युमेकावउपः

If, however, the concept of death is presented as the union of a soul with a body constituting birth and its separation indicating death, then the response is, 'What joy or sorrow can befall wise individuals who, well aware of the transient nature of life, remain unperturbed during the arrival or departure of their loved ones?

कोऽहं कोऽहं यावदित्थं स्मरामि सोऽहं सोऽहं तावादा संपुरोस्मि स्वां चास्मृत्वा त्वामिमं मां च तं यं स्वात्मा स्वात्मन्यस्मि शेषोहमेकः कें, कं कें, कं या विद्युं भूगि भि भें, कं भें, कं उपकारा मंप्रे भू भ्रं ग्राभुद्धा द्वाभिनं भंग्र उं यं भ्राञ्च भ्राइनुभिन्न में भेक्सकः

All along, I existed as the ultimate reality, even during contemplation on the question, 'Who am I?' I am and can only be the Supreme. Without recalling any relative notions such as -you, this, (limited) I, he, who, etc., I persist solely as my own self, an indivisible entity.

मत्तो भानं त्वन्मयं मन्मयं च मत्तश्चेत्तत्साम्यमेवाल भाति भानं भानं चाप्यभानं च भानं सोऽहं भामि प्रास्तभेदैकभावः भेंद्रै रुपं द्वन्नयं भन्नयं प्र भद्र्म्मद्वयुक्तयं रुपंदि रुपं रुपं प्रापृरुपं प्र रुपं भेंद्रं रुपं प्रापृरुद्धिकरुपः

I manifest the diversity of 'you-ness' and 'I-ness.' The current

unity within this diversity is also a manifestation by me. The radiance of consciousness, whether in its pure form (Nirvikalpa) or mixed form (Savikalpa), is the illuminating force, and I shine uniformly amid all diversity.

भानं चेत्स्यात् निर्विमं ... तत्तनच्चेत् तद्भूपं तर्हि भेदो तयोन्न भारोप्याहम् विमर्षात्मकाय जीवयास्मै मे नमो वा शिवाय रुनं ग्रेझुडा निविभं... उड्डनम्बर्डा उद्धं उद्गिरुदे उचेन रुन्ने पृष्टभा विभय्यक्रकाय स्पिवयाम्य में नभे वा मिवाय

If the light of consciousness, Prakasa, lacked awareness, it wouldn't be true illumination. When awareness is intrinsic to its nature, the apparent diversity in the phenomenal world becomes insignificant. I bow to myself, with Prakasa as my form and Vimarsa as my essence, appearing either as the soul or God.

देहे याते मृत्युकल्यामवश्यां पञ्चश्लोकी के न चित्तं स्मृतेयम् पञ्चश्लोकी प्राप्यसंज्ञा कृतान्या स्सहिक्कौलारामसुस्थेन भृयः ८७ याउँ भ्टूबला भवमां पम्प्तेंबी के न ग्रिड्रं भ्टुंबभा पम्प्तेंबी प्पृमंह्र त्रुंडाना भ्रुतिक्वेलागाभम्मेंन दुवः

When the poet's body approached a state resembling death, the first five stanzas were stirred in his memory, presumably by someone, possibly Lord Siva. The remaining five were crafted by Sahibram Kaul upon regaining his normal health. \*

\*Note: Sahib Kaul, was unable to withstand the spiritual force that surged during his sudden self-realization. Overwhelmed by the immense pressure of this experience, he perceived his physical body as inadequate to contain it, leading to a sensation of collapse. In response to the fear of imminent death, he articulated the fifth verse. Following the utterance of this verse, the philosopher-poet lost consciousness. Upon regaining awareness several hours later, he recited an additional five verses, forming the hymn named Śiva-Jīva-Daśaka. The initial five verses expressed his state of Sivahood, while the subsequent five reflected his return to Jivahood. The sixth verse was spoken upon regaining consciousness.

पङ्क्तिश्लोकी देशिकेन्द्राद्विबुध्य भूयो भूयः स्वात्मना सम्विसृत्य जीवत्प्राप्य स्वानुभूतिम् विमुक्तो लीये तस्मिन्यामि नित्ये शिवे स्वे

पिष्ठ्र भ्रो की मिकिस् म्विस पृ हुवे हुवः भाद्मना मिस्म ह त्रिवस् पृभान हुडिभा विभक्ते लीचे उभिन्नाभि निर्हे मिबस्वे

An enlightened individual, having diligently imbibed the teachings of the afore mentioned ten stanzas from a seasoned mentor and having contemplated upon them repeatedly, may unite with the eternal and blissful radiance of pure consciousness, achieving self-realization and subsequent liberation from all forms of bondage.

इति श्री महामहेश्वराचार्यवर्य स्साहिळ्कौलानन्दनाथ विरचितं शिवजीवदशकं संपूर्णं

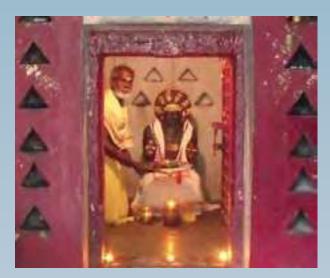
उंडि म् भिष्टाभक्तम्या प्राप्ट वट्ट भुः किङ्कीला नन् ना व विर प्रिउं मिवणीवस्मकं मंथकं

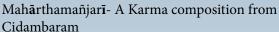




### Mahārthamañjarī- A Karma composition from Cidambaram

Ketu RamaChandra Shekhar





The vast Bharatavarsha is the Puṇyabhūmi, a source of blessings which has been sanctified by countless Saints and Rṣis. No one place could be claimed as an exclusive domain of any one sect be it linguistic or community based. The whole of Āryavarta followed the common Sanatana principles with its unique localized flavor. The land of Rishi Kashyapa, Kashmira, has been the crown not merely in figurative sense but also because it had enriched the Bharatiya Júāna Paramparā through its unique contributions. Trika Siddhanta, otherwise known as Kashmir Shaivism is one of the best that the scholars and saints of the land of Prajapati Kashyapa had to offer along with several other contributions made to enrich the Knowledge landscape of Bharat.

Trika comprises of three streams of thoughts- Kaula, Krama and Pratyabhijńā, all of which supplement and compliment each other. Krama accords highest place to Supreme Consciousness and names Her as Kalasankarshni. An attempt is made here to merely highlight the composition of a Krama work in Cidambaram, located in the delta region of Tamilnadu, far away from its land of origin, the Karavīra in Kashmir (in SWAT valley). This work along with another which finds frequent mention in the current were considered to be finest specimens of expository works on Krama, and these were held in great esteem by Sw. Lakshman Joo Maharaj. But before we know about the work, a preface to its composition would be in order.

Epigraphical evidence indicates that a small community adhering to the Pratyabhijńā school of Saivism from Kashmir established a settlement in Chidambaram, the Temple town which houses the Golden hall where Naṭarāja dances his Ananda Tandava. Their religious practices were centered around the yoga and jnana aspects of Saivagamas. Notably, the Bhairavagamas they followed differed from



the 28 Saivagamas prevalent in the Tamil region. The primary focus of meditation for Pratyabhijńā followers was the ananda tandava icon, embodying the pancakṛtya and pancākṣara aspects of Siva, while the local worship centered on the Siva linga. The distinctive yet unobtrusive practices of the Pratyabhijńa followers caught the attention of the Cola rulers, who, despite following a different Saivite cult, provided patronage out of genuine respect. In the practical realm of Pratyabhijńa philosophy, the Fivelettered unit na-ma-śi-vā-ya held immense sanctity. This unit represented various parts of Siva's body and served as the mystic sounds (mantras) of symbolic yantras (cakras) for sadhakas (individuals undergoing discipline). These formalizations symbolized the sūkṣma-śarīra (micro-body, invisible body), signifying the non-anthropomorphic aspect of Siva. The golden bilva leaves on the 'rahasya' panel in the cit-sabha are believed to contain engravings of yantras representing different philosophical aspects of Pratyabhijńā, such as Śri-cakra, Cit-ambara-cakra, Sammelana-cakra, Tiraskarani-cakra, Ananda-cakra, and

The detailed inquiry and research into the spread of the Kashmirian dispensation, particularly to the far South of India, remain a vital subject of exploration. Prevailing explanations often simplify the movement of peoples and texts southward as a consequence of the ascendancy of Turkic power in northern India. But we have such migrations much earlier than the Islamic invasion. A comprehensive understanding is lacking, and there are no in-depth prosopographical studies examining the migration of intellectuals or lineages to their new Southern abodes.

It is so far clear that the Kashmiri Pandits migration to southern part of India, to the current states of Karnataka, Tamilnadu and Kerala, and we have literary and epigraphical evidences to support them.

While the poet Bilhana's autobiographical account of

Continued......

relocating to the court of the Calukya kings and the appearance of figures with the title Kasmıra Pandita in the inscriptions of Kālamukha monasteries in medieval Karnataka offer intriguing but anecdotal evidence, the foundation for constructing a history remains limited. This historical narrative stands as one of the most significant processes of cultural transmission in pre-modern India. Undoubtedly, the knowledge-forms originating from Kashmir found an exceptionally conducive environment in the far southern reaches of the peninsula, reshaping the intellectual and cultural landscape of their newfound home. The critical role of Kashmirian texts and authors is evident in their profound influence on distinctly southern cultural manifestations.

A wealth of textual material was generated and circulated extensively, linking distant textual cultures through lines of transmission and reciprocation. In this global order, starting in the early eleventh century, biographical and bibliographical evidence indicates a specific pattern emerging in the movement of resources from the textual culture of Kashmir to the southern peninsula. This generous transfer included works spanning diverse genres and styles, facilitated by the efforts of itinerant poets and intellectuals of various affiliations. Particularly noteworthy was the movement of Sanskrit texts associated with the Saiva religion, directly correlated with the migration of lineages of the religion's textual virtuosos, appearing in successive waves in the Deccan and Tamil country. The history of this movement involving people, texts, and ideas remains relatively obscure, however, it is within this trajectory that the composition of the Mahārthamañjarī assumes considerable significance. This movement provides the backdrop to the life of a South Indian, Goraksa, son of Madhava, known as Maheśvarānanda. His Mahārthamañjarī bears witness in nearly every sentence to the formative influence of Saiva speculation emanating from Kashmir.

Maheśvarānanda frequently references Sri Utpaladeva's Siva Stotravalı and Srıvatsa's ´Cidgaganacandrika. Notably, the Cidgaganacandrika, a crucial source text for the Krama worship, again originated from the South Indian Krama textual culture.

In Kerala, the carriers of the Krama Śākta tradition are identified as Pițaras (Bhațțaraka) and Mūssads, recognized as Śākteya Brahmins. Their designation as Śākta Brahmins stems from their worship of **Ś**akti and adherence to Vedic rites of passage (samskāras), along with the meticulous observance of daily and incidental rituals characteristic of orthodox Brahmins in Kerala. This community is believed to be a migratory group, purportedly descendants of Kashmiri Brahmins. While the trajectory of their exodus and the exact time of their settlement remain elusive, Kerala eventually became their chosen final abode. Not only do these Śākta Brahmins form a distinct group, but they also uphold a unique ritual cult. Śrīvatsa, the author of Cidgaganacandrikā, belonged to the **Śā**kteya tradition and held the position of Ilayapiṭaran (Laghubhaṭṭaraka), assisting the main priest in worship ceremonies. The cult of Kālasankarṣinī, the goddess integral to the Kashmirian Krama system, is expounded

in various texts such as Brahmayāmala, Kramasadbhāva, Kālīkulapañcaśataka, Devīdvyardhaśatikā, three Mahānayaprakāśa-s authored by Śitikaṇṭha, Arṇasimha, and an unidentified author, Mahārthamañjarī of Maheśvarānanda, Cidgaganacandrikā of Śrīvatsa, Kālīkulakramārcana of Vimalaprabodha, and Mahārthamantrapaddhati.

The Piṭāras' system closely follows the Mahārthamañjarī in terms of order, particularly in the internal ritual (kulaprakriyā). This suggests a well-developed transmission of the Krama system from Kashmir to Kerala. Additionally, Mahārthamanjari makes numerous references to Cidgaganacandrikā, further emphasizing the interconnectedness of these ritual traditions.

Mahārthamañjarī of Maheśvarānanda, a unique and unjustly neglected text composed in the South Indian city of Cidambaram around the beginning of the thirteenth century. The work is an amalgam of philosophical treatise, liturgical guidebook, and visionary literary essay, cast in a highly unusual, bilingual form. Mahārthamañjarī venerates a line of sages "beginning with Patanjali," possibly alluding to the Cidambaram Mahatmya that contributes to a portion of the Naṭarāja temple's composite ritual culture deriving from that sage.

There is a legend behind the composition of the work, which is narrated by the author himself in a vivid manner. In the recounting of this surreal tale, he disclosed his given name and the name adopted at initiation, Maheśvarānanda, unraveling the inspiration behind his magnum opus, the Mahārthamañjarī.

The Dream:

"In the sacred enclave of the temple, where shadows wove intricate patterns in tandem with the flickering lamps, Goraksa, renowned as Maheśvarānanda, was engaged in a profound ritual discipline. The air itself seemed saturated with the lingering essence of incense, fostering an atmosphere of profound contemplation on that tranquil night. The adept, found solace in the hushed stillness—an ephemeral moment that seemed to transcend the conventional boundaries of time.

Within this quietude, an unexpected visitor materialized—the goddess, unmistakably marked as a devotee of Siva, adorned in the unassuming garments of a mendicant. Her ethereal presence resonated with an otherworldly aura, as indicated by the beggar's bowl she carried—an inverted human skull. Goraksa, moved by the grace of the moment, paid his respects.

In a gesture of generosity, he extended coins as a guest-gift to the celestial visitor. However, the response took an unexpected turn. The goddess, with a subtle shift in demeanor, dismissed the proffered gift and, with a mysterious smile, communicated in Maharastri prakrt, a language not frequently heard in the place where Goraksa lived. The adept, in this perplexing linguistic exchange, might have harbored a flicker of suspicion, questioning the unconventional choice of language.

The zenith of this enigmatic encounter unfolded when the goddess, with gentle grace, pressed her skull-bowl to Goraksa's forehead, displayed a symbolic gesture of forming the number 'seven' on her hand and vanished into the ethereal night. Left in a contemplative haze, Goraksa, grappled with the question of reality—was it a mere dream? Contemplating the extraordinary marvel he had witnessed, Goraksa proceeded with the remaining rituals, spending the entire night in deep reflection. At the break of dawn, he reverently visited his teacher, Mahaprakasa 's abode. With folded hands, he paid homage to his teacher's feet and then, articulating the night's events with courtesy, shared the unfolding tale.

The sagacious teacher, upon pondering the matter, swiftly discerned its essence. Delighted by the auspicious nature of the occasion, he addressed his pupil, proclaiming that there was no need for intricate interpretations. The siddhayogini's act of dismissing material offerings, coupled with her symbolic gesture of forming the number 'seven' on her hand, signified a transcendence beyond mere physical gifts. Instead, she yearned for a gift in the form of language—spoken words akin to mantras—that would allow the worship of the Supreme Goddess. The teacher affirmed that the goddess Saptakotisvari was undoubtedly the object of veneration, as evidenced by the yogini's profound gesture.

Instructing his pupil to compile seventy sutras brimming with mantras into a tantra encapsulating the Mahartha or Krama, the teacher emphasized the importance of the pupil's eloquence. The guru envisioned a grand composition, enriched by the pupil's purified voice and comparable to ancient scriptures, with the yogini's language serving as a sublime embellishment.

Wholeheartedly embracing his teacher's directive, Goraksa, guided by an independent spirit, dedicated several days to design the text. He titled it "Mahārthamañjarī- The boquet of the Supreme Purpose," a reflective mirror of consciousness. Recognizing the inherent potency in tasks initiated without hesitation, Goraksa offered the fruit of his labor to his erudite teacher Mahaprakasa, well-versed in the Vedas, sastras, and arts.

This dream delves into a deeper narrative—the inception of the Krama tradition. Centuries earlier, in the northern seat of Oddhyana pitha in SWAT valley of Kashmir, the goddess Mangaladevi imparted the foundational knowledge of Krama to Sivananda in similar circumstances. An analogous dream served as the muse for the ninthcentury Kashmirian luminary, the poet, and critic Anandavardhana, compelling him to compose his Devisataka. This visionary encounter, where ethereal meetings became the focal point, permeates the extensive body of Tibetan revelations known as gter ma or 'treasures.' These treasures, akin to Maheśvarānanda's account, depict goddess figures—referred to as dakinis in the Tibetan tradition, distinct from Maheśvarānanda's Yogini conveying sacred scriptures through a blend of enigmatic language and profound gestures.

This narrative, enshrined in the teachings and scriptures

of the Krama tradition, unfolds as a vital thread within a broader list of stories woven across the expanse of southern Asia. In this intricate network, a celestial feminine presence descends into the realm of dreams, bestowing inspiration or catalyzing the genesis of a transformative text. This recurring motif transcends geographical boundaries. Based on the above said description we can discern the various stages that the evolving Mahārthamañjarī undergoes:

- The initial encounter within a private dream.
- Interpretation and endorsement by Mahaprakasa, the teacher of Mahesvara.
- Crafting the 70 gathas consisting of the Prakrt mula or foundational text.
- Initial circulation of this foundational text, prompting subsequent requests from Maheśvarānanda's students for a comprehensive explanation.
- Composition of the commentary in Samskrt for these 70 Prakrt gathas.

On one hand, we have the mula text, the Mahārthamañjarī itself. This concise compilation comprises seventy-one verses in Maharastrı Prakrt, with all but the concluding verse adhering to the arya meter.

On the other, we have a exhaustive commentary named Parimala which exhibits the expanse of author's knowledge and indebtness to Kashmirian masters.

Maheśvarānanda's explanations find substantial support in a compilation of excerpts from sacred scriptures and earlier authorities of the Kashmirian tradition. He explicitly affiliated himself with Acarya Abhinavagupta and the esteemed lineage he represents. His reference to "the wish-giving trees that are none other than the revered teacher Abhinavagupta- कल्पकवृक्षान् आचार्यान् अभिनवगुप्तनाथपादान् ...( kalpavṛkṣān ācāryān abhinavaguptanāthapādān...)" is not mere praise but a deliberate acknowledgment. These citations from scriptural sources and past Kashmirian authorities serve as constant reinforcements in the text, serving to validate the language of the Prākṛt mūla and to provide additional insights within the commentary. They bear witness to the extensive presence of these precursor textual materials in Maheśvarānanda's Cidambaram and underscore his command over these resources.

Picture suggestions:
Nataraja - https://www.pinterest.com/
pin/568509152952339632/
Nataraja Temple in Cidambaram
https://www.orientalarchitecture.com/sid/152/india/
chidambaram/nataraja-temple
Acharya Abhinavagupta
Durvasa Matham in Cidambaram



### Kashmiri Language & the script conflict

Uma Kant Kachroo

Ty five-year-old granddaughter was with her Hindi vernacular **V** book opened on a page which had one word on each page with pictures. The words were शलगम and षट्कोण. What struck me was the way she was deciphering the words. She just spoke the alphabets and the words came out. It just set me thinking; if this was written in Arabic or Roman scripts, would this child be able to read the words? In Arabic, the first word would be spelt and read as "Sheen, Laam, Gaaf, Meem" and in Roman, "Ess, Ech, Aey, El, Jee, Aey, Em". In neither would the self-learning child be able to read the correct word. This is because these scripts are nonphonetic. Devnagri alphabet is purely phonetic. This took me to the last few weeks' video conference discussions on the social media on alternate/ co-script for Kashmiri since Government of India has, so far, not granted recognition to the requested Devnagri as the alternate official script for it. While this is a welcome move and all the active organisations / groups who have taken this initiative, deserve congratulatory accolades, it is ironical that an unsuited, Nastaliq script has the official recognition while the one which is scientifically better suited, is lamenting to be recognised and is ignored. This tells volumes about how professional is our official system of linguistics in the country.

However, these video conference discussions precipitated four issues that form the basis of this article:

- 1. Is there a need for seeking recognition for an alternate script?
- 2. Conflicting views on Devnagri or Sharada to be the alternate script.
- 3. Which is scientifically better suited for adapting to Kashmiri phonetics?
- 4. What should be the approach methodology? I will deal with each one separately.

Is there a need for seeking recognition for an alternate script? To me, this is a non-issue. Instead, I would first ask myself, "Why do I need an alternate script?" And the answer is very clear; because majority of the Kashmiri Pandit diaspora doesn't know how to read or write in the recognised script, which is Nastalik. In order to keep our language alive amongst the Kashmiri diaspora, we need to provide a script for our writers, poets and creative artists through which they can reach their creative works to their audience. This is the basic need. And, if we have consensus on this, who stops us from using the chosen medium. The critical question then is, which script? I will deal with this in a while. The focus here is that we must provide the medium for communication, irrespective of it not having government recognition. If my diaspora across the globe standardises on a script and adopts it for writing Kashmiri, in the next one decade we will make loads of literature of varied kind available to our community that will motivate and facilitate them to communicate in Kashmiri. It is also a great opportunity for transliteration of the rich Kashmiri work available in Nastaliq that can be made accessible to the diaspora. When we have large amount of literature available in the alternate script, we will have a strong footing and reason to present our case and seek recognition for it. Let us also remember that recognition has only a cosmetic value for the script, particularly in the digital world of today, except for publishing the works by the Sahitya Academy.

Conflicting views on Devnagri or Sharada to be alternate script: If we believe that there is need for an alternate script, the next natural question is which script? To me, any Indian script is good enough for Kashmiri with modifications to accommodate the nuances of Kashmiri

phonetics. To support my argument, I will take you to the basics of the majority of the Indian scripts. The basic alphabet of all the major Indian scripts is the same, with different symbolic representations. The "स्वर" (vowels) start with अ and end with अ:. Similarly, 'व्यंजन'' (consonants) start with  $\overline{a}$  and end with  $\overline{a}$ . The symbols make them different for different languages. This basic concept will help us understand that Devnagri or Sharada is not the issue. The issue is which is easier in adaptation. The good news is that both the scripts have their respective UNICODE, thus making them equally digitally enabled. However, if we look at the demography of our diaspora, more than 95% are familiar with Devnagri, mainly because of Hindi being the common connecting language which uses Devnagri script. It, therefore, becomes an easier choice because the readership community will only need to learn phonetic variations through modified signs (मात्राएं). On the other hand, Sharada, by dint of its remaining dormant for centuries, the majority diaspora is not familiar with it. Besides, historically, Sharada has been predominantly a script for scholarship in Sanskrit. All the works and manuscripts in this script are in Sanskrit language, including the scriptures. Though we find Grierson mentioning in his "Preliminary Note" of his famous - A Dictionary of the Kashmiri Language, "Kashmiris use three alphabets for writing their language. Hindus as a rule employ either the Sharada or the Nagari character and Musalmans the Persian", we haven't found any authentic original Kashmiri work available in Sharada. This also lends support to the theory of Kashmiri having been largely a dialect till Nastaliq was adopted as its script. Adopting this, Sharada will involve mass training which is a long and tedious effort before it becomes the popular first choice for the people. Sharada, though is extremely important to be revived through training and learning as there is a lot of rich material in published and manuscript forms in libraries spread across the globe that need to be retrieved and made readable. For this we don't only need students knowing Sharada but also knowing Sanskrit language. We have a young group - The Core Sharda Team (CST) which started a campaign a few years ago to train students desirous of learning the Sharada script. This team deserves accolades for the way they have adopted a simple but effective method of training people using the social media - WhatsApp. Today they have enabled a respectable brigade of over 2000 people who can read and write in this script and these numbers are continuously increasing. What is, though, a challenge still is that not all are Sanskrit enabled. However, the good news is that CST has a group of 140 PhD Sanskrit scholars already working with them on the manuscripts. This drive of training people to learn both, Sanskrit and Sharada script, has to be cultivated within the diaspora, which may need a different approach. This team has also developed a mobile app that facilitates writing in Sharada on the mobile phones. They also have lately adopted new मात्रा to make it fully Kashmiri phonetic ready. I believe they have updated the app with these phonetic updates and made available to general masses to popularise it among those who are interested in using it with some basic training. This drive needs support from the community for revival of this script which is thought to be older than Devnagri.

With Devnagri, we have a different challenge. Although it has evolved as a reasonably ready script, there is no standard version adopted by the writers. Each one uses her/his own method of playing with signs (भाषा) for phonetic representations of typical Kashmiri words, making it hard for the reader to decipher. This seems to be a historical problem with us. Even,

for building the Kashmiri dictionary, Grierson had to face the problem of different flavours floating, of which he has made exemplified mention in the preliminary note. This problem persists till date with multiple standards in use. Incidentally, this also makes our case weaker when presenting to the Government authorities, since we don't have a standard Alphabet. This has happened because, yet again we have adopted unstructured and individualistic approach in silos when trying to adopt signs for phonetic nuances. It may be pertinent to mention that an effort in making Devnagri as its alternate script was made more than a century ago in 1914 when the first primer for it was written by the famous Sanskrit scholar, Pt. Nityanand Shastri. What is notable is that this primer was published two years before the famous Indologist, G A Grierson brought out the first ever edition of Kashmiri dictionary in 1916 which, interestingly is also predominantly using Devnagri script for phonetic representation. However, what is also sad is that this primer remained only in private possession and came to light only a decade or so ago. Despite making it known, we yet again repeated the mistake by ignoring it and preferred to redesign the wheel individually, resulting in multiple versions sans standardisation. However, let bygones be bygones. These experiences give us new learnings. The first step, therefore, is to bring all the versions to converge into one standard script. Each version has meant a lot of individual effort and we must not ignore that. We need to invite all the creators, scholars, writers, poets on a common platform and bring consensus on a standard version. Then this standard version will need to be computer enabled. This will not be a challenge because, Kashmiri script writing software - Akruti Kashmiri Arinimal Engine is already available, thanks to Dr Roop Krishen Bhat (former Director at Ministry of HRD, Deptt. of Higher Education, Govt of India) and his team who undertook the development of the engine which is usable with the normal computer keyboard. Dr Bhat and his team deserve accolades for making this brilliant software available. However, it is not much known or easily available for use by masses. This must be made free downloadable so that more and more people use it for writing their stuff. There is already an Android version of Devnagri keyboard available on Android phones which has all the signs that Akruti is using for Kashmiri.

Which is scientifically better suited for adapting to Kashmiri phonetics? Much of this is already explained above. Any Indian script is scientifically equal with modifications to include new signs. If Arabic script, which doesn't have signs to represent the phonetics of Kashmiri language, could be modified by the Kashmiri scholars to create Nastaliq, Sharada and Devnagri scripts have many of the signs (भाग) suitable for easy adoption.

Akruti and Maatrika have done it very effectively in the respective scripts in Devnagri and Sharada by introducing additional appropriate signs (मात्रा) to make them fully suitable to write Kashmiri. Thus, the issue with Sharada is not in the science of its script but practicality of its adoption as addressed above. Since CST has already created the Kashmiri version of the script, which is a big leap forward, it is as suitable to be used as Devnagri. It is a collective responsibility of both the teams with the initiatives in Devnagri and Sharada, to see that Sharada script revives to its full glory. Approach methodology:

- . Devnagri Script:
- a. Standardise on one Devnagri script by consensus with writers and scholars
- b. Reach out to the intellectual community to adopt the standard script.
- c. Adopt the standard in Akruti.
- d. Adopt a publicity strategy to make the script available to the global community.
- e. Make Akruti freely available to all.
- 2. Sharada Script:
- a. CST continues its drive of training.
- b. Prepare a publicity campaign for mass reach of the concept of Sharada learning.
- c. Create a Sanskrit literate Sharada core group in the team to work on scriptures and manuscripts in different libraries.
- d. Create a time bound program for converting them into Devnagri.
- e. Make the converted work available to masses.
- f. Make publicity campaign to reach the new Kashmiri version of the App to the diaspora with awareness campaign and encourage them to learn and write Kashmiri in Sharada.
- 3. Recognition for alternate/ co-script:
- a. Bring all active groups, scholars, writers under one platform.
- b. Let there be one official representative organisation.
- c. Adopt and agree upon the common standard script.
- d. Create database of available literature written in the alternate script.
- e. Represent the case for recognition to HRD Ministry with data through the official organisation only.
- f. Approach influencing Government organisations/ ministers/ officials at different levels to push the case.



### Readers Feedback Maatrika Dec'23

**CST** 

Great effort, no doubt about it. It is not an easy job to bring alive a script long deemed dead and dusted. Resurrecting it and promoting it for preservation of posterity needs not only passion and perseverance but also certain amount of madness. Seeing the effort through Maatrika, I think Core Sharda Team has that level of craziness needed for scaling the mountain of difficulties and hardships. Your efforts are praiseworthy not only that you are doing it, but because of the fact that you are far removed from the ground zero where this script had been in prevelance in our hoary past, great pieces of literature written in this script. In the absence of basic material of research by way of manuscripts or pieces of literature found in old households or oral tradition, it is like groping in the dark or fixing jigsaw puzzles and then getting it right. Not to speak of financial component needed for such endeavours. Hats off to you and your team. I fully concur with you that Sharda needs wide promotion and publicity especially in the community. It is sacred to us and links us with our glorious past. Thanks a ton for sharing Maatrika this annual edition and also previous three editions. With all my Regards:.....Alka Lahori

# हर शाम साढ़े सात की ख़बर / फा मा भ भार मा अ की एउउ

Deepak Sopori

कर माभ भारू भाउ की एउर के भूत भकें. उक र इधे के उर गिर हैं 03 में वे. कम्मीर के फालाउ की गएर के भन भकें. उक रिशि के उर्गिर् रै0उ में ते। सभू के रिजी कैभू में, रामन किंपे के पाम, भिलंड म माभ केंड की ग्रेकर कर उराम, किउन कार जला क एरा किउन एँ उठक. कर इक एउर ममेएउँ में, मार्ग पान राप, भरकार की उराद्र में केंग्ने प्राप्त कें लिलान. उम दिन षी यली मेरा भलदृश के भकान, एिनक म्रारा च दंम कमभीर में म्री, उनकी मलाभरी की मुमु भागर मधी. उक गां० ८५ए पे गंग लेउ में मक्ता, हैलार जनभ भारी हिल प्रापरी मी पर्रा। उम 🚉 में इक ग्रुम में प्ली उ 🛱 क्रभ मही. उपीए भर के लेएन की मुलगी कही. फर माभ भारू भाउ की एउर के भूत भकें, उक रिधि के उर्गिर् रैं०उँ में वै। लेकिन च कि के छिर ही रहि है एभाके, उभीर लेए गुडी है तुळ प्रा जी एक, ज्ञु करल में कल मुन भर एक एला है, भेरा की न मायह के वे भनि र में भए के. उक लाम भिली कै कफीं मिभरा कर्रल के पाम. भाषि पे उलक षा, फ्रियन ब्रह्मन पे षा लिंगम, वासी की व पावर एँ रिविध प्रभारा. मायर षा वे धी र.र् के शी मुंभ बराउर, यग्र मुपिरी में मल्ले जरार के कु भूने, रिल की फाराउँ के लक प्राय गम ग्री, **७क रभर के र**र्ग पे रेंडे के हर हर. ए जिए उँ में एए में, रें एप्न का मा गार। रुर माभ भारू भाउ की एउर के भून भकें. उक रिकिये के उर्गिर् रैं०उँ में वै, कम्नीर के जालाउ की गएर के भून भके, उक रिष्ठिये के उर्गाम् रै०उ में ते।

हर शाम साढ़े सात की ख़बर को सुन सकें, इक रेड़यों के इर्दिगिर्द बैठते थे वो, कश्मीर के हालात की गजर को सुन सकें, इक रेड़ियों के इर्दगिर्द बैठते थे वो। जम्म् के झिड़ी कैम्प में, राशन डिपो के पास, मिलते थे शाम होते ही चेहरे कई उदास, कितने हए हलाक और कितने जाँ बहक, हर इक ख़बर समेटते थे, सारे ध्यान रख, सरकार की तरफ़ से कोई ख़ास हो ऐलान. बस फिक्र थी यही मेरा महफूज़ हो मकान, जिनके अज़ीज़ थे फ़ंसे कशमीर में अभी. उनकी सलामती की दुआ मांगते सभी, इक गांठ दुप्पटे पे बांध लेते थे अक्सर, फैलाए हलम माएँ दिल पे रखती थी पत्थर। उस दौर में इक आस में जीते थे हम सभी. तारीख़ घर को लौटने की आएगी कभी, हर शाम साढ़े सात की ख़बर को सुन सकें, इक रेड़ियों के इर्दगिर्द बैठते थे वो। लेकिन ये क्या के और भी बढते हैं धमाके, उम्मीद लौट आती है कुछ दूर ही जाके, हब्बा कदल में कल सुना घर एक जला है, मेरा ही न शायद हो वो मन्दिर से सटा है. इक लाश मिली है कहीं अमिरा कदल के पास. माथे पे तिलक था, फ्येरन बदन पे था लिबास, वादी की ये खबरें जो रेडियो पे सुनाता, शायद था वो भी दर्द के ही आंसू बहाता, अब आखिरी में दर्जे हरारत को क्या सुने, दिल की हरारतों को लेके ख्वाब बस बुने, इक दूसरे के दर्द पे रोते हैं ज़ार ज़ार, और लौटते थे टेंट में, जो ज़ख्म का था गार। हर शाम साढ़े सात की ख़बर को सुन सकें, इक रेड़ियों के इर्दगिर्द बैठते थे वो, कश्मीर के हालात की गजर को सन सकें. इक रेडियो के इर्दगिर्द बैठते थे वो।



### Hindi Alphabet and Kashmiri Shaivism



Sandeep Raj Koul

In Kashmiri Shaivism, the Sanskrit/Hindi Vowels represent Shiv, and the consonants represent the Shakti. Shiv is allegorically termed as light and Shakti as its luminosity. Shiv is static, Shakti is dynamic.

Param Shiva, like the Brahman (of Advaith) cannot be defined, though the creativity, both non dual and dual of Paramshiva can be expressed by the 36 elements or tattvas. The first tattva or element according to Kashmir Shaivism is Shiv, a synonym for Chaitanya or Consciousness. All the activity goes on in this first element.

The sixteen vowels of KS are represented by the first Tattva-shiv. Everything is Shiv-Shakti. Even our language. When Shiva(vowels) and Shakti(consonants) meet, a word is formed and when many words combine, a language is formed. The language is the expression of thoughts. The mind is nothing without these thoughts and they act as a support for mind. At the same time, it makes the mind to forget its nondual nature and engages it in the world of duality. Thus, this language binds a pashu (empirical being) or liberates him/her. Every word is thus a manta for the Yogi.

The first alphabet अ represents Chaitanya. आ represents Anand or Bliss. A desire arises in Shiva to experience its nature, Ananda, in duality as well. For that Shiva has to create Duality, as to begin with there is nothing except Shiva. This desire is represented by the next two alphabets इ, ई. The first one represents Ichha and the second one Ishan. As soon as the desire arises, the knowledge of duality too arises instantly in the heart(consciousness) of Shiva. They are represented by the next two Vowels उक्त. They are known as Unmesha and Unnata. At this point, an apprehension arises in Shiva, that what if Shiva forgets its real nature, once he manifests as duality(universe). Fearing that it might forget its real nature i.e. Consciousness - bliss, he rests back in its nature that is अ आ(Consciousness bliss). Retracting from knowledge to first stage (consciousness bliss) gives rise to the next 4 vowels.

ऋ(r) 평(lr) 형 (lri) 가ese are the four stages of void.

After retracting to the initial stage of अ आ, it strikes Shiva that it cannot forget it's real nature and Shiva comes out from the apprehension and carries forward from where it has stopped.

अ आ mixes with the Iccha इई thus giving rise to the next two vowels ए ऐ. Again, अ आ now mixes with Gyan उऊ, and gives rise to the next two vowels ओ औ. These four vowels ए ऐ ओ औ represent the four stages of kriya or action of Shiva. ए ऐ ओ औ represent the least vivid, somewhat vivid, vivid and the most vivid action of Shiva.

The next vowel अ represent that though desire, knowledge and knowhow has risen in the heart(consciousness) of Shiva, yet it is still at the level of non-duality (represented by point). The next vowel is represented by two dots: The upper dot represents Shiv and the lower dot represents Shakti. In fact, it also signifies that at this level, it is the Shiva that becomes Shakti.

From this point on, everything becomes Shakti. It has been termed

that the projection of Shiv on Shakti happens inversely, that is, the first element appears as the last and the last tattva which is Prithvi(Earth) appears as first. In other words, it implies that the subtler elements appear last and the grossest first. Thus the projection appears first as the Panch Mahabhutas (five gross elements) represented by क varg, then Panch tanmatras represented by च varg. Panch karmindreyas(organs of action) represented by ट varg. Panch gyanindreyas by त varg. Antahkarn(5 internal organs) by प varg. 5 kanchukas+maya(sheaths) by य र ल व and 5 shuddh tattvas(pure elements) by श ष स ह.

The first vowel- which is Shiv is  $\Im$ , and the last consonant is  $\overline{\epsilon}$ . When they combine with each other, they become  $\Im \overline{\epsilon}$  or Aham-that means 'I' or 'I am'. Whenever we say anything that has 'I', or wherever we refer to the first person, it is Shiva (and Shakti), to whom we are referring. Shiv is always the first person and thus we all are 'Shiva'. Thus 'Aham' is also a mantra which is meant for the contemplation for the Sadhakas of Kashmir Shaivism as not only all the 36 elements are present in this mantra, but its philosophy as well.

The first vowel अ (Siva tattva) when joins with the last consonant ह (Shakti tattva), Aham अंह is formed. The expression of shiv-shakti tattva is This Aham or I (I am). The third tattva Sadashiva denoted by स in Matrikachakra has an expression as अहं ईदम or I am this or thisness. The classification of first person with respect to thisness (universe or objectivity) is clear.

The fourth tattva is Isvara represented by ष in Matrikachakra. This stage is represented by ईदम अहं or Idam Aham meaning I am this or thisness. Idam or thisness has become the first person here and Aham has been relegated to inferior stage. The stage of objectivity is clearer to another degree.

The fifth tattva is Shuddh vidya represented by श in Matrikachakra and its expression is अहं ईदम ईदम अहं. Meaning I am this/thisness and this I am. The sense of duality is much more clear than the previous stages. From Aham at Shiv-Shakti to Aham Idam Idam Aham at Shuddh vidya in the decreasing order of the subtleness or the process of subjectivity to objectivity has been displayed lucidly in the philosophy as well as epistemology of Kashmir Shaivism.

The attributes of Shiva which are Chaitanya (Consciousness), Anand(bliss), Ichha(will), Gyan(knowledge) and Kriya(action) apply in this order in the 36 elements (but inversely)

The 36 elements in their order and as denoted by Alphabets according to Matrikachakra is given below.

1.Panch Maahaabutaas-five Gross elements

Prithvi(Earth) 季 (Kriya)

Jaala(water) ख (Gyan)

Tejas/agni(fire) ग (Iecha)

Vaayu(air) 된 (Anand)

Akasha(ether) 룡 (Chaitanya)

2.Panch Tanmatras -Five Subtle elements

Gandha(smell)च (Kriya)

Rasa(taste) ভ (Gyan)

Roop(form)ज (Iecha)

Sparsha(touch)됒 (Anand)

Shabda(sound) স (Chaitanya)

3. Panch Karmendriyas- (five organs of action)

Upastha(creation/reproduction) 군 (Kriya)

Paayu(excretion) ਰ (Gyan)

Paada(foot) 로 (Ichha)

Pani(hand) ভ (Anand)

Vaak(speech) ण (Chaitanya)

4. Panch jnanendriyas (five organs of cognition)

Ghraana-(nose, organ of smelling) च (Kriya)

Rasaana-(Tongue, organ of taste) छ, (Gyan)

Chakshu-(eye, organ of seeing) ज (Ichha)

Tvak-(Skin, Organ of touching) 돼 (Anand)

Srotra-(ear, organ of hearing) न (Chaitanya)

5. Antahkarnas-(3+2 internal organs)

Manas-(mind) प Kriya

Buddhi-(intellect) फ Gyan

Ahamkara-(ego connected with objectivity ) ৰ Iecha

Prakriti-(nature/three Gunas i.e satvic,rajsic and tamsic) भ Anand

Purusha-(ego connected with subjectivity-reacts to prakriti) म

Chaitanya

6. Sat Kancukas-(six coverings)

Niyati-(limitation of place) य (Kriya)

wRaga-(limitation of attachment) ল (Iecha)

Vidya-(limitation of knowledge) ₹ (Anand)

Kala-(creativity) ল (Chaitanya)

7. Maya (illusion of individuality) ব (Consciousness gets contracted in case when subject becomes object and vice versa i.e. object dissolves

in subject)

8. Suddha tatvas (pure elements)

Suddha vidya-(iness in iness, thisness in thisness) ম Kriya

Isvara-(thisness in iness) ष Gyan

Sadasiva-(iness in thisness) ₹ Iecha

Shakti-(iness) ह Anand

Shiva-(iness-being)-(अ आ इ ई उ ऊ ऋ ऋ ऌ ऌ ए ऐ ओ औ अं अः)

Reference – Kashmir Shaivism books (mostly translated by Swami Lakshmanjoo)

# K

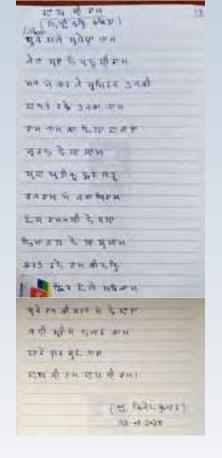
भक्ति कविता /

रुक्ति कविउ



Vinod Koul

आओ चलो अयोध्या धाम लौट आए हैं प्रभु श्रीराम मन में कर लो सुमिरन उनका जपते रहो उन का नाम राम नाम का दिया जलाएँ सुबह हो या शाम आज प्रतीक्षा हुई समाप्त वनवास पे लगा विराम आओ राम की शरण में जाएँ वहीं आयेंगे हमारे काम चारों ओर गूंजे नारा जय श्री राम जय श्री राम





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में क मिक गैयम वद्ग कुन उडि मभुष्यिम भाभन उसे मुदुउनभ गृव द्रग म क्रोक्तभ स्रसी र स्रसी व लिस्भ नपुन गाँ० लेस्सि वृद्धन कक ग्रीं ग्रीं कक ग्रीं ग्रीं दोह अकि गयस वटुन कुने
तित समुखेयम मामन्य तम्य द्युतनम ग्यव टूरा
सु छोकुम जजीरे जजीर लेजिम नपुने
गाठ लेजिम वृछने
हक चीं चीं हकु चीं चीं

### Kashmiri Vowels in Devanagari & Sharada Scripts

### A. Special vowels used in Kashmiri Devanagari & Sharada

अ	आ	ऒ	अ	अु	ऎ	ॲ	ऑ
ਂ	া	ॊ	्	্	े	ँ	ॉ
4	<b>ग</b> <sup>+</sup>	म्	म्	<b>ग</b> "	प्रे	<b>मॅ</b>	भू
	ा	ै	ੁ	្យា	9	ं	ॅ

### **Vowels with Guide words**

अ	आ	अ	आ	अ	अु	ऒ	ओ	औ	अं
	ा	ਂ	ា	્	্ব	ৗ	ो	ী	ं
अख	आराम	अछ	मीज	ब	तुर	दॊर	मोल	औशद	अंग
भाप	मुराभ	र्मक	ਮਾਂਦ	વે	<u>3</u> 1	<u>r</u> ,1	भेल	छमः⊏	मंग

### Vowels with Guide words Continued..

इ	र्फ	3	ऊ	ए	ऐ	ऍ
ि	ੀ	ુ	્	े	ै	ੌ
खिर	शीन	बुथ	जून	रेल	वैकुंठ	रेह
पिग	मीन	रुष	म्पुन	<u>1</u> m	<b>कैं</b> नुं०	1,2

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